

May 2024

On behalf of the National Service Office for Nurse-Family Partnership and Child First, I extend my sincerest gratitude for your philanthropic commitment to both of our programs. Your investment in this critical work creates opportunities for our programs to expand and adapt to the needs of the communities we serve. Thank you for being a part of our growth!

As the Chief Human Resources and Equity Officer at the NSO, I have been working with leadership to help usher in the next phase in the organization's existence – one focused on better understanding what role the NSO and the two programs we host can play in advancing collective efforts to create a more equitable and just experience of healthcare in this country. We're doubling down on our commitment to serve those families who face complex, overlapping adversities due to social determinants of health, seeking to go deeper in the communities we currently serve to reach even more families in the coming years.

We recognize the responsibility we have as an organization to join with others dedicated to health equity, to amplify their voices, and to step into truly collaborative leadership to turn the tide for families who want their children to thrive despite facing some steep challenges that put their health and well-being at risk. So, with a new strategic plan to point us in the right direction, it is my pleasure to share with you some fantastic progress we've made since our last report to you. Some significant highlights of work underway are in this report and include:

- launching our inaugural Indigenous Wisdom Council with a broad range of Indigenous communities represented,
- standing out as a proven leader in long-lasting health impacts among participants of NFP,
- and the NSO's leading voice on the National Home Visiting Coalition.

These quarterly reports are meant to illustrate to you the impact your investment is having on the work at the NSO, on the two programs we host and on the tens of thousands of families who participate in the programs every single day. We hope you feel a sense of pride and inspiration because you're supporting some of the bravest, hardest working families in the country. They want to change the course of their lives, they want their children to thrive and be healthy and happy and they're succeeding at it every day thanks to your help!

We're extremely honored to partner with you in this vitally important work in the health equity space.

All my best,



Renea Banks  
Chief Human Resources & Equity Officer



# IMPACT REPORT



## AN INDIGENOUS WISDOM COUNCIL TAKES SHAPE

With your continuous support, our effort to work alongside Native American communities across the nation has progressed, and we're excited to share that we've now filled all spots on our Indigenous Wisdom Council. The Council will serve as an advisor to the NSO on the implementation of NFP and Child First within Native communities. We're excited to welcome the following individuals to the Indigenous Wisdom Council:

**Shydelle Caverner, OK**  
Hawaiian/Chickasaw  
Community Health Specialist

**Karla Decker, MN**  
Dakota  
Former Public Health Nurse

**Gwendolynn Gabbert, AK**  
Inupiaq/Athabascan/ Iroquois  
NFP Home Visitor

**Angela Hernandez, MN**  
Ojibwe  
Cultural Conscious Educator

**Kyle Hill, MN**  
Ojibwe/Dakota/Lakota  
Indigenous Community Health Researcher

**Jessica Houseman-Whitehawk, WA**  
Winnebago/Sioux  
Public Health Advocate & Non-Profit Expert

**Sanoe Marfil, HI**  
Hawaiian  
Non-profit & Hawaiian Language  
Revitalization Specialist

**Gladys Rowe, WA**  
Muskego  
Data Sovereignty Researcher



## NFP CONTINUES TO IMPACT FAMILIES 18 YEARS LATER

We're proud to share the outcome of a recently published study conducted by the JAMA Network Open that took a look at the effects of nurse-home visiting 18 years post-clinical trial for NFP participants. Researchers who conducted the study called, "Early Home Visits and Health Outcomes in Low-Income Mothers and Offspring," found that nurse visits during pregnancy and the first two years of a child's life through NFP decreased the likelihood of daughters being obese at ages 12 and 18 by 55% and severely obese by 81%. Mothers of girls also exhibited a 39-78% decrease in rates of hypertension (stages 1 and 2, respectively). NFP founder, Dr. David Olds said of the study's findings, "The women in this study were facing profound adversities. The trial found that a relatively small investment through NFP nurse home visits early in life can lead to important changes decades later among those experiencing substantial needs." The NFP program continues to be a leader in maternal-child health outcomes and we genuinely have you to thank for this.



## NSO's PARTICIPATION IN THE NATIONAL HOME VISITING COALITION

A significant part of the NSO's work is to advocate for home visiting programs at the state and federal levels. The primary purpose is to provide the NFP network and Child First affiliates with the proper resources to deliver both programs effectively. In doing so, we've become a leading voice among the National Home Visiting Coalition, which is a diverse group of organizations committed to raising awareness of the benefits of home visiting as a conduit to strengthen families in communities across the United States. Over the next two years, the National Home Visiting Coalition will work to support the successful implementation of the reauthorized and expanded MIECHV bill while also seeking to strengthen financing for home visiting through other federal sources, including Medicaid and the Family First Prevention Services Act (FFPSA). In conjunction with the work amongst the Coalition, the NSO has taken the lead in convening state and community roundtables, producing and disseminating educational resources, including research and data, and educating decision-makers on the vital role of Medicaid financing in the continuum of care for prenatal, post-partum and mental healthcare for women, birthing people and children. This is yet another excellent example of how your support impacts your community. Your generous investment allows the NSO to be a leader in educating and advocating for vital home-visiting resources.