Nurse-Family Partnership® is an evidence-based, community health program with over 40 years of evidence showing significant improvements in the health and lives of first-time moms and their children living in poverty.

Nurse-Family Partnership works by having specially trained nurses regularly visit young, first-time moms-to-be, starting early in the pregnancy, continuing through the child’s second birthday. Mothers, babies, families and communities all benefit.

**Texas Moms**
- **23** Median age at intake
- **76%** Unmarried at intake
- **71%** Chosen enrolled in Medicaid at intake
- **Less than or equal to $6,000** Annual median household income at intake

**Race**
- 54% White
- 33% Black or African American
- 1% Asian
- 1% American Indian or Alaska Native
- 1% Native Hawaiian or Pacific Islander
- 4% Multi-racial
- 5% Declined

**Ethnicity**
- 57% Hispanic
- 41% Non-Hispanic
- 2% Declined

**5x $ Return**
Every $1 invested in NFP saves $5.10 in future costs for the highest-risk families served.

**Outcomes for Texas**
- **88%** Babies born at term
- **91%** Mothers initiated breastfeeding
- **87%** Babies received all immunizations by 24 months
- **52%** of clients 18+ were employed at 24 months

*Aggregate data provided by the NSO. Includes state data from 01/01/2019 to 12/31/2021
*Babies born at term are those who reached 37 weeks gestation
Nurse-Family Partnership Goals

1. Improve pregnancy outcomes by helping women engage in good preventive health practices.
2. Improve child health and development by helping parents provide responsible and competent care; and
3. Improve the economic self-sufficiency of the family by helping parents develop a vision for their own future.

Network Partners

- Any Baby Can of Austin
- Baylor College of Medicine - Teen Health Clinic
- Baylor Scott & White Medical Center - Hillcrest
- Catholic Charities San Antonio
- The Children’s Shelter
- City of Laredo Health Department
- Coalition of Health Services
- Community Healthcare Center
- Houston Department of Health and Human Services
- Parkland Hospital
- Port Arthur Health Department
- Tarrant County Public Health Department
- Texas A&M University College of Nursing
- Texas Children’s Health Plan
- Texas Tech University Health Sciences Center
- University Health System
- University Medical Center of El Paso
- University of Texas Health Science Center at Tyler
- University of Texas Permian Basin First 5
- United Way of the Coastal Bend
- Wellness Pointe
- WiNGS Dallas
- Women’s Hospital at Renaissance