Nurse-Family Partnership®

is an evidence-based, community health program with over 40 years of evidence showing significant improvements in the health and lives of first-time moms and their children living in poverty.

Nurse-Family Partnership works by having specially trained nurses regularly visit young, first-time moms-to-be, starting early in the pregnancy, continuing through the child’s second birthday. Mothers, babies, families and communities all benefit.

**NORTH CAROLINA MOMS**

<table>
<thead>
<tr>
<th>Statistic</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Median age at intake</td>
<td>23</td>
</tr>
<tr>
<td>Married at intake</td>
<td>24%</td>
</tr>
<tr>
<td>Unmarried at intake</td>
<td>76%</td>
</tr>
<tr>
<td>Clients enrolled in Medicaid at intake</td>
<td>73%</td>
</tr>
<tr>
<td>Annual median household income at intake</td>
<td>$6000 or less</td>
</tr>
</tbody>
</table>

**Race**

- 30% White
- 4% Black or African American
- 1% Asian
- 7% American Indian or Alaska Native
- 0% Native Hawaiian or Pacific Islander
- 9% Multi-racial
- 12% Declined

**Ethnicity**

- 21% Hispanic
- 75% Non-Hispanic
- 5% Declined

**OUTCOMES FOR NORTH CAROLINA**

- Aggregate data provided by the NSO. Includes state data from 01/01/2019 to 12/31/2021
- Babies born at term are those who reached 37 weeks gestation

- **89%** Babies born at term
- **85%** Mothers initiated breastfeeding
- **89%** Babies received all immunizations by 24 months
- **61%** Of clients 18+ were employed at 24 months

**5X**

$ RETURN

Every $1 invested in NFP saves $5.50 in future costs for the highest-risk families served.

*Aggregate data provided by the NSO. Includes state data from 01/01/2019 to 12/31/2021*
Nurse-Family Partnership Goals

1. Improve pregnancy outcomes by helping women engage in good preventive health practices.
2. Improve child health and development by helping parents provide responsible and competent care; and
3. Improve the economic self-sufficiency of the family by helping parents develop a vision for their own future.

ENGAGED: 2000
FAMILIES SERVED SINCE 2000: 10,706
CURRENT FUNDED CAPACITY: 1,950

NETWORK PARTNERS

- Buncombe County Public Health Department
- Care Ring
- Cleveland County Health Department
- Eastern Band of Cherokee Indians
- Forsyth County Public Health Department
- Foothills Health District
- Gaston County Health Department
- Guildford Child Development
- Northeastern NC NFP at Halifax Community College
- Nurse Family Partnership of Greater Pitt County Robeson County Health Department
- Rockingham County Partnership for Children
- Southwestern Child Development Commission
- Wake County Children and Family Services

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