



# IOWA

Nurse-Family Partnership® is an evidence-based, community health program with over 40 years of evidence showing significant improvements in the health and lives of first-time moms and their children living in poverty.

**8x**  
**\$ RETURN**  
EVERY \$1 INVESTED IN NFP SAVES \$8.20 IN FUTURE COSTS FOR THE HIGHEST-RISK FAMILIES SERVED<sup>1</sup>

Nurse-Family Partnership works by having specially trained nurses regularly visit young, first-time moms-to-be, starting early in the pregnancy, continuing through the child's second birthday. Mothers, babies, families and communities all benefit.



## IOWA MOMS

**21**  
Median age at intake

**78%**  
Unmarried at intake

**79%**  
Clients enrolled in Medicaid at intake

**\$6,000-\$9,000**  
Annual median household income at intake

\*Aggregate data provided by the NSO. Includes state data from 01/01/2019 to 12/31/2021.

## Race

- 71% White
- 14% Black or African American
- 11% Asian
- 0% American Indian or Alaska Native
- 0% Native Hawaiian or Pacific Islander
- 4% Multi-racial
- 1% Declined

## Ethnicity

- 15% Hispanic
- 84% Non-Hispanic
- 1% Declined

\*Aggregate data provided by the NSO. Includes state data from 01/01/2019 to 12/31/2021.

## OUTCOMES FOR IOWA

\*Aggregate data provided by the NSO. Includes state data from 01/01/2019 to 12/31/2021

\*Babies born at term are those who reached 37 weeks gestation

**88%** BABIES BORN AT TERM

**81%** MOTHERS INITIATED BREASTFEEDING

**95%** BABIES RECEIVED ALL IMMUNIZATIONS BY 24 MONTHS

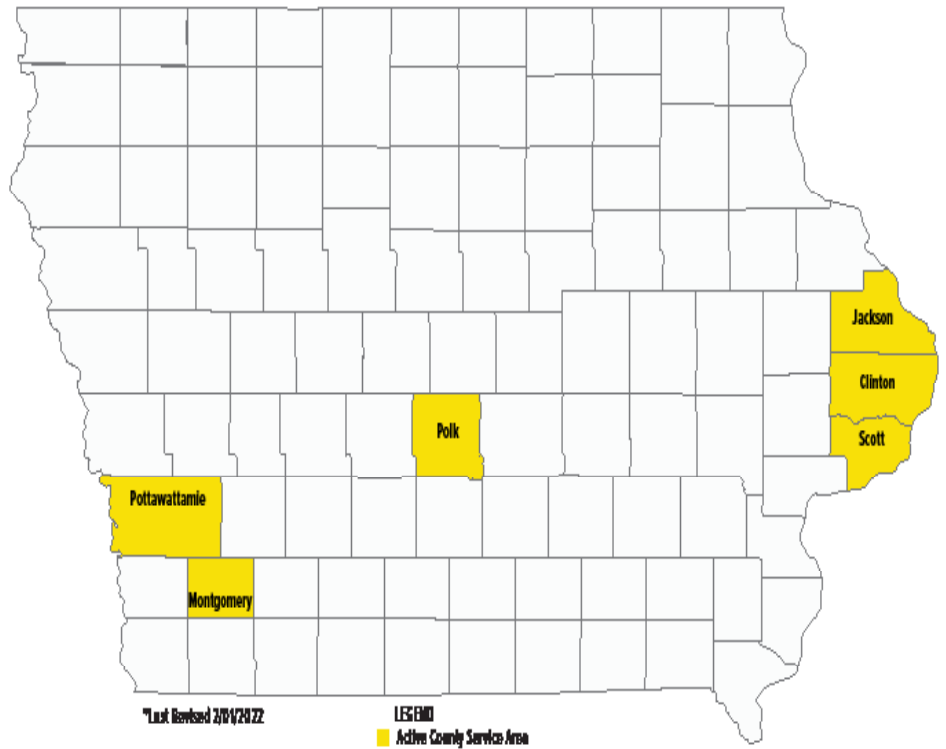
**52%** OF CLIENTS 18+ WERE EMPLOYED AT 24 MONTHS



## Nurse-Family

### Partnership Goals

1. Improve pregnancy outcomes by helping women engage in good preventive health practices.
2. Improve child health and development by helping parents provide responsible and competent care; and
3. Improve the economic self-sufficiency of the family by helping parents develop a vision for their own future.



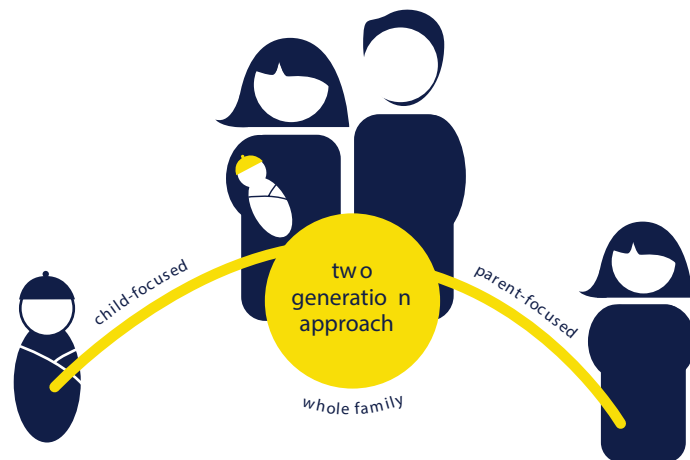
**ESTABLISHED: 2010**

**FAMILIES SERVED  
SINCE 2010: 1,400**

**CURRENT FUNDED  
CAPACITY: 205**

## NETWORK PARTNERS

- EveryStep
- Visiting Nurse Association of Genesis
- Visiting Nurse Association of Pottawattamie



## Better Worlds Start with Great Mothers

Nurse-Family Partnership empowers vulnerable first-time moms to transform their lives and create better futures for themselves and their babies.



Megan Adamczewski  
(219) 983-2624

megan.adamczewski@nursefamilypartnership.org