Nurse-Family Partnership® is an evidence-based, community health program with over 40 years of evidence showing significant improvements in the health and lives of first-time moms and their children living in poverty.

Nurse-Family Partnership works by having specially trained nurses regularly visit young, first-time moms-to-be, starting early in the pregnancy, continuing through the child’s second birthday. Mothers, babies, families and communities all benefit.

IOWA MOMS

- **21** Median age at intake
- **78%** Married at intake
- **79%** Clients enrolled in Medicaid at intake

**OUTCOMES FOR IOWA**

- **8x** $ RETURN
- Every $1 invested in NFP saves $8.20 in future costs for the highest-risk families served

$6,000–$9,000 Annual median household income at intake

- **88%** Babies born at term
- **81%** Mothers initiated breastfeeding
- **95%** Babies received all immunizations by 24 months
- **52%** Of clients 18+ were employed at 24 months

*Aggregate data provided by the NSO. Includes state data from 01/01/2019 to 12/31/2021
*Babies born at term are those who reached 37 weeks gestation

Race
- 71% White
- 14% Black or African American
- 11% Asian
- 0% American Indian or Alaska Native
- 0% Native Hawaiian or Pacific Islander
- 4% Multi-ethnic
- 1% Declined

Ethnicity
- 15% Hispanic
- 84% Non-Hispanic
- 1% Declined
Nurse-Family Partnership Goals

1. Improve pregnancy outcomes by helping women engage in good preventive health practices.
2. Improve child health and development by helping parents provide responsible and competent care; and
3. Improve the economic self-sufficiency of the family by helping parents develop a vision for their own future.

ESTABLISHED: 2010
FAMILIES SERVED SINCE 2010: 1,400
CURRENT FUNDED CAPACITY: 205

NETWORK PARTNERS

- EveryStep
- Visiting Nurse Association of Genesis
- Visiting Nurse Association of Pottawattamie

Better Worlds Start with Great Mothers

Nurse-Family Partnership empowers vulnerable first-time moms to transform their lives and create better futures for themselves and their babies.

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