

Ya'at'eeh – shi Trasi yinishé'. English Translation: Greetings – my name is Trasi.

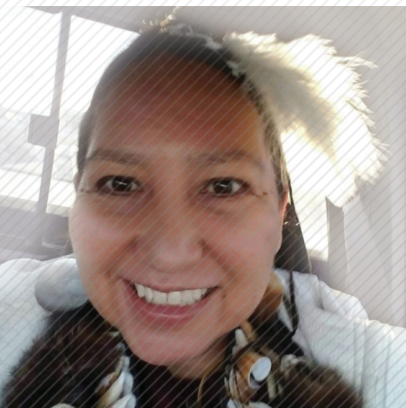
I am a part of the National Service Office (NSO) Legal team for Nurse-Family Partnership (NFP) and Child First. I am Navajo and Apache, and I am excited to be asked to share my story in recognizing Native Americans and the work of both NFP and Child First. Working for an organization that puts families first and works alongside them to understand and identify each family's individual needs is a great pleasure. As you read my personal story as a Native American who chose to work for the NSO, I hope it gives you great pride that your support is making a difference.

Like many families who choose our programs, I was raised by a young first-time mom. I came into the world when my mom had just lost her mother. Tradition in my culture does not mix death and birth, so my mother hopped on a horse as a means to mourn and unexpectedly went into labor when she was bucked off. Thankfully my mother had a tribal community of family surrounding her as I entered the new world. When I think of the many who helped raise me, I am grateful for all those “moms” in my life. I genuinely believe that NFP and Child First do similarly by partnering with families and being a support system at times of uncertainty.

I am honored to share some of the work that NFP and Child First have accomplished, including some work that I am passionately involved with—our internal Tribal Committee. I am so grateful to be a part of bringing these evidence-based programs to more Tribal Nations. Here is what you can find enclosed in this Impact Report:

- An update on our work to support Tribal nations
- Benchmarks achieved in 2022 by Child First
- A partnership with Fund for Shared Insight and NFP families
- High impact giving recommendations by Fidelity Charitable

As you read, I hope you feel great accomplishment as your philanthropic investment in this work helps immensely. It is extraordinary and important to us that you chose Nurse-Family Partnership and Child First.



So, thank you! Ahe'hee!

A handwritten signature in black ink, appearing to read 'Trasi'.

Trasi Platero
Legal and Compliance Coordinator

IMPACT REPORT



A STRATEGIC PLAN TO PARTNER WITH TRIBAL NATIONS

In celebration of November as Native American Heritage month, we'd like to share more about the work with Tribal Nations your gift makes possible. Central to the program, Nurse-Family Partnership acknowledges and respects differences in culture and ethnicity when serving families. Partnering with Tribal Nations is a top priority and we must adapt and recognize their deeply rooted and very important traditions. Recently, a new strategic plan was developed in partnership with Dr. Anton Treuer to educate NFP nurse home visitors and Child First mental health clinicians on working with Tribal communities, to eventually integrate Child First to work alongside Tribal Nations, to form an External Indigenous Advisory Council, and to evaluate sustainable public and private funding to assist Tribal Nations in continuous coverage. Because of your generosity, we can meaningfully engage in this work. Thank you for choosing us as a priority in your giving.



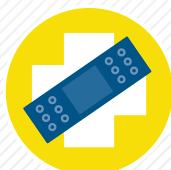
NEWLY RELEASED CHILD FIRST OUTCOMES

Just like NFP nurses, Child First mental health clinicians are looking to learn from the families they partner with to see how best our services are helping them to create the lives they want for themselves and their children. A critical outcome from 2022 shows just how effective that partnership can be. So far this year, Child First recorded a nearly 4% increase in meeting families' identified needs over 2021 – the meaningfulness of this percentage increase might seem insignificant but indicates that your support helped uplift and bolster families still dealing with COVID and overlapping adversities. These families were connected to mental healthcare, to childcare services, housing and food needs – all critical to a family's stability, safety and happiness. Other impressive benchmarks included an almost 7% improvement in the reduction of parenting stress and a nearly 10% percent increase in child social skills. As you can see, your gift to the NSO does have an impact on the health and wellbeing of families and we thank you on their behalf!



A PARTNERSHIP WITH FUND FOR SHARED INSIGHT

Hearing directly from clients helps shape how we work with families and helps us be more inclusive and respectful to families from various backgrounds. Over the last few years, The National Service Office has been working with The Fund for Shared Insight on a feedback initiative called Listen4Good. From this partnership, we created an NFP client-satisfaction survey that gives clients a voice in the design and implementation of the program. We expect to wrap up our work with The Fund in 2023 when we receive the final data analysis. The findings will also include feedback from families paired with nurses of similar/different race or ethnic backgrounds and helps us understand which of the pairings results in a better experience or greater satisfaction with the NFP program. Finally, we are pleased to share that our partnership was featured as a blog post with a video on Fund for Shared Insight's website. Read more about this work by scanning the QR code.



INVESTING IN CHILDREN'S MENTAL HEALTH

A recent blog post by Fidelity Charitable aimed to shine a light on the vital importance of supporting children's mental health. As you're aware, the resiliency of children is under threat now more than ever as we continue to navigate the pandemic, social unrest, and unprecedented gun violence. We're honored that our programs are mentioned as a possible solution. In the post, Fidelity makes three suggestions for high-impact investments, including recommending investments in prevention, specifically in evidence-based programs like NFP and Child First that focus on early childhood intervention. Fidelity points out that investments in these programs produce lifelong benefits for children's brain development and mental health. Fidelity shared with us that since 2020, 80 of you utilized your donor-advised funds to make \$2,000,000 in charitable gifts to the NSO! Thank you!!



Read the full article by scanning the QR code to learn more about high-impact giving for children's mental health.