# Nurse-Family Partnership RE:ignite 2022
## Event Schedule

**Tue, Sep 20, 2022**

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<td>GS#2 - Healthy Babies, Moms &amp; Communities: An Indigenous Perspective on Home Visiting, Health Professions, and the Communities We Serve</td>
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<td>BO#1 - Perinatal Hypertension: Using a Health Equity Lens to Align Current Evidence and NFP Clinical Practice</td>
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### GS#1 - Welcome & Tenacious Caregiver Awards

- **Time:** 10:00 AM - 10:30 AM, Sep 20
- **Speakers:**
  - Kate Siegrist, RN, MSN
    - Chief Nursing Officer
    - The National Service Office for Nurse-Family Partnership and Child First
  - David Olds, Ph.D.
    - Professor of Pediatrics
    - University of Colorado School of Medicine

### GS#2 - Healthy Babies, Moms & Communities: An Indigenous Perspective on Home Visiting, Health Professions, and the Communities We Serve

- **Time:** 10:30 AM - 11:30 AM, Sep 20
- **Speaker:**
  - Anton Treuer, Ph.D., M.A., B.A.
    - Professor of Ojibwe
    - Bemidji State University

### Break

- **Time:** 11:30 AM - 12:00 PM, Sep 20

### BO#1 - Perinatal Hypertension: Using a Health Equity Lens to Align Current Evidence and NFP Clinical Practice

- **Time:** 12:00 PM - 1:15 PM, Sep 20
- **Speakers:**
  - Kimberly Druist, MSN, CNM, RN
    - Data Nurse Specialist
    - The National Service Office for Nurse-Family Partnership and Child First
  - Nelly Quinones, RN-CNM, DNP
    - Manager, Nursing Practice
    - The National Service Office for Nurse-Family Partnership and Child First
BO#2 - Reflections That Go Somewhere: Applying Motivational Interviewing in Dead-End Conversations

12:00 PM - 1:15 PM, Sep 20

Do you ever feel like your conversations with clients go around and around in circles? Have you ever responded with a great reflection just to get a short response or more of the same conversation? You are not alone. Practitioners using Motivational Interviewing often share that they find their conversations get “stuck” at some point.

Active listening alone does not lead to behavioral change. Recognizing a person’s change talk can help know how to respond intentionally, with the goal of steering the conversation toward change. We cannot change others, but we can use our conversations to help them verbalize their intrinsic motivation to change – their why and their how. By understanding how to choose intentional responses, you will be better able to evoke more of the client’s desire, ability, reasons, needs, and commitment to change.

Speaker

Vanessa Reading, MA/LLP
Motivational Interviewing Trainer
Member of Motivational Interviewing Network of Trainers

BO#3 - Pandemic Outreach: 2019 and Beyond

12:00 PM - 1:15 PM, Sep 20

In this session, participants will survey their own geographies and identify factors impacting their outreach efforts as it relates to COVID-19. After identifying the barriers, participants will create flexible outreach plans that can be executed immediately with contingency plans utilizing the supports available at the National Service Office.

Speaker

Manige Giles
Director of National Outreach
The National Service Office for Nurse-Family Partnership and Child First

GS#3 - Updates from the PRC & Daily Wrap Up

1:15 PM - 1:30 PM, Sep 20

Speaker

Mandy A. Allison, MEd, MD, MSPH
Associate Professor of Pediatrics
University of Colorado, Department of Pediatrics

Wed, Sep 21, 2022

GS#4 - Uplifting Birth: Equity Supporting Communities Affected by Maternal Morbidity and Mortality

10:00 AM - 11:05 AM, Sep 21

Studies on racial disparities in maternal mortality have shown rates of two to four times higher for African Americans and Native/Indigenous Americans, when compared to their White American counterparts. Lack of provider knowledge regarding impacts of implicit bias, interpersonal and systems of racism on perinatal mental and physical health prevents them from adequately addressing the needs of clients. This presentation will focus on increasing cultural conscientiousness and practices within the framework of equity, among nurses, when addressing the needs of clients and communities affected by maternal morbidity and mortality.
**BO#4 - Creating Safety and Supporting the Well-being for Immigrant Families: Insights from Community Health**

Immigrants, who are often undocumented and living in poverty, face many challenges. Drawing on empirical research and community-based practice, we will explore actionable ways to support the health and well-being of this population. This session will feature a case study of an innovative community-based program serving mothers and babies.

**Speakers**

- *Gisselle Pardo, LCSW, MPH*
  Co Executive Director
  Nido de Esperanza, c/o Ingrid Rodriguez

- *Nancy Berlinger, Ph.D., Mdiv*
  Research Scholar
  The Hastings Center

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**BO#5 - Sudden Shift to Telehealth: Lessons from the Colorado Experience**

The sudden shift to telehealth at the start of the COVID-19 pandemic created an opportunity to study nurse and client perceptions as well as client outcomes. In Colorado, we embarked on a study to evaluate this natural experiment among nurse-led models of care in rural and urban communities. In this presentation, we will share how research findings shaped an intervention to create and evaluate telehealth guidance for use by NFP home visitors. We will also share qualitative and quantitative findings describing client perspectives, utilization, and outcomes during the two years since the onset of the pandemic.

**Speakers**

- *Amy J Barton, PhD, RN, FAAN, ANEF*
  Professor and Senior Associate Dean for Faculty and Students
  University of Colorado College of Nursing

- *Alex Carmitchel-Fifer DNP, MPH, BSN, RN*
  State Nurse Consultant
  Invest in Kids

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**BO#6 - The New NFP Fidelity Report: Gathering Implementation Insights**

In this session we will describe the new NFP Fidelity Report - what it is and how it was created. Then we will review the calculations and features of the new Fidelity Report. Next we will examine how data can from the new Fidelity report can help NFP Network Partners achieve program outcomes. Finally the session will end with a live question and answer with our panel of subject matter experts.
BO#7 - Engaging and Retaining all NFP Clients

11:30 AM - 12:45 PM, Sep 21

The COVID pandemic presented new challenges enrolling clients, building relationship with them and supporting their ongoing participation in NFP. This was especially challenging in light of our desire to reach and serve diverse groups of people. Come explore lessons learned that were useful in enrolling and retaining clients during COVID and look at how they will continue to be useful as we move forward with in-person visits.

GS#5 - Gen-Z & BIPOC Clients: What's the Hook?

1:15 PM - 2:00 PM, Sep 21

Hear directly from clients who self-identify as Gen-Z and/or BIPOC, have joined NFP, and have stayed engaged with their nurse. Clients will be sharing their stories of what keeps them in the NFP program. Strategies for recruiting and engaging individuals early in the NFP program will be shared with a focus on young BIPOC clients.
BO#8 - Voices on the Frontlines - Nurstory and Nurse-Family Partnership

10:00 AM - 11:15 AM, Sep 22

Nurse-Family Partnership (NFP) has been working with Nurstory for over two years now, providing workshops for NFP nurses, nurse supervisors and NSO staff to help process the stories they are living through, in, and with. This past year Nurstory initiated an innovative and comprehensive weekly online space for creative reflection, resilience and wellness. In this session, you will learn more about the past, present and future of Nurstory, watch a couple of the stories made by NFP nurse and meet the storytellers for a panel and question and answer session.

Speaker

Daniel Weinshenker, MA, MSW
Director
Nurstory/StoryCenter

BO#9 - To Fix or Not to Fix? How the Facilitating Attuned Interactions (FAN) Approach Can Help Us Decide

10:00 AM - 11:15 AM, Sep 22

The FAN (Facilitating Attuned Interactions) Approach serves as a framework for parent/caregiver engagement and reflective practice in home visiting. The FAN focuses on parents’ urgent concerns and helps nurses tailor responses to match what parents need most in the moment. During this session you will explore strategies to support attunement with parents. You will recognize your own internal state of regulation and dysregulation to be fully present with families. You will consider factors to determine how to best partner with families as you think together, develop plans, and support parents as they take action.

Speakers

Kim Weber Yorga, RN, MSN
Director, Nursing Education
The National Service Office for Nurse-Family Partnership and Child First

Carolyn Johnston, MA, BSN, RN
Manager of Nursing Education
The National Service Office for Nurse-Family Partnership and Child First

Tori Graham, MSW, IMH Certificate
Director of FAN Training
Erikson Institute

BO#10 - Holding the Caregiver and Baby in Mind: Demystifying Perinatal Mood Disorders

10:00 AM - 11:15 AM, Sep 22

1 in 7 moms and 1 in 10 dads suffer from a perinatal mood disorder in the perinatal period. This session demystifies the realities and discusses the prevalence of perinatal mood disorders, along with the intersectionality of racialized trauma and stress. We will discuss how chronic stress can lead to perinatal mood disorder and the impact this can have on the parent-child relationship. Two case studies will illustrate intersectionality, the multi-layered nature of stress that can lead to perinatal mood disorder, and the impact of stress on parental reflective capacity with the perinatal caregiver.
11:15 AM

Break
© 11:15 AM - 11:45 AM, Sep 22

11:45 AM

GS#6 - Updates from the NSO
© 11:45 AM - 12:15 PM, Sep 22

- Marly Hinestroza, LCSW
  Clinical Supervisor
  Easterseals UCP

- Rebecs Parilla
  Child First

12:15 PM

GS#7 - Keynote Address
NFP Nurses: Making and Being the Difference!
© 12:15 PM - 1:15 PM, Sep 22

This session will highlight the abilities of nurses in terms of how they delivered care with determination during the recent crisis. It will highlight new strategies nurses can own to revolutionize care delivery through building healthy work environments, diversify the profession with inclusive excellence, innovate care delivery models, improve overall well-being, sharpen their leadership skills, and feel empowered to be the difference in shaping the future of healthcare. Nurses finally have the spotlight and we must own the space we are in and lead. This session serves to inspire and motivate NFP nurses to do more and be more!

- Katie Boston-Leary, PhD, MHA, MBA, RN, NEA-BC
  CEO/Founder
  The Reach Initiative

1:15 PM

GS#8 - Closing & See You Next Year
© 1:15 PM - 1:30 PM, Sep 22

Frank Daidone

- Frank Daidone
  President & CEO
  The National Service Office for Nurse-Family Partnership and Child First