

# Nurse-Family Partnership RE:Connect 2021

## Event Schedule

Mon, Sep 27, 2021

Tue, Sep 28, 2021

10:00am

### Welcome & Tenacious Caregiver Awards

🕒 10:00am - 10:30am, Sep 28

General Session

#### 🗣️ Speaker



**Kate Siegrist** Chief Nursing Officer, National Service Office for Nurse-Family Partnership and Child First

10:30am

### Breaking Our Bias in Birthing and Reproductive Care

🕒 10:30am - 11:30am, Sep 28

General Session

In this session, participants will be introduced to the psychological and neurological aspects behind prejudice, implicit bias formation and activation.

#### 🗣️ Speaker



**Hasira Soul Ashemu** Founder/Chief Visionary Officer, Breaking Our Chains DBA Righteous Rage Institute for Healing and Social Justice

11:30am

### Break

🕒 11:30am - 11:45am, Sep 28

11:45am

### Breakout - Clinical Updates in Pediatrics

🕒 11:45am - 1:00pm, Sep 28

Nursing Care

This presentation will provide an update on recent research and clinical guidelines or recommendations including child development (with a focus on factors affecting language development, early intervention, and identification and diagnosis of autism), infant sleep, and infant feeding practices. Audience polls and chat prompts will be used throughout the presentation to prompt discussion regarding how this information can be applied to nurse home-visiting practice. By the end of the session, NFP nurses and supervisors will be able to demonstrate increased knowledge of recent changes in pediatric practice by identifying ways that they will incorporate new knowledge into their NFP practice.

## Speaker



**Mandy A. Allison, MEd, MD, MSPH** Associate Professor of Pediatrics, PRC Co-Director, University of Colorado, Department of Pediatrics

## Breakout - Using a trauma-and violence-informed care lens to understand and respond to nursing practice challenges

🕒 11:45am - 1:00pm, Sep 28

### Engagement & Retention

The traumatic impacts of experiences of interpersonal violence (e.g., intimate partner violence, a history of child maltreatment) as well as structural violence and systemic inequities can result in long-term health effects for clients. If organizations or nurse home visitors lack understanding of these complex and lasting impacts, they miss opportunities to provide effective services and risk causing further harm to clients. Practices based on the principles of trauma-and violence-informed care can support nurses to more safely, equitably, and effectively interact with clients and families seeking care who have experienced trauma and violence.

In this session, trauma-and violence-informed care will be defined and participants will have the opportunity to reflect on how their personal beliefs and values may influence their professional nursing practice. Through a series of interactive case studies, participants will then explore how to apply the principles of trauma-and violence-informed care to common challenging nursing practices (e.g., mandatory reporting to child protection services, decisions with respect to infant feeding) and discuss how to ensure that these actions do not result in harm or the re-traumatization of clients.

## Speakers



**Susan Jack RN BScN PhD** Professor, School of Nursing, McMaster University



**Marcia Salomon, RN, MSW, MPH** Supervising Public Health Nurse, Orange County Health Care Agency



**Sharon Sprinkle** Nurse Consultation Director, National Service Office for Nurse-Family Partnership and Child First

## Breakout - If you had a crystal ball: A Nurse-home visitor tool to predict and reduce client attrition

🕒 11:45am - 1:00pm, Sep 28

### Engagement & Retention

Client retention in the NFP program is an important program outcome and a critical driver of client outcomes. Currently, approximately 2/3 of NFP clients leave the program early, and some client populations, such as Black and African American clients, experience disparate rates in attrition.

In 2019, the NSO to NFP and Child First partnered with Two Sigma Data Clinic to 1. validate prior research on retention in current program replication, and 2. to use machine-learning and predictive analytics to identify clients who are at risk of attrition within 2 months and develop an easy-to-use tool for nurses to identify these clients and intervene early – with the aim of retaining NFP clients longer.

At the end of this session, attendees of this session will: 1. gain an understanding of the data science that informed the retention improvement tool, 2. be able to describe the tool and how it can be used, and 3. share experiences and strategies used in retention efforts.

Attendees who are interested in innovative approaches to improving client retention are encouraged to participate in this session.

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#### Speakers



**Jordan Sciandra, MPH** Research Analyst, National Service Office for Nurse-Family Partnership and Child First



**Kaushik Mohan** Data Scientist, Two Sigma



**Rachael Weiss Riley, MPH, Dr.PH** Director, Two Sigma Data Clinic

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#### Breakout - Beginning Rhythms

🕒 11:45am - 1:00pm, Sep 28

**Nursing  
Care**

One of the most common concerns that parents of young children have is about their child's sleep. The Beginning Rhythms session gives service providers knowledge and tools to support parents with their child's sleep. Objectives of this session include: (1) Define and understand co-regulation, (2) Define and understand infant states of consciousness, and (3) Combine what we know about infant states and co-regulation to support sleep.

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#### Speaker



**Jonika Hash, RN, PhD** Assistant Professor, University of Washington, School of Nursing, Department of Child, Family, and Population Health Nursing

1:15pm

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#### Righteous Rage Post Session Discussion - optional deep dive

🕒 1:15pm - 2:00pm, Sep 28

**General Session**

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#### Speaker



**Hasira Soul Ashemu** Founder/Chief Visionary Officer, Breaking Our Chains DBA Righteous Rage Institute for Healing and Social Justice

Wed, Sep 29, 2021

10:00am

### Looking back and learning forward: Experiences and lessons learned retaining clients during the pandemic

🕒 10:00am - 11:15am, Sep 29

General Session

Client retention is a chronic challenge that all home-visiting models face. The pandemic provided an added layer of challenges to an already complex issue. But looking back can inform how to retain and engage clients in the future. In this interactive plenary, presenters will engage the audience in a review of the trends in retention and engagement. Through a facilitated Q&A, participants will hear experiences and lessons learned from Nurse Supervisors and Nurse Home Visitors.

#### 🗣️ Speakers



**Kate Siegrist** Chief Nursing Officer, National Service Office for Nurse-Family Partnership and Child First



**Shannon Sainer** Director, Impact & Learning, National Service Office for Nurse-Family Partnership and Child First



**Angela Fulmer** Nurse Supervisor, Ventura County Nurse-Family Partnership, Ventura County Public Health



**Allison Ewing** Nurse Home Visitor, Texas Children's Health Plan Nurse-Family Partnership



**Marilyn Hunter** Nurse Home Visitor, Easterseals West Alabama Nurse-Family Partnership



**Jennifer Burroughs** Nurse Home Visitor, Easterseals West Alabama Nurse-Family Partnership

11:15am

#### Break

🕒 11:15am - 11:30am, Sep 29

11:30am

### Breakout - The Role Medicaid Can Play in Supporting an NFP Program

🕒 11:30am - 1:00pm, Sep 29

Program Implementation & Sustainability

Attendees will have an opportunity to hear a national update from the NSO on the status of Medicaid

coverage and payment of NFP services, as well as hear from two states - Colorado and Idaho - on their experience with Medicaid billing and reimbursement. Panelists will highlight the challenges and benefits of accessing Medicaid reimbursement, best practices for leveraging and maximizing Medicaid funding, and considerations for effectively braiding Medicaid with other funding sources to support an NFP program.

We thank AmeriHealth Caritas for generously sponsoring and supporting this session.



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#### 📣 Speakers



**Kristen Pieper**, MSS Health Policy Manager, National Service Office for Nurse-Family Partnership and Child First



**Cindi Richardson**, BSN, RN Nurse Manager, Panhandle Health District



**Michelle Neal, R.N., M.S** Nurse-Family Partnership Program Director, Invest in Kids

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### Breakout - Clients on the Rise: Breaking Through Roadblocks

🕒 11:30am - 1:00pm, Sep 29

#### Engagement & Retention

1. Nurses will hear from NFP clients on effective ways that they feel supported to achieve goals in work and school.
2. Nurses will hear from clients about effective engagement strategies using telehealth.
3. Nurse will learn from clients on effective family engagement tools.

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#### 📣 Moderator



**Ashlei Watson** Parent and Alumni Engagement Manager, National Service Office for Nurse-Family Partnership and Child First

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#### 📣 Speakers



**Christina Wigfall-Downer**



**Pinkay Dahn**



Natalie Alai



Katlyn Middleton

### Breakout - Findings from qualitative research on African-American/Black clients' experiences in NFP

🕒 11:30am - 1:00pm, Sep 29

#### Engagement & Retention

While we know that the NFP is most effective with high-risk clients and families we have limited insights into why some high-risk clients who enroll, choose to drop out of the NFP. Of note, program attrition varies across race, with Black or African American clients or potential clients having the highest program drop rate. This session will provide perspectives and experiences among Black or African American clients who completed the NFP program within the last 3 years. Results from qualitative interviews will be presented and attendees will gain insight into the experiences of Black or African American NFP clients.

#### 🗣️ Speaker



Brooke Dorsey Holliman, PhD University of Colorado Anschutz Medical School, Assistant Professor

### 1:00pm

#### Break

🕒 1:00pm - 1:15pm, Sep 29

### 1:15pm

#### Poster Roundtable - join us to learn what your colleagues are up to!

🕒 1:15pm - 2:00pm, Sep 29

Check out all of the posters that your NFP colleagues have put together this year.

Some have recorded short explanations for you to watch and all are here for you to enjoy throughout RE:Connect 2021

#### 9 Subsessions

- **Poster - Using Continuous Quality Improvement to Increase Competency in Safe Sleep Knowledge for Nurse Home Visitors**  
🕒 1:15pm - 2:00pm, Sep 29
- **Poster - Nurse-Social Worker-Family Partnership: Recommendations from the Healthy Beginnings Team**  
🕒 1:15pm - 2:00pm, Sep 29
- **Poster - Mobile App Usage During Pregnancy**  
🕒 1:15pm - 2:00pm, Sep 29
- **Poster - The Integration of an Early Childhood Educator into the Nurse Family**

## Partnership Model

🕒 1:15pm - 2:00pm, Sep 29

- **Poster - Interprofessional Collaboration: Development of NFP Nurse Home Visitor pipeline with Academic Partners, and the Role of The Nurse Educator**

🕒 1:15pm - 2:00pm, Sep 29

- **Poster - #selfcareishealthcare**

🕒 1:15pm - 2:00pm, Sep 29

- **Poster - Nurse-Family Partnership of Hudson/Union: A quality improvement PDSA cycle to increase staff satisfaction and improve team efficiency**

🕒 1:15pm - 2:00pm, Sep 29

- **Poster - Racism, Yesterday, Today and Beyond, Making a Change!**

🕒 1:15pm - 2:00pm, Sep 29

- **Poster - Self Care Is Not Selfish**

🕒 1:15pm - 2:00pm, Sep 29

Thu, Sep 30, 2021

10:00am

### Breakout - Serving LBGTQ2S+ Clients in NFP

🕒 10:00am - 11:30am, Sep 30

Nursing  
Care

If you're an NFP nurse you probably have LBGT2S+ clients! Even if you never knew.

We all know that pregnancy and parenting are not something that only heterosexual and cisgendered folks engage in, but many programs supporting pregnant and parenting people have at times struggled to provide LBGT2S+ inclusive education and support. If you'd like to provide more inclusive support for your LBGT2S+ clients (who you probably have, even if you're unaware), this session is for you.

In this fun, interactive and chock full of content session you'll be given a chance to ask questions (as part of the discussion and anonymously) about serving the LBGT2S+ community, learn more about the strengths and health disparities that impact the LBGT2S+ communities, and learn how to advocate for these clients.

You'll leave with a virtual tool kit of resources, links to educational materials and increased confidence that you're providing culturally competent strength based support to non-straight and non-cisgendered NFP families.

#### 🗣️ Speaker



Kelli Dunham RN BSN Consultant, Found Voice Communications

### Breakout - Voices on the Frontlines - Nurstory and NFP

🕒 10:00am - 11:30am, Sep 30

Engagement & Retention

NFP has been working with Nurstory for over two years now, providing workshops for NFP nurses, nurse supervisors and even NSO staff to help process the stories you're living through, in, and with. This past year we initiated an innovative and comprehensive weekly online space for creative reflection, resiliency and wellness. In this session, you'll learn more about the past, present and future of Nurstory, watch a couple of the stories made by last year's participants and meet the storytellers.

## 📣 Speakers



**Daniel Weinschenker, MA, MSW** Director, Nurstory/StoryCenter



**Catherine McWherter, BSN, RN, LCCE, CLC** Nurse Supervisor and Nurse Home Visitor, Nationwide Children's Hospital



**Cara Policelli, RN, BSN** Public Health Nurse, Jefferson County Public Health



**Dashé Lawton** Nursing Supervisor, NFP of Cleveland County | CLEV001



**Jessica Green, BSN RN** Nurse Home Visitor, Chester County Nurse Family Partnership

## Breakout - How stress impacts the brains of two generations - mothers and infants

🕒 10:00am - 11:30am, Sep 30

Nursing  
Care

Pregnancy and the first postpartum year are the critical periods for both mothers and infants. The brain development of infants during these periods is unparalleled to any other life period. The brains of the mothers also undergo dynamic brain morphological and functional changes that support the transition to motherhood. Due to the high plasticity in the brains during these periods, the brains of both infants and mothers are sensitive to their experiences. However, some of the mothers and infants are exposed to severe stress. Experiencing poverty increases the risks for mothers and infants to experience severe stress. The experience of living in poverty has been associated with increased risks for maternal depression and negative infant outcomes. Recent neuroimaging studies suggest brain mechanisms on how poverty and stress can be transmitted from mothers to infants. In this session, first, I will discuss normative infant brain development and how stress can influence an infant's brain development. Second, I will discuss while parenting plays a critical role to support infant brain development, stress can also disrupt a normative neural adaptation to parenthood among new mothers. Attendees will learn how stressful environments such as poverty during the prenatal and postnatal periods may influence the well-being of both mothers and infants from a neuroscientific perspective.

## 📣 Speaker



**Pilyoung Kim** Associate Professor, University of Denver

## Breakout - Addressing Health Disparities in Indigenous Communities: Cultural Competency, Tribal Outreach, and Best Practices

🕒 10:00am - 11:30am, Sep 30



## Nursing Care

Join celebrated author, Indigenous scholar, and cultural practitioner Anton Treuer for an exploration of tools and strategies for elevating Cultural Competency, improving Tribal Outreach, and refining Best Practices in Indigenous communities. Together, we can improve health outcomes for Indigenous people.

We thank Happy Family Organics for generously sponsoring and supporting this session.



### Speaker



**Anton Treuer, PhD** Professor of Ojibwe, Bemidji State University

## 11:30am

### Break

🕒 11:30am - 11:45am, Sep 30

## 11:45am

### Bob Hill Awards + Keynote Address - How and Why to Develop Character

🕒 11:45am - 12:45pm, Sep 30

#### General Session

Join us as we honor 2021's Bob Hill Award recipients and then tune in for the Keynote Address with Angela Duckworth.

In this talk, Character Lab Founder and CEO Angela Duckworth discusses three different families of character strengths (also known as social-emotional skills, 21st century skills, whole child capabilities): Interpersonal strengths like gratitude and generosity enable positive relationships with other people. Intrapersonal strengths like grit and self-control enable the accomplishment of valued goals. Intellectual strengths like curiosity and creativity enable a fertile life of the mind. Character is malleable, and much of Dr. Duckworth's scientific research examines conditions that enable young people to thrive. In particular, what adults do and say, and opportunities and obstacles, can either encourage or discourage the mindsets and skillsets that underlie character development.

### Speaker



**Angela Duckworth** Founder and CEO, Character Lab

## 12:45pm

### Network Partner Breakout - Leadership Through Assistance

🕒 12:45pm - 1:15pm, Sep 30

#### Program Implementation & Sustainability

Each NFP team has an Office Assistant, but we office assistants do not receive a standardized training like

our nurses, supervisors, or administrators. We mold ourselves to the needs of the team. While our supervisors work to maintain standards and support the individual needs of their nurses and the nurses serve multiple roles for each of their clients, we find ourselves filling in any cracks that arise. We serve as initial contacts, community representatives, money managers, data collectors, project organizers, data entry specialists, and so much more. This role can be a heart for the team that supports it.

In this presentation I will discuss many possible ways that an Office Assistant can support their team. I have found that duties vary greatly from site to site, and I hope to spark new ideas for how this role can be best utilized. I would also like to promote communication. Finding out how your team mates operate and facilitating a communicative work environment can greatly improve the efficacy of an entire program. Please join me to learn more about how office assistants can be leaders for their teams.

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 Speaker



Veronica Watts BA Office Assistant, NFP, Buncombe County HHS

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### Network Partner Breakout - Coalition for Lactation-Friendly Schools: Turning nurse experience into advocacy

🕒 12:45pm - 1:15pm, Sep 30

Program Implementation & Sustainability

The Coalition for Lactation-Friendly Schools was initiated by a nurse home visitor who recognized a barrier to her clients' successful breast/chestfeeding experiences- a perceived or real lack of support at school. With the help of her director, supervisor and a team of colleagues, she co-founded the Coalition for Lactation-Friendly Schools to help educate legislators and the public of this loophole in public policy, and of the need to better support lactating students.

Come learn how to turn your clinical experience into action toward positive change

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 Speaker



Joy Ahn, BSN, RN, IBCLC Nurse Home Visitor, Philadelphia Nurse-Family Partnership

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### Network Partner Breakout - The Intersection of the NFP Model of Care and Human Trafficking Response

🕒 12:45pm - 1:15pm, Sep 30

Nursing Care

Human trafficking is a significant global public health issue, and survivors frequently interact with healthcare professionals during and after they have been trafficked. Immigrants, people of color, individuals with disabilities, homeless youth and those who identify at LGBTQ+ are at increased risk of being trafficked. Poverty, racism and past trauma make NFP clients particularly vulnerable. Healthcare professionals are uniquely situated to offer care, resources and support to survivors of trafficking.

The Nurse-Family Partnership program at Public Health-Madison & Dane County became more conscious of how prevalent human trafficking is in our community after several cases of clients being exploited came to light in 2017. Since then, our data shows that at least 10% of our clients are confirmed to be, or have been, victims of human trafficking. For this session, we will explore a 2017 forced marriage case for a detailed discussion of the process by which we addressed a suspected case of human trafficking. This case highlights the many community, healthcare and law enforcement contacts encountered during this process. Attendees will learn basic tools to identify potential victims of human trafficking, how a nurse's charting and

data collection can help clients who may be victims, and the multiplicity of ways in which the NFP model of care is analogous to best practices in human trafficking response.

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 Speaker



**Jenny Draeger** Public Health Nurse, Public Health Madison & Dane County NFP

1:15pm

**Closing: See You Next Year & 2022 City Announcement**

🕒 1:15pm - 1:30pm, Sep 30

**General Session**

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 Speaker



**Frank Daidone** President & CEO, National Service Office for Nurse-Family Partnership and Child First

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