

# Nurse-Family Partnership 2019 National Symposium

## Event Schedule

Mon, Sep 16, 2019

2:00pm

### Check In for Symposium

🕒 2:00pm - 6:00pm, Sep 16

📍 Symphony Lobby

Find us off the hotel lobby for Symposium check-in.

Get your badge & goody bag, visit the NFP store (yes!) and exhibitors, find your fellow attendees, and get ready for the next two days!

4:00pm

### Welcome Reception

🕒 4:00pm - 5:30pm, Sep 16

📍 Skylight Mezzanine (upstairs)

We can't wait to see y'all as you arrive in Nashville!

Join us upstairs for some Nashville lights live music, light appetizers, wine, and a cash bar. Make this the place to meet up with your teams before heading out on the town for dinner and as much of Music City as you can soak up in one night.

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### 🗣️ Speakers



Frank Daidone President and Chief Executive Officer, Nurse-Family Partnership



Kate Siegrist, RN, MSN Chief Nursing Officer, Nurse-Family Partnership

Tue, Sep 17, 2019

6:00am

### Walking Group

🕒 6:00am - 7:00am, Sep 17

📍 Meet in the Hotel Lobby

Team up with fellow attendees for a self guided walk around Vanderbilt and the neighborhood to kick off your day.

This is not a formal, Symposium led group - but we encourage you to meet up with colleagues for a stroll and some fresh air. Find each other in the lobby and get to steppin'.

7:00am

## Breakfast Buffet

🕒 7:00am - 8:00am, Sep 17

📍 Symphony Lobby

Get there early to pick up breakfast and get seated and settled in time for the 8:00am sharp opening of the Symposium.

## 8:00am

### Opening Remarks

🕒 8:00am - 8:30am, Sep 17

📍 Symphony Ballroom

General Session

#### 🗣️ Speakers



Evelyn Collins Program Coordinator, University of Rochester -Memphis New Mothers' Study



Frank Daidone President and Chief Executive Officer, Nurse-Family Partnership



David Olds, PhD Professor of Pediatrics and Co-Director Prevention Research center for Family and Child Health, University of Colorado School of Medicine

## 8:30am

### Nurstory: Telling Your Story

🕒 8:30am - 9:30am, Sep 17

📍 Symphony Ballroom

General Session

Nurstory is a reflective practice digital storytelling program for nurses that can increase reflective practice and reduce harm from burnout. In the Nurstory workshop, groups of nurses from all walks come together to find stories from their nursing practice and, each on their own and with assistance from skilled Nurstory facilitators, turn them into short video documentaries. The Nurstory practice has evolved from a process of participatory media production into an international program where both the process and the products are used for reflective practice, burnout prevention, nursing education and more. We'll go over the process, watch a documentary about a workshop Nurstory recently ran with NFP nurses, and watch some of those stories created by the NFP nurses.

#### 🗣️ Introductions



Kate Siegrist, RN, MSN Chief Nursing Officer, Nurse-Family Partnership

#### 🗣️ Speaker



Daniel Weinschenker Director of the Denver Office of StoryCenter, StoryCenter

9:30am

### Break

🕒 9:30am - 10:00am, Sep 17

📍 Symphony Lobby

10:00am

### Deepening Reflective Practice: FAN (Facilitating Attuned Interactions) Approach

🕒 10:00am - 11:30am, Sep 17

📍 Symphony Ballroom 1

Breakout Session

Leadership & Management

The FAN (Facilitating Attuned Interactions) is a conceptual framework and practical tool for relationship-building and reflective practice. Based on the premise that feeling connected and understood opens the space for change, FAN approach helps supervisors and nurse home visitors demystify reflective practice. Participants will learn how to use the FAN to reflect-in-action --that is step back in the moment to respond rather than react in an interaction and how to use the FAN as a collaborative tool between supervisor and nurse home visitor to reflect after action. Experiment using the ARC of Engagement--a set of reflective questions that provide a consistent structure for reflective supervision and ensure collaboration throughout the session. Practice how to balance the concerns of the supervisee while addressing program requirements. Come ready to engage and reflect with fellow supervisors!

#### 🗣️ Panelist



Linda Gilkerson, PhD, LSW Professor, Erikson Institute



Anita Austin Nurse Consultant, National Service Office



Jane Pray, RN, MSN Regional Director Nurse Consultation, National Service Office - NSO

### Enhancing Your Community Advisory Board

🕒 10:00am - 11:30am, Sep 17

📍 Southern Grand (upstairs)

Breakout Session

Leadership & Management

NFP CABs can play a vital role in the wellness of the local NFP program. Each community, NFP program and NFP CAB has strengths to admire and learn from. Three panelists will share through the lens of administrators and supervisors, experiences with NFP Community Advisory Boards and explore how a great CAB can benefit network partners as we continue our work with Mom's, babies and communities.

#### 🗣️ Moderator



Alison Kolwaite Nurse-Family Partnership

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👤 Panelist



Marilyn Smith RN, BSN, CLC Clinical Manager, Le Bonheur Children's Hospital



Jennifer weitzel Nurse Supervisor, Public Health of Madison and Dane County



Christine Wanous, RN, BSN, MPH NFP Supervisor , Forsyth NFP

### Roadmap to Developmental Milestones – What Do We Need To Pack?

🕒 10:00am - 11:30am, Sep 17

📍 Symphony Ballroom 3

Breakout Session

Nursing Practice - Child Focused

Understanding a child's developmental milestones can support clients to effectively protect and promote children with appropriate and timely strategies at appropriate milestones. This creates positive experiences for both parent and baby and is a pillar of the NFP program. Through games and activities, this interactive workshop will focus on developmental milestones that occur during the first two years of life and connect these milestones to parenting strategies using DANCE, PIPE and NFP guideline materials. In addition to these resources, we will share musical and literary resources to use with clients to promote positive parenting.

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👤 Introductions



Kim Weber Yorga, RN, MSN Education Director, Nurse-Family Partnership

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👤 Speakers



Nancy Donelan-McCall, PhD Associate Professor, University of Colorado Anschutz



Mariarosa Gasbarro, MA Replication Research Manager, Prevention Research Center for Family and Child Health at the University of Colorado Denver

## Nurstory Mini-Workshop - Finding Your Story

🕒 10:00am - 11:30am, Sep 17

📍 Symphony Ballroom 2

Breakout Session

Nursing Practice - Client Focused

In this mini-workshop we'll build on what you've learned about Nurstory in the larger session and actually delve into some storytelling exercises, examine a Nurstory or two, have time for a writing prompt, do some sharing circles of your ideas and even overview some of the tech tools that can help you on your way.

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### 👤 Introductions



Kate Siegrist, RN, MSN Chief Nursing Officer, Nurse-Family Partnership

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### 👤 Speaker



Daniel Weinschenker Director of the Denver Office of StoryCenter, StoryCenter

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## Serving 25 or More Clients

🕒 10:00am - 11:30am, Sep 17

📍 Blackbird (upstairs)

Breakout Session

Nursing Practice - Client Focused

Maintaining a caseload of 25 or more clients can be challenging. The key in managing this size of caseload is organization, charting and time management. Organization, charting and time management helps assure that I am meeting my clients individual needs and goals during our visits. These skills are also essential in meeting NFP program goals and bench marks. I have found my success in retaining clients by developing a rapport with them and establishing open lines of communication and to set individual goals and expectations to help them succeed in the NFP program.

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### 👤 Moderator



Wendy O'Shea Nurse Consultant, Nurse-Family Partnership

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### 👤 Panelist



Adriana HURLEY Nurse Manager NFP Miami Dade, Health Chouce Network



Audra Castillo, BSN, RN Nurse Home Visitor, NFP of New Mexico



Kathy Behm, BSN, RN Nurse Supervisor, NFP of Berks County



Julia Wilber Nurse Supervisor, Centura Health NFP

## 11:30am

### Lunch Buffet

🕒 11:30am - 12:30pm, Sep 17

📍 Symphony Lobby

## 12:30pm

### Goal Mama: From Idea to Implementation

🕒 12:30pm - 2:00pm, Sep 17

📍 Symphony Ballroom

#### General Session

Goal Mama from inception to implementation has been a joint project between HopeLab, NFP and Ayogo. Nurses and moms provided direct input into the design, development and use of the app that is currently being launched nationally with NFP network partners. Spend time with panelists who helped create and develop this goal setting intervention and explore how the app can engage clients and assist them to reach their dreams and goals.

#### 🗣️ Moderator



Fred Dillon Senior Director, Strategy & Design, HopeLab

#### 🗣️ Panelist



Margaret Laws CEO, Hopelab



Michael Fergusson CEO & Founder, Ayogo Health Inc



David Olds, PhD Professor of Pediatrics and Co-Director Prevention Research center for Family and Child Health, University of Colorado School of Medicine



Kathy Pounds, RN, BSN Nurse Home Visitor/Nurse Supervisor, Gift of Life NFP



Benilda (Benny) Samuels Chief Operating Officer, Nurse-Family Partnership



Brenda Grunza, RN Nurse Home Visitor, Maternal Family Health Services NFP



Erika Dunn Nurse Home Visitor, Texas Children's Health Plan NFP



Dawn Dailey, PhD, RN Nurse Supervisor, Contra Costa Nurse-Family Partnership

## 2:00pm

### Break

🕒 2:00pm - 2:30pm, Sep 17

📍 Symphony Lobby

## 2:30pm

### Building Nurse Resilience

🕒 2:30pm - 4:00pm, Sep 17

📍 Symphony Ballroom 1

Breakout Session

Leadership & Management

Nurse Resilience can be defined as the ability to face adverse situations, remain focused and continue to be optimistic. In NFP this is a vital characteristic for nurses as well as clients. Even when working with the highest risk clients, there are ways to build and maintain resilience so nurses experience satisfaction on the job while maintaining healthy client relationships over two and a half years.

#### 🗣️ Introductions



Georgette McMichael Educator, National Service Office - NSO

#### 🗣️ Speaker



Holly Wei, PhD, RN Assistant Professor, College of Nursing at East Carolina University

### Supporting Nurses to Implement Trauma and Violence Informed Care in NFP

🕒 2:30pm - 4:00pm, Sep 17

📍 Symphony Ballroom 3

Breakout Session

Leadership & Management

Nurse-Family Partnership nurses incorporate assessment of client adverse childhood and community experiences through elements currently existing in the model. In addition, NFP nurses practice trauma and violence informed care through the use of a therapeutic relationship approach, use of the life history calendar, and motivational interviewing. Join us to learn more and practice applications of a life history framework to support clients combined with eliciting and supporting resiliency.

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#### 👤 Moderator



Elly Yost Innovations Officer, National Service Office - NSO

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#### 👤 Panelist



Susan Jack Professor, School of Nursing, McMaster University



Marcia Salomon, RN, MSW, MPH Nurse Supervisor, Orange County Nurse-Family Partnership



Dawn Dailey, PhD, RN Nurse Supervisor, Contra Costa Nurse-Family Partnership



Sharon Sprinkle, RN, MBA, MHA Eastern Nurse Consultation Director, National Service Office - NSO

## Off the Beaten Path: Supporting Caregivers To Navigate The Winding Road Of Toddlerhood

🕒 2:30pm - 4:00pm, Sep 17

📍 Blackbird (upstairs)

Breakout Session

Nursing Practice - Child Focused

Toddlers can be a mystery. Why does he get so mad at nothing? Why won't she listen? Why is everything a battle? At times parents are confused, surprised, and even frustrated by their toddler's behavior and might even feel like they have taken a wrong turn! This workshop will focus on aspects of toddler development that may help the nurse and clients better understand why toddlers act the way they do. Nurses will develop an increased understanding of developmental norms for challenging toddler behaviors (aggression, oppositional behavior, and tantrums) and make connections between the normal developmental goals of the toddler and the rise in challenging behavior. Using our understanding of these developmental norms, we will focus on parenting during the toddler years, strategies for parenting challenging toddler behaviors, and potential barriers so clients can effectively parent during the toddler years. The session will include discussion of NFP resources to use with clients to support understanding of toddler behavior and support the promotion of positive parenting practices during the toddler years.

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#### 👤 Introductions



Kim Weber Yorga, RN, MSN Education Director, Nurse-Family Partnership

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👤 Speaker



Nancy Donelan-McCall, PhD Associate Professor, University of Colorado Anschutz

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## Dads and NFP: Overview and Evidence from the Trials to Early Dissemination

🕒 2:30pm - 4:00pm, Sep 17

📍 Symphony Ballroom 2

Breakout Session

Nursing Practice - Client Focused

Including Dads and promoting father engagement in the NFP has been encouraged from the trials through implementation of the intervention. Nurses will be inspired by the many ways fathers uniquely contribute to outcomes of NFP children and will learn the historical perspective that spans the Elmira trial through early dissemination. They will take home lessons about multi-level factors influencing fathers' program engagement while also being mindful of ways to address situations where fathers provide risks (e.g., intimate partner violence, substance abuse, antisocial behavior) to mothers and children that may outweigh potential benefits. This workshop will also include a panel where NFP dads and moms will share their experience and skills learned from parenting and involvement in the NFP model. t and descriptions of some of the many ways fathers uniquely contributed to outcomes of NFP children will inspire nurses, supervisors and directors to prioritize outreach and engagement of fathers, while also being mindful of ways to address situations where fathers provide risks (e.g., intimate partner violence, substance abuse, antisocial behavior) to mothers and children that may outweigh potential benefits.

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👤 Moderator



Alain Glen, RN, BSN Nurse Consultant, Nurse-Family Partnership



Ashlei Watson Parent Advocacy Coordinator, Nurse-Family Partnership

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👤 Speaker



John Holmberg, PsyD Clinical Psychologist, Child and Family Psychological Services

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👤 Panelist



Esteban & Narissa Salazar Parents, Nurse-Family Partnership



Brandon Ray & Seretha Currie Parents, Nurse-Family Partnership



Gayle & Jamal Geeter Parents, Nurse-Family Partnership

## Nursing Documentation In NFP Practice: Is it Really that Important?

🕒 2:30pm - 4:00pm, Sep 17

📍 Southern Grand (upstairs)

Breakout Session

Nursing Practice - Client Focused

Nursing documentation is a form of communication that serves as the basis for decision-making and provides a history of the nursing care provided to clients. Break-downs in communication are one of the leading causes of errors in healthcare today. Documentation is an inherent component of the nursing process and a critical piece of nursing practice that enhances our ability to communicate among team members and ensure that we have met regulatory requirements necessary in keeping clients safe while providing high-quality nurse home visitation. Yet, how do Nurse Home Visitors and Nurse Supervisors effectively meet this requirement, while being true to the NFP model? Nurses working in the NFP program face many challenges on a daily basis and completing their nursing documentation in a timely fashion is usually at the top of the list. This workshop is designed for NFP nurses to gain an understanding of the importance of accurate and complete documentation in NFP practice. Nurses will learn about the regulatory requirements for documentation and fulfilling this standard of nursing practice. Principles of documentation and how these can be applied to NFP practice will be discussed.

### 👤 Introductions



Joan Barrett Curriculum Coordinator, National Service Office - NSO

### 👤 Speaker



Dr. Melinda Hester, RN-BC, DNP Adjunct Professor, Texas State University

## 4:00pm

### Break

🕒 4:00pm - 5:00pm, Sep 17

Get refreshed and take a break before joining us in the ballroom at 5:00pm for a seated dinner and wonderful Keynote Address.

## 5:00pm

### Dinner & Keynote Address - Nurse Home Visiting: Public Health on the Front Lines

🕒 5:00pm - 7:00pm, Sep 17

📍 Symphony Ballroom

General Session

***Please be seated by 5:00pm at the latest*** so that dinner may be served and set before our Keynote begins to speak.

## 📣 Keynote Speaker



Rear Admiral Sylvia Trent-Adams, PhD, RN, FAAN Principal Deputy Assistant Secretary for Health, Department of Health and Human Services

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## 📣 Introductions



Benilda (Benny) Samuels Chief Operating Officer, Nurse-Family Partnership

Wed, Sep 18, 2019

6:00am

### Walking Group

🕒 6:00am - 7:00am, Sep 18

📍 Meet in the Hotel Lobby

Team up with fellow attendees for a self guided walk around Vanderbilt and the neighborhood to kick off your day.

This is not a formal, Symposium led group - but we encourage you to meet up with colleagues for a stroll and some fresh air. Find each other in the lobby and get to steppin'.

7:00am

### Breakfast Buffet

🕒 7:00am - 8:00am, Sep 18

📍 Symphony Lobby

Get there early to pick up breakfast and get seated and settled in time for the 8:00am sharp start of the Maternal Mortality Panel.

8:00am

### Maternal Mortality Panel

🕒 8:00am - 9:30am, Sep 18

📍 Symphony Ballroom

#### General Session

Maternal morbidity and mortality continues to plague our nation. Trends in TX mirror these national trends. African American women in Texas tend to fare worse than white and Hispanic women as it relates to maternal morbidity and mortality. Parkland Hospital has concentrated on Precision Public Health which focuses on targeted populations instead of the individual to uncover root causes for maternal morbidity and mortality. Explore what can be done using evidenced based initiatives such as Nurse-Family Partnership to address the intersections of care from reproductive planning, perinatal care, and linkages to community resources.

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## 📣 Moderator



Rebecca Arno Director, Barton Institute at the University of Denver

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👤 Panelist



Lisa Hollier, MD, MPH Chief Medical Officer - Ob/Gyn, Texas Children's Health Plan



Joia Crear-Perry MD NBEC Founder and President, National Birth Equity Collaborative & Black Mamas Matter Alliance



Marjorie Quint-Bouزيد, MPA, RN, NEA, BC Senior Vice President of Women and Infant Specialty Health, Parkland Health & Hospital System



Catherine McWherter, BSN, RN, CEFM, LCCE Nurse Home Visitor, Nationwide Children's Hospital

## 9:30am

### Break

🕒 9:30am - 10:00am, Sep 18

📍 Symphony Lobby

## 10:00am

### NFP Funding Sustainability

🕒 10:00am - 11:30am, Sep 18

📍 Southern Grand (upstairs)

Breakout Session

Leadership & Management

NFP Funding and sustainability is key to program success in the NFP. Discover and utilize different tools needed to sustain the NFP program with an emphasis on strategically forming relationships in the community that will lead to agencies working together on grant applications to obtain funding. Explore strategies to keep funders who have interest in the program engaged long term. Describe how case load capacity could be used as a means to attract and sustain funds. Participants will recognize the impact of working together with other home visitation leaderships at the state level for funding opportunities and recognize how to build a trusting relationship with funding agencies to establish consistency with funding. Learn how to identify the mission of a funding organization and use that to create a sustainable partnership with the organization.

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👤 Moderator



Sarah McGee Chief Policy & Government Affairs Officer, National Service Office - NSO

🗣️ Panelist



Robin Britt President and CEO, Guilford Child Development



Joel Flaten Executive Director, Supporting Hands Nurse-Family Partnership (SHNFP)



Sandra Madubonwu Director, Maternal-Child, LeBonheur Children's Hospital Memphis TN

### Flo Data Collection System

🕒 10:00am - 11:30am, Sep 18

📍 Blackbird (upstairs)

Breakout Session

Leadership & Management

Flo Data Collection System is alive and well. Hear from colleagues who have participated in Wave 1 Flo Implementation. Explore how they have maximized their data and report usage through the use of this robust system. Learn from their experience what works well and institute best practices to make the transition to flow a stellar experience.

🗣️ Moderator



Benilda (Benny) Samuels Chief Operating Officer, Nurse-Family Partnership

🗣️ Panelist



Jessica Kaszuba Nurse Supervisor, NFP of York County Family First



Barbara Gleason RN, MSN Nurse Manager, Building Blocks of Missouri-Southeast Region/NFP



Kristin Bye, PHN, BSN, IBCLC Nurse Supervisor, Otter Tail County Public Health

### Physician-Nurse Collaboration for Clinical and Community Health

🕒 10:00am - 11:30am, Sep 18

📍 Symphony Ballroom 1

Breakout Session

Nursing Practice - Child Focused

Collaboration between physicians, nurses and other care providers is key to effective client care. During the workshop we will discuss the role of physician and nursing collaboration efforts to promote maternal-child health in both the clinical setting and at a community health level. We will explore the process used by physicians and nurses who refer patients and families to the Nurse Family Partnership program and how nurses in the Nurse Family Partnership work to ensure all clients have a medical home. The role of social related health needs and adverse childhood experiences will be examined to see how these affect health outcomes. Together we will explore how physicians and nurses partner in the clinic and community to address these issues.

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#### 🔊 Introductions



Alain Glen, RN, BSN Nurse Consultant, Nurse-Family Partnership

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#### 🔊 Speaker



Jason Yaun, MD Associate Professor of Pediatrics, University of Tennessee Health Science Center

### Serving Clients Using Marijuana

🕒 10:00am - 11:30am, Sep 18

📍 Symphony Ballroom 2

Breakout Session

Nursing Practice - Client Focused

Legalized marijuana has created complexities for NFP nurses as they work with at-risk clients. Explore the challenges and complications emanating from this legalization and learn about strategies for working with clients who use marijuana during and post pregnancy.

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#### 🔊 Introductions



Annette Davis Nurse Educator, National Service Office - NSO

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#### 🔊 Panelist



Judy Chang University Of Pittsburgh



Jessica Neuwirth Retail Marijuana Education & Youth Prevention Coordinator, Colorado Department of Public Health and Environment

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### Responding to Intimate Partner Violence in Practice

🕒 10:00am - 11:30am, Sep 18

📍 Symphony Ballroom 3

**Breakout Session**

**Nursing Practice - Client Focused**

Intimate partner violence is a reality for many NFP clients. Explore the current research on this topic and learn new practices in interventions to mitigate the impact of IPV on Moms and babies. These practices will support nurse home visitors to safely recognize and respond to women experiencing intimate partner violence.

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#### 👤 Introductions



Joan Barrett Curriculum Coordinator, National Service Office - NSO

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#### 👤 Speaker



Susan Jack Professor, School of Nursing, McMaster University

**11:30am**

#### Lunch Buffet

🕒 11:30am - 12:00pm, Sep 18

📍 Symphony Lobby

**12:00pm**

#### NFP: A Population Health Intervention – Transforming The “Big Picture” Future For Families

🕒 12:00pm - 1:30pm, Sep 18

📍 Symphony Ballroom

**General Session**

NFP is committed to transforming the future for families and communities. Nine years ago, Live Well San Diego began with an innovative, but simple vision to create a region that is Building Better Health, Living Safely and Thriving. Currently San Diego residents benefit from an ecosystem model that synchronizes physical health, behavioral health, and social services in order to empower actions that lead to better outcomes and greater impact. NFP is part of the catalyst for positively transforming the future for families, communities, states, and the nation. This is a lunch time discussion to explore the impact of NFP on advancing health equity and addressing the Social Determinants of Health (SDOH) through direct services, community collaboration, and health and social policy.

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#### 👤 Moderator



Allison Forrer Associate Director Cooking Matters, Share Our Strength

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#### 👤 Panelist



Larry Wolk Chief Medical Officer, Wonderful Health and Wellness



Michelle Clark United Way



Wilma J. Wooten, MD, MPH Public Health Officer, County of San Diego, Health & Human Services

1:30pm

### Tenacious Caregiver Awards & 2020 City Announcement

🕒 1:30pm - 2:00pm, Sep 18

📍 Symphony Ballroom

**General Session**

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#### 🗣️ Speakers



Kate Siegrist, RN, MSN Chief Nursing Officer, Nurse-Family Partnership



Frank Daidone President and Chief Executive Officer, Nurse-Family Partnership



David Olds, PhD Professor of Pediatrics and Co-Director Prevention Research center for Family and Child Health, University of Colorado School of Medicine