

Dear Friend.

The National Service Office for Nurse-Family Partnership (NFP) and Child First is grateful for your continued interest and partnership in the important work of supporting families' success. Your steadfast commitment allows us to collectively remain laser-focused on creating life-changing outcomes even in uncertain times.

Despite the global pandemic and other significant challenges facing our nation, we're excited to share how you've helped us weather the storms and consistently offer the high level of service on which the families we serve depend. Having you and so many others by our side, we have been resilient, quick to adapt and have realized impressive outcomes for families enrolled and graduating during the pandemic.

As we reflect on challenges and successes, we would be remiss not to mention the critical role our committed and passionate public health nurses at NFP have played in mitigating the impact of the pandemic over the past two years. When their communities needed them, they mobilized to serve on the frontlines at vaccination sites, overrun hospitals, and testing centers. They were able to serve as advocates for vulnerable individuals, families, and communities, helping translate complex and sometimes confusing information about managing life in pandemic times. Just as we have supported their wellbeing throughout the pandemic and COVID deployment, we quickly realized that we also needed to support them as they transitioned back to their NFP duties and responsibilities. The National Service Office promptly integrated self-care into support materials by providing tools specific to NFP nurses. For example, the NSO hosts a private Facebook support group for NFP nurses and has partnered with Health Journeys on a web-based site supporting positive imagery and wellness meditations designed specifically for NFP nurses. We were also able to deeply support successful program delivery through telehealth. These are just some of the positive offerings that have developed or deepened during the pandemic.

I hope as you read the enclosed report, you will see how your support helped us to be nimble and quickly adapt our methods during these extraordinary times to continue to realize positive impacts for the families who depend on us. Those triumphs are highlighted in this report and include:

- The Future of Telehealth and Program Delivery
- 2021 Outcomes for NFP and Child First
- A Tax Tool Partnership for First-Time Parents
- NFP and Child First featured by Center for High Impact Philanthropy

Finally, please know we are deeply grateful to have you as a partner. Your unwavering generosity is greatly appreciated. Thank you for keeping the families enrolled in our programs in your hearts and minds during these unprecedented times.

All my best,

Kate Siegrist, RN, MSN

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Chief Nursing Officer, National Service Office for Nurse-Family Partnership and Child First

IMPACT REPORT



THE FUTURE OF TELEHEALTH AND PROGRAM DELIVERY

When the pandemic shuttered the country in 2020, both NFP and Child First had to jump into action to ensure enrolled families remained connected, services were delivered with little disruption, and positive outcomes were maintained. Pivoting quickly to telehealth ensured that NFP nurses could stay closely connected with families. This has enabled us to learn in real time how to best support nurses and families in a virtual environment. Now, as we enter year three of the pandemic, both NFP and Child First envision a future where telehealth is an integrated asset to our already proven models. Both programs will transition to a structure where telehealth remains an integrated platform to increase family accessibility to their nurses and clinicians leading to improved communication, increased flexibility with scheduling, and deeper client/provider connection. We anticipate this will also lead to increased client satisfaction and retention. It was through your support that we were able to transition seamlessly to this technology in 2020 and successfully maintain it over the last two years — thank you!

2021 PROGRAM OUTCOMES

Nurse-Family Partnership and Child First's proven models are continuing to see excellent outcomes for enrolled families over the past two years. In 2021, Nurse-Family Partnership had a 92% family retention rate and exceeded targeted goals in full-term births, retention during pregnancy, and employment in participants 18 years and older. Child First hit targets in growth and expansion by adding 22 teams across several states, including the first ever program co-located with a Nurse-Family Partnership program in Colorado. Child First also exceeded target goals in decreasing language delays and depression, improving relationships, and meeting families' urgent health and safety needs.

A TAX TOOL PARTNERSHIP FOR FIRST-TIME FAMILIES

The National Service Office has teamed with "Let's Get Set", which provides a tax time tool for first-time parents making \$40,000 per year or less. This free tool helps families who had a baby in 2021 navigate filing taxes to ensure they take full advantage of their tax credits, including the child tax credit. Families without social security numbers or who have had no earned income are eligible as well. The customized tool walks families through a questionnaire, estimates their refund or credit, and helps them gather the necessary documentation. Once complete, it will match Child First and NFP families with a nonprofit tax professional who will help them complete the process. This partnership is part of our commitment to supporting family's economic self-sufficiency and will help them navigate the financial stresses caused from the pandemic.

CENTER FOR HIGH-IMPACT PHILANTHROPY

The Center for High Impact Philanthropy recently released its annual High-Impact Giving Guide. This year the guide focused on nonprofits worldwide dedicated to COVID-19 recovery, requiring that featured nonprofits had to meet one of the five core areas critical to just recovery, including early school success, youth and young adults, mental health and wellbeing, basic needs, and sustainable livelihood. Both Nurse-Family Partnership and Child First were given an honorable mention in the guide as programs that help families ensure they have a strong start for their children. We wear this badge of honor with pride and hope you do as well, as your support helps empower families to create and reach goals to embrace a brighter future for themselves and their children. You can view the guide at impact.upenn.edu/download-the-2022-high-impact-giving-guide/.