

# OVERVIEW

## GENERAL INFORMATION

**Nurse-Family Partnership® is an evidence-based, community health program with 45 years of research showing significant improvements in the health and lives of first-time moms and their children affected by social and economic inequality.**

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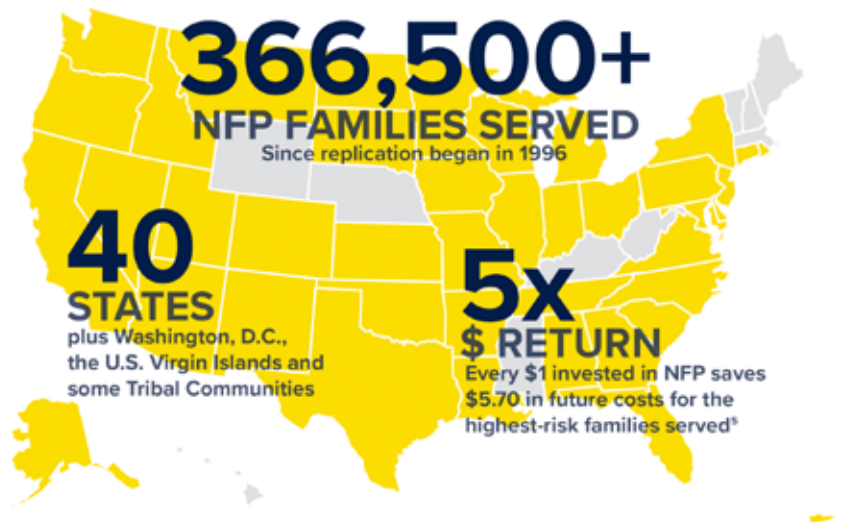
CHILDREN'S PROGRAMS ARE SUCCESSFUL WHEN THEY LEVERAGE THE MOST DIFFICULT JOB IN THE WORLD: PARENTING.

**NICHOLAS KRISTOF**  
PULITZER PRIZE-WINNING JOURNALIST

## Better Worlds Start with Great Families

Nurse-Family Partnership succeeds by having specially educated nurses regularly visit first-time moms, starting early in the pregnancy and continuing until the child's second birthday. Research consistently proves that the partnership between a nurse and the mom is a winning combination that makes a measurable, long-term difference for the whole family.

Moms enrolled in Nurse-Family Partnership benefit by getting the care and support they need in order to have a healthy pregnancy. At the same time, families develop a close relationship with the nurse who becomes a trusted resource they can rely on for advice on everything from safely caring for their child to taking steps to provide a stable, secure future for their new family.



## Nurse-Family Partnership Goals

1. Improve pregnancy outcomes by partnering with moms to engage in good preventive health practices, including thorough prenatal care from their healthcare providers, improving their diets and reducing any use of habit-forming substances;
2. Improve child health and development by assisting families provide responsible and competent care; and
3. Improve the economic self-sufficiency of the family by supporting parents to develop a vision for their own future, plan additional pregnancies, continue their education and find work.





## Proven Results

The Nurse-Family Partnership program has been independently reviewed and evaluated, and is ranked as the Gold Standard of home visiting programs.

↓ **48%** LESS LIKELY TO SUFFER CHILD ABUSE AND NEGLECT<sup>1</sup>

↓ **56%** REDUCTION IN ER VISITS FOR ACCIDENTS AND POISONINGS<sup>6</sup>

↓ **67%** LESS LIKELY TO EXPERIENCE BEHAVIORAL AND INTELLECTUAL PROBLEMS AT AGE 6<sup>2</sup>

↓ **72%** FEWER CONVICTIONS OF MOTHERS (MEASURED WHEN CHILD IS 15)<sup>1</sup>

↓ **35%** FEWER HYPERTENSIVE DISORDERS OF PREGNANCY<sup>4</sup>

↑ **82%** INCREASE IN MONTHS EMPLOYED<sup>3</sup>

“ ”

THERE IS A MAGIC WINDOW DURING PREGNANCY... A TIME WHEN THE DESIRE TO BE A GOOD MOTHER AND RAISE A HEALTHY, HAPPY CHILD CREATES MOTIVATION TO OVERCOME INCREDIBLE OBSTACLES INCLUDING POVERTY WITH THE HELP OF A WELL-EDUCATED NURSE.

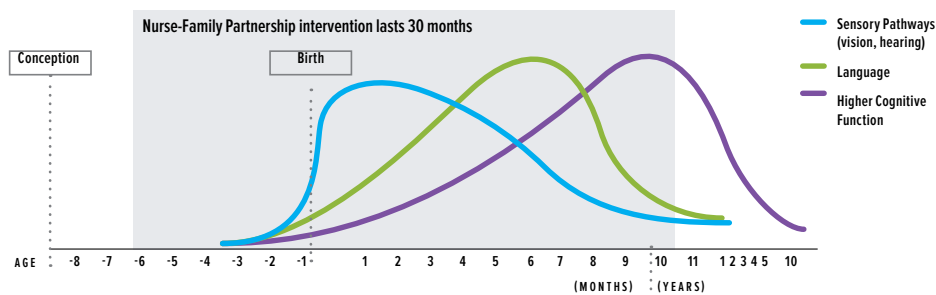
**DAVID OLDS, PHD**  
FOUNDER OF NURSE-FAMILY PARTNERSHIP  
AND PROFESSOR OF PEDIATRICS AT THE  
UNIVERSITY OF COLORADO

## Early Intervention

A report from the Center on the Developing Child at Harvard University shows the extent to which very early childhood experiences influence later learning, behavior and health. The Harvard report shows basic brain functions related to vision, hearing and language development during the first 30 months of a child's life. It is during this timeframe that the early and intensive support by a Nurse-Family Partnership nurse can have a huge impact on the future of the mom, child and family.

### Human Brain Development

Synapse formation dependent on early experiences



Source: Nelson, C.A., In Neurons to Neighborhoods (2000).



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1. Olds, D.L., et al. (1997). Long-Term Effects of Home Visitation on Maternal Life Course and Child Abuse and Neglect Fifteen-Year Follow-up of a Randomized Trial. JAMA 1997

2. Olds DL, et al. Effects of nurse home visiting on maternal life-course and child development: age-six follow-up of a randomized trial. Pediatrics 2004

3. Olds DL, Henderson CRJ, Tatelbaum R, Chamberlin R. Improving the life-course development of socially disadvantaged mothers: a randomized trial of nurse home visitation. American Journal of Public Health 1988

4. Kitzman H, et al. Effect of prenatal and infancy home visitation by nurses on pregnancy outcomes, childhood injuries, and repeated childbearing. A randomized controlled trial. Journal of the American Medical Association 1997

5. Karoly, L., Kilburn, M. R., Cannon, J. Proven results, future promise. RAND Corporation 2005.

6. Olds DL, et al. Preventing child abuse and neglect: a randomized trial of nurse home visitation. Pediatrics. 1986