Better Worlds Start with Great Families

Nurse-Family Partnership succeeds by having specially educated nurses regularly visit first-time moms, starting early in the pregnancy and continuing until the child’s second birthday. Research consistently proves that the partnership between a nurse and the mom is a winning combination that makes a measurable, long-term difference for the whole family.

Moms enrolled in Nurse-Family Partnership benefit by getting the care and support they need in order to have a healthy pregnancy. At the same time, families develop a close relationship with the nurse who becomes a trusted resource they can rely on for advice on everything from safely caring for their child to taking steps to provide a stable, secure future for their new family.

Nurse-Family Partnership® is an evidence-based, community health program with 45 years of research showing significant improvements in the health and lives of first-time moms and their children affected by social and economic inequality.

“Children’s programs are successful when they leverage the most difficult job in the world: parenting.”

NICHOLAS KRISTOF
PULITZER PRIZE-WINNING JOURNALIST

Nurse-Family Partnership Goals

1. Improve pregnancy outcomes by partnering with moms to engage in good preventive health practices, including thorough prenatal care from their healthcare providers, improving their diets and reducing any use of habit-forming substances;

2. Improve child health and development by assisting families to provide responsible and competent care; and

3. Improve the economic self-sufficiency of the family by supporting parents to develop a vision for their own future, plan additional pregnancies, continue their education and find work.
Early Intervention

A report from the Center on the Developing Child at Harvard University shows the extent to which very early childhood experiences influence later learning, behavior and health. The Harvard report shows basic brain functions related to vision, hearing and language development during the first 30 months of a child’s life. It is during this timeframe that the early and intensive support by a Nurse-Family Partnership nurse can have a huge impact on the future of the mom, child and family.

Proven Results

The Nurse-Family Partnership program has been independently reviewed and evaluated, and is ranked as the Gold Standard of home visiting programs.

- **↓ 48%** LESS LIKELY TO SUFFER CHILD ABUSE AND NEGLECTⁱ
- **↓ 56%** REDUCTION IN ER VISITS FOR ACCIDENTS AND POISONINGS⁵
- **↓ 67%** LESS LIKELY TO EXPERIENCE BEHAVIORAL AND INTELLECTUAL PROBLEMS AT AGE 6²
- **↓ 72%** FEWER CONVICTIONS OF MOTHERS (MEASURED WHEN CHILD IS 15)¹
- **↓ 35%** FEWER HYPERTENSIVE DISORDERS OF PREGNANCY⁴
- **↑ 82%** INCREASE IN MONTHS EMPLOYED³

Human Brain Development

Synapse formation dependent on early experiences