Nurse-Family Partnership® is an evidence-based, community health program with over 40 years of evidence showing significant improvements in the health and lives of first-time moms and their children living in poverty.

Nurse-Family Partnership works by having specially trained nurses regularly visit young, first-time moms-to-be, starting early in the pregnancy, continuing through the child’s second birthday. Mothers, babies, families and communities all benefit.

**Texas Moms**

- **22** Median age at intake
- **83%** Unmarried at intake
- **79%** Clients enrolled in Medicaid at intake
- **Less than or equal to $6,000** Annual median household income at intake

**Race**
- 63% White
- 24% Black or African American
- 1% Asian
- 1% American Indian or Alaska Native
- <1% Native Hawaiian or Pacific Islander
- 4% Multi-racial
- 5% Declined

**Ethnicity**
- 55% Hispanic
- 41% Non-Hispanic
- <1% Declined

**Outcomes for Texas**

*Aggregate data provided by the NSO. Includes state data from 01/01/2018 to 12/31/2020.

- **89%** Babies born full term
- **92%** Mothers initiated breastfeeding
- **90%** Babies received all immunizations by 24 months
- **54%** Of clients 18+ were employed at 24 months

**5x $ Return**

Every $1 invested in NFP saves $5.10 in future costs for the highest-risk families served.
Nurse-Family Partnership Goals

1. Improve pregnancy outcomes by helping women engage in good preventive health practices.
2. Improve child health and development by helping parents provide responsible and competent care; and
3. Improve the economic self-sufficiency of the family by helping parents develop a vision for their own future.

Better Worlds Start with Great Mothers

Nurse-Family Partnership empowers vulnerable first-time moms to transform their lives and create better futures for themselves and their babies.

EstablisheD: 2006
Families Served: 19,598
Network Partners: 22
Counties Currently Served: 55

There is a magic window during pregnancy... a time when the desire to be a good mother and raise a healthy, happy child creates motivation to overcome incredible obstacles including poverty with the help of a well-trained nurse.

— David Olds, Ph.D., Nurse-Family Partnership’s Founder
Professor of Pediatrics at University of Colorado