



# WASHINGTON

Nurse-Family Partnership® is an evidence-based, community health program with over 40 years of evidence showing significant improvements in the health and lives of first-time moms and their children living in poverty.

# 5x \$ RETURN

EVERY \$1 INVESTED IN NFP SAVES \$5.00 IN FUTURE COSTS FOR THE HIGHEST-RISK FAMILIES SERVED<sup>1</sup>

Nurse-Family Partnership works by having specially trained nurses regularly visit young, first-time moms-to-be, starting early in the pregnancy, continuing through the child's second birthday. Mothers, babies, families and communities all benefit.



## WASHINGTON MOMS

**23**  
Median age at intake

**79%**  
Unmarried at intake

**92%**  
Clients enrolled in Medicaid at intake

\*Aggregate data provided by the NSO. Includes state data from 01/01/2018 to 12/31/2020.

**Less than or equal to \$6,000**  
Annual median household income at intake

\*Aggregate data provided by the NSO. Includes state data from 01/01/2018 to 12/31/2020.

**Race**  
57% White  
13% Black or African American  
4% Asian  
5% American Indian or Alaska Native  
1% Native Hawaiian or Pacific Islander  
10% Multi-racial  
9% Declined

**Ethnicity**  
32% Hispanic  
64% Non-Hispanic  
<1% Declined

## OUTCOMES FOR WASHINGTON

\*Aggregate data provided by the NSO. Includes state data from 01/01/2018 to 12/31/2020.

**89%** BABIES BORN FULL TERM

**87%** MOTHERS INITIATED BREASTFEEDING

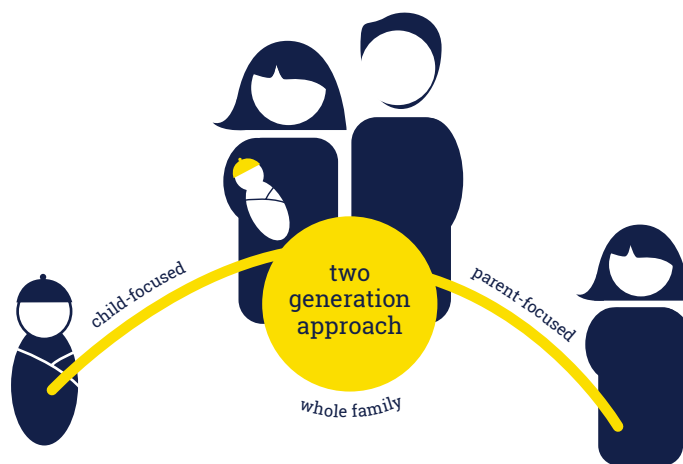
**100%** BABIES RECEIVED ALL IMMUNIZATIONS BY 24 MONTHS

**65%** OF CLIENTS 18+ WERE EMPLOYED AT 24 MONTHS



## Nurse-Family Partnership Goals

1. Improve pregnancy outcomes by helping women engage in good preventive health practices.
2. Improve child health and development by helping parents provide responsible and competent care; and
3. Improve the economic self-sufficiency of the family by helping parents develop a vision for their own future.



## Better Worlds Start with Great Mothers

Nurse-Family Partnership empowers vulnerable first-time moms to transform their lives and create better futures for themselves and their babies.

**ESTABLISHED: 1999**

**FAMILIES SERVED:  
13,265**

**NETWORK PARTNERS: 13**

**COUNTIES CURRENTLY  
SERVED: 18**



“ ”

THERE IS A MAGIC WINDOW DURING PREGNANCY... A TIME WHEN THE DESIRE TO BE A GOOD MOTHER AND RAISE A HEALTHY, HAPPY CHILD CREATES MOTIVATION TO OVERCOME INCREDIBLE OBSTACLES INCLUDING POVERTY WITH THE HELP OF A WELL-TRAINED NURSE.



Matthew Richardson  
360.764.0991

Matthew.Richardson@nursefamilypartnership.org

1900 Grant Street, 4th Floor  
Denver, Colorado 80203  
NurseFamilyPartnership.org

©2021 Nurse-Family Partnership

— DAVID OLDS, PH.D., FOUNDER OF NURSE-FAMILY PARTNERSHIP  
PROFESSOR OF PEDIATRICS AT UNIVERSITY OF COLORADO