Nurse-Family Partnership® is an evidence-based, community health program with over 40 years of evidence showing significant improvements in the health and lives of first-time moms and their children living in poverty.

Nurse-Family Partnership works by having specially trained nurses regularly visit young, first-time moms-to-be, starting early in the pregnancy, continuing through the child’s second birthday. Mothers, babies, families and communities all benefit.

### Washington Moms

<table>
<thead>
<tr>
<th>Metric</th>
<th>Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Median age at intake</td>
<td>23</td>
</tr>
<tr>
<td>Unmarried at intake</td>
<td>79%</td>
</tr>
<tr>
<td>Clients enrolled in Medicaid at intake</td>
<td>92%</td>
</tr>
<tr>
<td>Annual median household income at intake</td>
<td>Less than or equal to $6,000</td>
</tr>
</tbody>
</table>

### Race

- 57% White
- 13% Black or African American
- 4% Asian
- 5% American Indian or Alaska Native
- 1% Native Hawaiian or Pacific Islander
- 10% Multi-racial
- 9% Declined

### Ethnicity

- 32% Hispanic
- 64% Non-Hispanic
- <1% Declined

### Outcomes for Washington

*Aggregate data provided by the NSO. Includes state data from 01/01/2018 to 12/31/2020.*

- **89%** Babies born full term
- **87%** Mothers initiated breastfeeding
- **100%** Babies received all immunizations by 24 months
- **65%** Of clients 18+ were employed at 24 months
THERE IS A MAGIC WINDOW DURING PREGNANCY… A TIME WHEN THE DESIRE TO BE A GOOD MOTHER AND RAISE A HEALTHY, HAPPY CHILD CREATES MOTIVATION TO OVERCOME INCREDIBLE OBSTACLES INCLUDING POVERTY WITH THE HELP OF A WELL-TRAINED NURSE.

— DAVID OLDS, PH.D., FOUNDER OF NURSE-FAMILY PARTNERSHIP PROFESSOR OF PEDIATRICS AT UNIVERSITY OF COLORADO