Nurse-Family Partnership® is an evidence-based, community health program with over 40 years of evidence showing significant improvements in the health and lives of first-time moms and their children living in poverty.

Nurse-Family Partnership works by having specially trained nurses regularly visit young, first-time moms-to-be, starting early in the pregnancy, continuing through the child’s second birthday. Mothers, babies, families and communities all benefit.

MARYLAND MOMS

- Median age at intake: 20
- Unmarried at intake: 98%
- Clients enrolled in Medicaid at intake: 83%
- Less than or equal to $6,000 Annual median household income at intake

Race
- 5% White
- 77% Black or African American
- 1% Asian
- 2% American Indian or Alaska Native
- 0% Native Hawaiian or Pacific Islander
- 4% Multi-racial
- 1% Declined

Ethnicity
- 16% Hispanic
- 77% Non-Hispanic
- <1% Declined

OUTCOMES FOR MARYLAND

- Babies born full term: 88%
- Mothers initiated breastfeeding: 78%
- Babies received all immunizations by 24 months: 71%
- Of clients 18+ were employed at 24 months: 50%

*Aggregate data provided by the NSO. Includes state data from 01/01/2018 to 12/31/2020.

$ RETURN
EVERY $1 INVESTED IN NFP SAVES $6.60 IN FUTURE COSTS FOR THE HIGHEST-RISK FAMILIES SERVED

*Aggregate data provided by the NSO. Includes state data from 01/01/2018 to 12/31/2020.
**Nurse-Family Partnership Goals**

1. Improve pregnancy outcomes by helping women engage in good preventive health practices.

2. Improve child health and development by helping parents provide responsible and competent care; and

3. Improve the economic self-sufficiency of the family by helping parents develop a vision for their own future.

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**Better Worlds Start with Great Mothers**

Nurse-Family Partnership empowers vulnerable first-time moms to transform their lives and create better futures for themselves and their babies.

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**ESTABLISHED: 2012**

**FAMILIES SERVED: 687**

**NETWORK PARTNERS: 1**

**CURRENTLY SERVING: CITY OF BALTIMORE**

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“There is a magic window during pregnancy... a time when the desire to be a good mother and raise a healthy, happy child creates motivation to overcome incredible obstacles including poverty with the help of a well-trained nurse.”

— David Olds, Ph.D., Nurse-Family Partnership’s Founder, Professor of Pediatrics at University of Colorado

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