Nurse-Family Partnership® is an evidence-based, community health program with over 40 years of evidence showing significant improvements in the health and lives of first-time moms and their children living in poverty.

Nurse-Family Partnership works by having specially trained nurses regularly visit young, first-time moms-to-be, starting early in the pregnancy, continuing through the child’s second birthday. Mothers, babies, families and communities all benefit.

**DELAWARE MOPS**

- **22** Median age at intake
- **91%** Unmarried at intake
- **77%** Clients enrolled in Medicaid at intake
- **Less than or equal to $6,000** Annual median household income at intake

**DELAWARE MOMS**

- **Race**
  - 24% White
  - 43% Black or African American
  - <1% Asian
  - 0% American Indian or Alaska Native
  - 1% Native Hawaiian or Pacific Islander
  - 10% Multi-racial
  - 21% Declined

- **Ethnicity**
  - 32% Hispanic
  - 63% Non-Hispanic
  - <1% Declined

**OUTCOMES FOR DELAWARE**

- **89%** Babies born full term
- **81%** Mothers initiated breastfeeding
- **89%** Babies received all immunizations by 24 months
- **65%** Of clients 18+ were employed at 24 months

5x $ RETURN EVERY $1 INVESTED IN NFP SAVES $5.80 IN FUTURE COSTS FOR THE HIGHEST-RISK FAMILIES SERVED

*Aggregate data provided by the NSO. Includes state data from 01/01/2018 to 12/31/2020.*
Nurse-Family Partnership Goals

1. Improve pregnancy outcomes by helping women engage in good preventive health practices.
2. Improve child health and development by helping parents provide responsible and competent care; and
3. Improve the economic self-sufficiency of the family by helping parents develop a vision for their own future.

Proven Results

The Nurse-Family Partnership program has been independently reviewed and evaluated, and is ranked as the Gold Standard of home visiting programs. A report from the Center on the Developing Child at Harvard University shows the extent to which very early childhood experiences influence later learning, behavior and health.

There is a magic window during pregnancy... a time when the desire to be a good mother and raise a healthy, happy child creates motivation to overcome incredible obstacles including poverty with the help of a well-trained nurse.

— David Olds, Ph.D., Nurse-Family Partnership’s founder
Professor of Pediatrics at University of Colorado