Nurse-Family Partnership® is an evidence-based, community health program with over 40 years of evidence showing significant improvements in the health and lives of first-time moms and their children living in poverty.

Nurse-Family Partnership works by having specially trained nurses regularly visit young, first-time moms-to-be, starting early in the pregnancy, continuing through the child’s second birthday. Mothers, babies, families and communities all benefit.

**CONNECTICUT MOMS**

- **Median age at intake**: 24
- **Unmarried at intake**: 81%
- **Clients enrolled in Medicaid at intake**: 86%
- **Annual median household income at intake**: $6,000 - $9,000

**OUTCOMES FOR CONNECTICUT**

- **Babies born full term**: 91%
- **Mothers initiated breastfeeding**: 86%
- **Babies received all immunizations by 24 months**: 95%
- **Of clients 18+ were employed at 24 months**: 62%

7x $ RETURN EVERY $1 INVESTED IN NFP SAVES $7.10 IN FUTURE COSTS FOR THE HIGHEST-RISK FAMILIES SERVED

*Aggregate data provided by the NSO. Includes state data from 01/01/2018 to 12/31/2020.*
Nurse-Family Partnership Goals

1. Improve pregnancy outcomes by helping women engage in good preventive health practices.
2. Improve child health and development by helping parents provide responsible and competent care; and
3. Improve the economic self-sufficiency of the family by helping parents develop a vision for their own future.

Better Worlds Start with Great Mothers

Nurse-Family Partnership empowers vulnerable first-time moms to transform their lives and create better futures for themselves and their babies.

There is a magic window during pregnancy... a time when the desire to be a good mother and raise a healthy, happy child creates motivation to overcome incredible obstacles including poverty with the help of a well-trained nurse.

— David Olds, Ph.D., Nurse-Family Partnership’s founder
Professor of Pediatrics at University of Colorado