

# TEXAS



Nurse-Family Partnership® is an evidence-based, community health program with over 40 years of evidence showing significant improvements in the health and lives of first-time moms and their children living in poverty.

# 5x \$ RETURN

EVERY \$1 INVESTED IN NFP SAVES \$5.10 IN FUTURE COSTS FOR THE HIGHEST-RISK FAMILIES SERVED<sup>1</sup>

Nurse-Family Partnership works by having specially trained nurses regularly visit young, first-time moms-to-be, starting early in the pregnancy, continuing through the child's second birthday. Mothers, babies, families and communities all benefit.



## TEXAS MOMS

**22**  
Median age at intake

**82%**  
Unmarried at intake

**79%**  
Clients enrolled in Medicaid at intake

**Less than or equal to \$6,000**  
Annual median household income at intake

\*Aggregate data provided by NSO, includes data for the state from Jan 1st, 2019 to Nov 30th, 2019

## Race

- 65% White
- 22% Black or African American
- 4% Multi-racial
- 5% Declined
- 2% Asian
- < 1% Native Hawaiian or Pacific Islander
- 0% American Indian or Alaska Native

## Ethnicity

- 39% Non-Hispanic
- 57% Hispanic
- 2% Declined

\*Aggregate data provided by NSO, includes data for the state from Jan 1st, 2019 to Nov 30th, 2019

## OUTCOMES FOR TEXAS

\* Aggregate data provided by NSO, includes data for the state from Jan 1st, 2019 to Nov 30th, 2019

**89%** BABIES BORN FULL TERM

**92%** MOTHERS INITIATED BREASTFEEDING

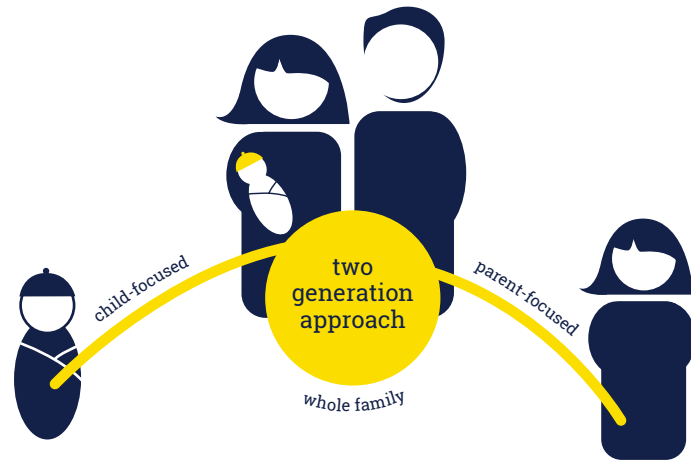
**85%** BABIES RECEIVED ALL IMMUNIZATIONS BY 24 MONTHS

**55%** OF CLIENTS 18+ WERE EMPLOYED AT 24 MONTHS



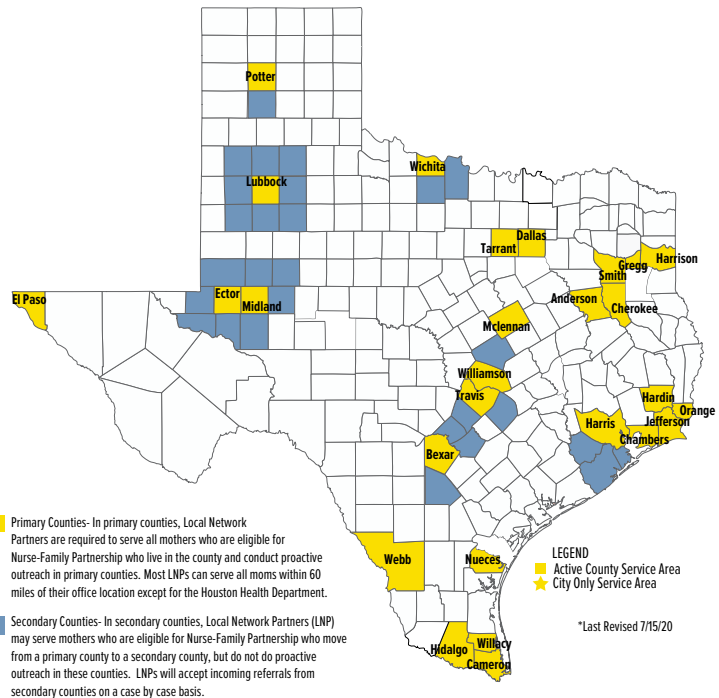
## Nurse-Family Partnership Goals

1. Improve pregnancy outcomes by helping women engage in good preventive health practices.
2. Improve child health and development by helping parents provide responsible and competent care; and
3. Improve the economic self-sufficiency of the family by helping parents develop a vision for their own future.



## Better Worlds Start with Great Mothers

Nurse-Family Partnership empowers vulnerable first-time moms to transform their lives and create better futures for themselves and their babies.



**ESTABLISHED: 2006**

**FAMILIES SERVED:  
17,743**

**NETWORK PARTNERS: 22**

**COUNTIES CURRENTLY  
SERVED: 55**

“ ”

THERE IS A MAGIC WINDOW DURING PREGNANCY... A TIME WHEN THE DESIRE TO BE A GOOD MOTHER AND RAISE A HEALTHY, HAPPY CHILD CREATES MOTIVATION TO OVERCOME INCREDIBLE OBSTACLES INCLUDING POVERTY WITH THE HELP OF A WELL-TRAINED NURSE.

— DAVID OLDS, PH.D., NURSE-FAMILY PARTNERSHIP'S FOUNDER  
PROFESSOR OF PEDIATRICS AT UNIVERSITY OF COLORADO



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