



# WASHINGTON

Nurse-Family Partnership® is an evidence-based, community health program with over 40 years of evidence showing significant improvements in the health and lives of first-time moms and their children living in poverty.

# 5x \$ RETURN

EVERY \$1 INVESTED IN NFP SAVES \$5.00 IN FUTURE COSTS FOR THE HIGHEST-RISK FAMILIES SERVED<sup>1</sup>

Nurse-Family Partnership works by having specially trained nurses regularly visit young, first-time moms-to-be, starting early in the pregnancy, continuing through the child's second birthday. Mothers, babies, families and communities all benefit.



## WASHINGTON MOMS

**24**  
Median age at intake

**80%**  
Unmarried at intake

**92%**  
Clients enrolled in Medicaid at intake

**Less than or equal to \$6,000**  
Annual median household income at intake

\*Aggregate data provided by NSO, includes data for the state from Jan 1st, 2019 to Nov 30th, 2019

**Race**  
61% White  
11% Black or African American  
10% Multi-racial  
7% Declined  
4% Asian  
2% Native Hawaiian or Pacific Islander  
4% American Indian or Alaska Native

**Ethnicity**  
66% Non-Hispanic  
31% Hispanic  
3% Declined

\*Aggregate data provided by NSO, includes data for the state from Jan 1st, 2019 to Nov 30th, 2019

## OUTCOMES FOR WASHINGTON

\* Aggregate data provided by NSO, includes data for the state from Jan 1st, 2019 to Nov 30th, 2019

**89%** BABIES BORN FULL TERM

**96%** MOTHERS INITIATED BREASTFEEDING

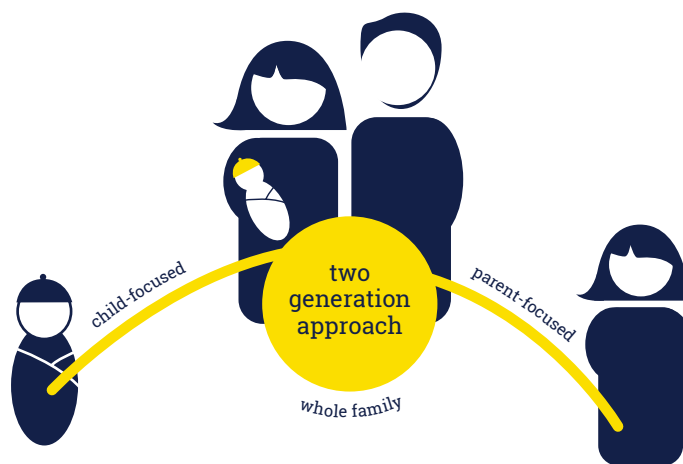
**94%** BABIES RECEIVED ALL IMMUNIZATIONS BY 24 MONTHS

**57%** OF CLIENTS 18+ WERE EMPLOYED AT 24 MONTHS



## Nurse-Family Partnership Goals

1. Improve pregnancy outcomes by helping women engage in good preventive health practices.
2. Improve child health and development by helping parents provide responsible and competent care; and
3. Improve the economic self-sufficiency of the family by helping parents develop a vision for their own future.



## Better Worlds Start with Great Mothers

Nurse-Family Partnership empowers vulnerable first-time moms to transform their lives and create better futures for themselves and their babies.

**ESTABLISHED: 1999**

**FAMILIES SERVED:  
12,349**

**NETWORK PARTNERS: 13**

**COUNTIES CURRENTLY  
SERVED: 17**



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THERE IS A MAGIC WINDOW DURING PREGNANCY... A TIME WHEN THE DESIRE TO BE A GOOD MOTHER AND RAISE A HEALTHY, HAPPY CHILD CREATES MOTIVATION TO OVERCOME INCREDIBLE OBSTACLES INCLUDING POVERTY WITH THE HELP OF A WELL-TRAINED NURSE.



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