Nurse-Family Partnership® is an evidence-based, community health program with over 40 years of evidence showing significant improvements in the health and lives of first-time moms and their children living in poverty.

Nurse-Family Partnership works by having specially trained nurses regularly visit young, first-time moms-to-be, starting early in the pregnancy, continuing through the child’s second birthday. Mothers, babies, families and communities all benefit.

**NORTH CAROLINA MOMS**

- **Median age at intake**: 23
- **Unmarried at intake**: 85%
- **Clients enrolled in Medicaid at intake**: 85%
- **Annual median household income**: Less than or equal to $6000

**Race**
- 27% White
- 47% Black or African American
- 12% Multi-racial
- 6% Declined
- 1% Asian
- < 1% Native Hawaiian or Pacific Islander
- 7% American Indian or Alaska Native

**Ethnicity**
- 78% Non-Hispanic
- 19% Hispanic
- 3% Declined

**OUTCOMES FOR NORTH CAROLINA**

* Aggregate data provided by NSO, includes data for the state from Jan 1st, 2019 to Nov 30th, 2019

- **90% Mothers initiated breastfeeding**
- **88% Babies born at a healthy weight (5.5 LB >)**
- **66% Babies received all immunizations by 24 months**
- **94% of clients 18+ were employed at 24 months**

**5x**

$ RETURN EVERY $1 INVESTED IN NFP SAVES $5.50 IN FUTURE COSTS FOR THE HIGHEST-RISK FAMILIES SERVED

*Aggregate data provided by NSO, includes data for the state from Jan 1st, 2019 to Nov 30th, 2019*
THERE IS A MAGIC WINDOW DURING PREGNANCY... A TIME WHEN THE DESIRE TO BE A GOOD MOTHER AND RAISE A HEALTHY, HAPPY CHILD CREATES MOTIVATION TO OVERCOME INCREDIBLE OBSTACLES INCLUDING POVERTY WITH THE HELP OF A WELL- TRAINED NURSE.

— DAVID OLDS, PH.D., NURSE-FAMILY PARTNERSHIP’S FOUNDER
PROFESSOR OF PEDIATRICS AT UNIVERSITY OF COLORADO

Better Worlds Start with Great Mothers

Nurse-Family Partnership empowers vulnerable first-time moms to transform their lives and create better futures for themselves and their babies.

ESTABLISHED: 2000

FAMILIES SERVED: 8,644

NETWORK PARTNERS: 14

COUNTIES CURRENTLY SERVED: 26

TRIBAL COMMUNITIES: 1