Nurse-Family Partnership® is an evidence-based, community health program with over 40 years of evidence showing significant improvements in the health and lives of first-time moms and their children living in poverty.

Nurse-Family Partnership works by having specially trained nurses regularly visit young, first-time moms-to-be, starting early in the pregnancy, continuing through the child’s second birthday. Mothers, babies, families and communities all benefit.

NORTH CAROLINA MOMS

- **23** Median age at intake
- **85%** Unmarried at intake
- **85%** Clients enrolled in Medicaid at intake
- **Less than or equal to $6000** Annual median household income at intake

Race
- 27% White
- 47% Black or African American
- 12% Multi-racial
- 6% Declined
- 1% Asian
- <1% Native Hawaiian or Pacific Islander
- 7% American Indian or Alaska Native

Ethnicity
- 78% Non-Hispanic
- 19% Hispanic
- 3% Declined

OUTCOMES FOR NORTH CAROLINA
* Aggregate data provided by NSO, includes data for the state from Jan 1st, 2019 to Nov 30th, 2019

- **90%** Mothers initiated breastfeeding
- **88%** Babies born at a healthy weight (5.5 LB >)
- **66%** Babies received all immunizations by 24 months
- **94%** Of clients 18+ were employed at 24 months

5x $ RETURN
EVERY $1 INVESTED IN NFP SAVES $5.70 IN FUTURE COSTS FOR THE HIGHEST-RISK FAMILIES SERVED1

NC
Nurse-Family Partnership Goals

1. Improve pregnancy outcomes by helping women engage in good preventive health practices.
2. Improve child health and development by helping parents provide responsible and competent care; and
3. Improve the economic self-sufficiency of the family by helping parents develop a vision for their own future.

Better Worlds Start with Great Mothers

Nurse-Family Partnership empowers vulnerable first-time moms to transform their lives and create better futures for themselves and their babies.

ESTABLISHED: 2000
FAMILIES SERVED: 8,644
NETWORK PARTNERS: 14
COUNTIES CURRENTLY SERVED: 26
TRIBAL COMMUNITIES: 1

There is a magic window during pregnancy... A time when the desire to be a good mother and raise a healthy, happy child creates motivation to overcome incredible obstacles including poverty with the help of a well-trained nurse.

— DAVID OLDS, PH.D., NURSE-FAMILY PARTNERSHIP’S FOUNDER
PROFESSOR OF PEDIATRICS AT UNIVERSITY OF COLORADO