Nurse-Family Partnership® is an evidence-based, community health program with over 40 years of evidence showing significant improvements in the health and lives of first-time moms and their children living in poverty.

Nurse-Family Partnership works by having specially trained nurses regularly visit young, first-time moms-to-be, starting early in the pregnancy, continuing through the child’s second birthday. Mothers, babies, families and communities all benefit.

**NORTH DAKOTA MOMS**

- **21** Median age
- **84%** Unmarried
- **87%** Clients who used Medicaid while in NFP
- **$14,000** Annual household income (median)

**Race**
- 67% White
- 15% Black or African American
- 1% Declined
- 5% Multi-racial
- 9% Asian or Pacific Islander
- 3% American Indian or Alaska Native

**Ethnicity**
- 94% Non-Hispanic
- 5% Hispanic
- 1% Declined

**OUTCOMES FOR NORTH DAKOTA**

* Aggregate data provided by NSO, includes cumulative data for the state up to 11/2018

- **90%** Babies born full term
- **86%** Mothers initiated breastfeeding
- **92%** Babies received all immunizations by 24 months
- **74%** Of clients 18+ were employed at 24 months

*$14,000 annually for 2 years

5x $ RETURN

Every $1 invested in NFP saves $5.70 in future costs for the highest-risk families served.

Nurse-Family Partnership in North Dakota* Aggregate data provided by NSO, includes cumulative state data for North Dakota up to 11/2018; Employment data up to 9/2018
THERE IS A MAGIC WINDOW DURING PREGNANCY... A TIME WHEN THE DESIRE TO BE A GOOD MOTHER AND RAISE A HEALTHY, HAPPY CHILD CREATES MOTIVATION TO OVERCOME INCREDIBLE OBSTACLES INCLUDING POVERTY WITH THE HELP OF A WELL-TRAINED NURSE.

— DAVID OLDS, PH.D., NURSE-FAMILY PARTNERSHIP’S FOUNDER
PROFESSOR OF PEDIATRICS AT UNIVERSITY OF COLORADO

Nurse-Family Partnership Goals

1. Improve pregnancy outcomes by helping women engage in good preventive health practices.
2. Improve child health and development by helping parents provide responsible and competent care; and
3. Improve the economic self-sufficiency of the family by helping parents develop a vision for their own future.

Better Worlds Start with Great Mothers

Nurse-Family Partnership empowers vulnerable first-time moms to transform their lives and create better futures for themselves and their babies.