Nurse-Family Partnership® is an evidence-based, community health program with over 40 years of evidence showing significant improvements in the health and lives of first-time moms and their children living in poverty.

Nurse-Family Partnership works by having specially trained nurses regularly visit young, first-time moms-to-be, starting early in the pregnancy, continuing through the child’s second birthday. Mothers, babies, families and communities all benefit.

**TEXAS MOMS**

19 Median age  
84% Unmarried  
97% Clients who used Medicaid while in NFP  
$7,500 Annual household income (median)

**Race**
58% White  
28% Black or African American  
9% Declined  
2% Multi-racial  
1% Asian or Pacific Islander  
1% American Indian or Alaska Native

**Ethnicity**
40% Non-Hispanic  
58% Hispanic  
2% Declined

5x $ RETURN  
EVERY $1 INVESTED IN NFP SAVES $5.70 IN FUTURE COSTS FOR THE HIGHEST-RISK FAMILIES SERVED

**OUTCOMES FOR TEXAS**

*Aggregate data provided by NSO, includes cumulative state data for Texas up to 11/2018; Employment data up to 9/2018.

89% BABIES BORN FULL TERM

89% MOTHERS INITIATED BREASTFEEDING

95% BABIES RECEIVED ALL IMMUNIZATIONS BY 24 MONTHS

59% OF CLIENTS 18+ WERE EMPLOYED AT 24 MONTHS
**Nurse-Family Partnership Goals**

1. Improve pregnancy outcomes by helping women engage in good preventive health practices.
2. Improve child health and development by helping parents provide responsible and competent care; and
3. Improve the economic self-sufficiency of the family by helping parents develop a vision for their own future.

**Better Worlds Start with Great Mothers**

Nurse-Family Partnership empowers vulnerable first-time moms to transform their lives and create better futures for themselves and their babies.

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**Texas**

**Counts Currently Currently Served: 51**

**Established: 2006**

** Families Served: 14,964**

**Active Agencies: 22**

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**There is a magic window during pregnancy... A time when the desire to be a good mother and raise a healthy, happy child creates motivation to overcome incredible obstacles including poverty with the help of a well-trained nurse.**

— DAVID OLDS, PH.D., NURSE-FAMILY PARTNERSHIP’S FOUNDER

PROFESSOR OF PEDIATRICS AT UNIVERSITY OF COLORADO