Nurse-Family Partnership® is an evidence-based, community health program with over 40 years of evidence showing significant improvements in the health and lives of first-time moms and their children living in poverty.

Nurse-Family Partnership works by having specially trained nurses regularly visit young, first-time moms-to-be, starting early in the pregnancy, continuing through the child’s second birthday. Mothers, babies, families and communities all benefit.

NORTH CAROLINA MOMS

20
Median age
89%
Unmarried
96%
Clients who used Medicaid while in NFP
$7,500
Annual household income (median)

Race
32% White
43% Black or African American
12% Declined
7% Multi-racial
1% Asian or Pacific Islander
5% American Indian or Alaska Native

Ethnicity
80% Non-Hispanic
15% Hispanic
5% Declined

OUTCOMES FOR NORTH CAROLINA

*Aggregate data provided by NSO, includes cumulative state data for North Carolina up to 11/2018; Employment up to 9/2018.

5x
$ RETURN
EVERY $1 INVESTED IN NFP SAVES $5.70 IN FUTURE COSTS FOR THE HIGHEST-RISK FAMILIES SERVED

82% MOTHERS INITIATED BREASTFEEDING

76% BABIES BORN AT A HEALTHY WEIGHT (5.5 LB >)

63% OF CLIENTS 18+ WERE EMPLOYED AT 24 MONTHS

95% BABIES RECEIVED ALL IMMUNIZATIONS BY 24 MONTHS
Nurse-Family Partnership Goals

1. Improve pregnancy outcomes by helping women engage in good preventive health practices.
2. Improve child health and development by helping parents provide responsible and competent care; and
3. Improve the economic self-sufficiency of the family by helping parents develop a vision for their own future.

Better Worlds Start with Great Mothers

Nurse-Family Partnership empowers vulnerable first-time moms to transform their lives and create better futures for themselves and their babies.

ESTABLISHED: 2000
FAMILIES SERVED: 7,416
ACTIVE AGENCIES: 14
COUNTIES CURRENTLY SERVED: 26
TRIBAL COMMUNITIES: 1

“THERE IS A MAGIC WINDOW DURING PREGNANCY... A TIME WHEN THE DESIRE TO BE A GOOD MOTHER AND RAISE A HEALTHY, HAPPY CHILD CREATES MOTIVATION TO OVERCOME INCREDIBLE OBSTACLES INCLUDING POVERTY WITH THE HELP OF A WELL-TRAINED NURSE.”

— DAVID OLDS, PH.D., NURSE-FAMILY PARTNERSHIP’S FOUNDER
PROFESSOR OF PEDIATRICS AT UNIVERSITY OF COLORADO