Nurse-Family Partnership® is an evidence-based, community health program with over 40 years of evidence showing significant improvements in the health and lives of first-time moms and their children living in poverty.

Nurse-Family Partnership works by having specially trained nurses regularly visit young, first-time moms-to-be, starting early in the pregnancy, continuing through the child’s second birthday. Mothers, babies, families and communities all benefit.

WASHINGTON MOMS

19 Median age
87% Unmarried
99% Clients who used Medicaid while in NFP

$7,500 Annual household income (median)

Race
55% White
16% Black or African American
9% Declined
6% Multi-racial
6% Asian or Pacific Islander
3% American Indian or Alaska Native

Ethnicity
64% Non-Hispanic
31% Hispanic
6% Declined

OUTCOMES FOR WASHINGTON

90% BABIES BORN FULL TERM
95% MOTHERS INITIATED BREASTFEEDING
92% BABIES RECEIVED ALL IMMUNIZATIONS BY 24 MONTHS
57% OF CLIENTS 18+ WERE EMPLOYED AT 24 MONTHS

5X
$ RETURN
EVERY $1 INVESTED IN NFP SAVES $5.70 IN FUTURE COSTS FOR THE HIGHEST-RISK FAMILIES SERVED

*Aggregate data provided by NSO, includes cumulative state data for Washington up to 11/2018; Employment up to 9/2018.

*Aggregate data provided by NSO, includes cumulative state data for the state up to 11/2018

*Medicaid data provided by NSO, includes cumulative data for the state up to 9/2018

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**Nurse-Family Partnership Goals**

1. Improve pregnancy outcomes by helping women engage in good preventive health practices.
2. Improve child health and development by helping parents provide responsible and competent care; and
3. Improve the economic self-sufficiency of the family by helping parents develop a vision for their own future.

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**Better Worlds Start with Great Mothers**

Nurse-Family Partnership empowers vulnerable first-time moms to transform their lives and create better futures for themselves and their babies.

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**ESTABLISHED: 1999**

**FAMILIES SERVED: 10,984**

**ACTIVE AGENCIES: 13**

**COUNTIES CURRENTLY SERVED: 16**

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**Quote:**

“There is a magic window during pregnancy… a time when the desire to be a good mother and raise a healthy, happy child creates motivation to overcome incredible obstacles including poverty with the help of a well-trained nurse.”

— David Olks, Ph.D., Founder of Nurse-Family Partnership

Professor of Pediatrics at University of Colorado

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