Nurse-Family Partnership® is an evidence-based, community health program with over 40 years of evidence showing significant improvements in the health and lives of first-time moms and their children living in poverty.

Nurse-Family Partnership works by having specially trained nurses regularly visit young, first-time moms-to-be, starting early in the pregnancy, continuing through the child’s second birthday. Mothers, babies, families and communities all benefit.

**VIRGINIA MOMS**

<table>
<thead>
<tr>
<th>22</th>
<th>Median age</th>
</tr>
</thead>
<tbody>
<tr>
<td>84%</td>
<td>Unmarried</td>
</tr>
<tr>
<td>89%</td>
<td>Clients who used Medicaid while in NFP</td>
</tr>
<tr>
<td>$10,500</td>
<td>Annual household income (median)</td>
</tr>
</tbody>
</table>

**Race**
- 42% White
- 46% Black or African American
- 3% Declined
- 4% Multi-racial
- 2% Asian or Pacific Islander
- 3% American Indian or Alaska Native

**Ethnicity**
- 64% Non-Hispanic
- 36% Hispanic
- .5% Declined

**89% BABIES BORN FULL TERM**

**82% MOTHERS INITIATED BREASTFEEDING**

**96% BABIES RECEIVED ALL IMMUNIZATIONS BY 24 MONTHS**

**65% OF CLIENTS 18+ WERE EMPLOYED AT 24 MONTHS**

5X $ RETURN

Every $1 invested in NFP saves $5.70 in future costs for the highest-risk families served.

OUTCOMES FOR VIRGINIA

*Aggregate data provided by NSO, includes cumulative state data for Virginia up to 11/2018; Employment data up to 9/2018.

*Medicaid data provided by NSO, includes cumulative data for the state up to 6/2018.

*Aggregate data provided by NSO, includes cumulative data for the state up to 11/2018.
**Nurse-Family Partnership Goals**

1. Improve pregnancy outcomes by helping women engage in good preventive health practices.
2. Improve child health and development by helping parents provide responsible and competent care; and
3. Improve the economic self-sufficiency of the family by helping parents develop a vision for their own future.

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**Better Worlds Start with Great Mothers**

Nurse-Family Partnership empowers vulnerable first-time moms to transform their lives and create better futures for themselves and their babies.

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**ESTABLISHED: 2008**

**FAMILIES SERVED: 797**

**ACTIVE AGENCIES: 3**

**COUNTRIES CURRENTLY SERVED: 5**

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“There is a magic window during pregnancy... a time when the desire to be a good mother and raise a healthy, happy child creates motivation to overcome incredible obstacles including poverty with the help of a well-trained nurse.”

— David Olds, Ph.D., Founder of Nurse-Family Partnership

Professor of Pediatrics at University of Colorado

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