Nurse-Family Partnership® is an evidence-based, community health program with over 40 years of evidence showing significant improvements in the health and lives of first-time moms and their children living in poverty.

Nurse-Family Partnership works by having specially trained nurses regularly visit young, first-time moms-to-be, starting early in the pregnancy, continuing through the child’s second birthday. Mothers, babies, families and communities all benefit.

**UTAH MOMS**

- **20** Median age
- **73%** Unmarried
- **89%** Clients who used Medicaid while in NFP
- **$10,500** Annual household income (median)

**Race**

- 71% White
- 5% Black or African American
- 10% Declined
- 2% Multi-racial
- 10% Asian or Pacific Islander
- 3% American Indian or Alaska Native

**Ethnicity**

- 52% Non-Hispanic
- 46% Hispanic
- 2% Declined

**OUTCOMES FOR UTAH**

*Aggregate data provided by NSO, includes cumulative state data for Utah up to 11/2018; Employment up to 9/2018.

- **92%** Babies born full term
- **95%** Mothers initiated breastfeeding
- **95%** Babies received all immunizations by 24 months
- **64%** Of clients 18+ were employed at 24 months

5x $ return

Every $1 invested in NFP saves $5.70 in future costs for the highest-risk families served.
Nurse-Family Partnership Goals

1. Improve pregnancy outcomes by helping women engage in good preventive health practices.
2. Improve child health and development by helping parents provide responsible and competent care; and
3. Improve the economic self-sufficiency of the family by helping parents develop a vision for their own future.

Proven Results

The Nurse-Family Partnership program has been independently reviewed and evaluated, and is ranked as the Gold Standard of home visiting programs. A report from the Center on the Developing Child at Harvard University shows the extent to which very early childhood experiences influence later learning, behavior and health.

"There is a magic window during pregnancy... a time when the desire to be a good mother and raise a healthy, happy child creates motivation to overcome incredible obstacles including poverty with the help of a well-trained nurse."

— David Olds, Ph.D., Founder of Nurse-Family Partnership
Professor of Pediatrics at University of Colorado