Nurse-Family Partnership® is an evidence-based, community health program with over 40 years of evidence showing significant improvements in the health and lives of first-time moms and their children living in poverty.

Nurse-Family Partnership works by having specially trained nurses regularly visit young, first-time moms-to-be, starting early in the pregnancy, continuing through the child’s second birthday. Mothers, babies, families and communities all benefit.

**MARYLAND MOMS**

- Median age: 20
- Unmarried: 95%
- Clients who used Medicaid while in NFP: 99%
- Annual household income (median): $3,000

**Race**

- White: 6%
- Black or African American: 80%
- Multi-racial: 2%
- Asian or Pacific Islander: 2%
- American Indian or Alaska Native: 1%

**Ethnicity**

- Non-Hispanic: 84%
- Hispanic: 14%
- Declined: 2%

**OUTCOMES FOR MARYLAND**

- Babies born full term: 87%
- Mothers initiated breastfeeding: 73%
- Babies received all immunizations by 24 months: 96%
- Of clients 18+ were employed at 24 months: 70%

*Aggregate data provided by NSO, includes cumulative state data for Maryland up to 11/2018; Employment up to 9/2018.

5x $ RETURN

Every $1 invested in NFP saves $5.70 in future costs for the highest-risk families served.
Nurse-Family Partnership Goals

1. Improve pregnancy outcomes by helping women engage in good preventive health practices.
2. Improve child health and development by helping parents provide responsible and competent care; and
3. Improve the economic self-sufficiency of the family by helping parents develop a vision for their own future.

Better Worlds Start with Great Mothers

Nurse-Family Partnership empowers vulnerable first-time moms to transform their lives and create better futures for themselves and their babies.

THERE IS A MAGIC WINDOW DURING PREGNANCY... A TIME WHEN THE DESIRE TO BE A GOOD MOTHER AND RAISE A HEALTHY, HAPPY CHILD CREATES MOTIVATION TO OVERCOME INCREDIBLE OBSTACLES INCLUDING POVERTY WITH THE HELP OF A WELL-TRAINED NURSE.

— DAVID OLDS, PH.D., NURSE-FAMILY PARTNERSHIP’S FOUNDER PROFESSOR OF PEDIATRICS AT UNIVERSITY OF COLORADO