Nurse-Family Partnership® is an evidence-based, community health program with over 40 years of evidence showing significant improvements in the health and lives of first-time moms and their children living in poverty.

Nurse-Family Partnership works by having specially trained nurses regularly visit young, first-time moms-to-be, starting early in the pregnancy, continuing through the child’s second birthday. Mothers, babies, families and communities all benefit.

**DELAWARE MOMS**

<table>
<thead>
<tr>
<th>Statistic</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>19</td>
<td>Median age</td>
</tr>
<tr>
<td>93%</td>
<td>Unmarried</td>
</tr>
</tbody>
</table>

97% Clients who used Medicaid while in NFP

$3,000 Annual household income (median)

**Race**

- 24% White
- 51% Black or African American
- 12% Declined
- 11% Multi-racial
- 1% Asian or Pacific Islander
- 1% American Indian or Alaska Native

**Ethnicity**

- 77% Non-Hispanic
- 21% Hispanic
- 2% Declined

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**OUTCOMES FOR DELAWARE**

*Aggregate data provided by NSO, includes cumulative state data for Delaware up to 11/2018; Employment up to 9/2018.

89% **BABIES BORN FULL TERM**

83% **MOTHERS INITIATED BREASTFEEDING**

95% **BABIES RECEIVED ALL IMMUNIZATIONS BY 24 MONTHS**

72% **OF CLIENTS 18+ WERE EMPLOYED AT 24 MONTHS**

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5x $ RETURN

EVERY $1 INVESTED IN NFP SAVES $5.70 IN FUTURE COSTS FOR THE HIGHEST-RISK FAMILIES SERVED

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*Aggregate data provided by NSO, includes cumulative state data for Delaware up to 11/2018; Employment up to 9/2018.
**Nurse-Family Partnership Goals**

1. Improve pregnancy outcomes by helping women engage in good preventive health practices.
2. Improve child health and development by helping parents provide responsible and competent care; and
3. Improve the economic self-sufficiency of the family by helping parents develop a vision for their own future.

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**Proven Results**

The Nurse-Family Partnership program has been independently reviewed and evaluated, and is ranked as the Gold Standard of home visiting programs. A report from the Center on the Developing Child at Harvard University shows the extent to which very early childhood experiences influence later learning, behavior and health.

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**THERE IS A MAGIC WINDOW DURING PREGNANCY... A TIME WHEN THE DESIRE TO BE A GOOD MOTHER AND RAISE A HEALTHY, HAPPY CHILD CREATES MOTIVATION TO OVERCOME INCREDIBLE OBSTACLES INCLUDING POVERTY WITH THE HELP OF A WELL-TRAINED NURSE.**

— DAVID OLDS, PH.D., NURSE-FAMILY PARTNERSHIP’S FOUNDER

PROFESSOR OF PEDIATRICS AT UNIVERSITY OF COLORADO

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