

Nurse-Family Partnership Education Overview Update: April 1, 2019

Nurse-Family Partnership's (NFP) education for nurse home visitors (NHV) and nurse supervisors (NS) consists of three categories:

- Initial Required Education (from hire to 6 months after Unit 2)
- Advanced Required Education (from 6-24 months after Unit 2)
- Building Mastery (optional education available any time after Unit 2)







Nurse-Family Partnership Education Descriptions

Nurse supervisors complete all of the education for nurse home visitors <u>and</u> have additional education offerings specific to the NFP nurse supervisor role.

INITIAL REQUIRED EDUCATION

• UNIT 1 for NHV and NS: Unit 1: Introduction to Nurse-Family Partnership consists of 20 plus hours of independent study, also 20 nursing Continuing Education (CE) hours are available. Unit 1 includes a workbook with several chapters that introduce the NFP program model, concepts, and approaches and is followed by a knowledge assessment. Content is focused on understanding and delivering the Nurse-Family Partnership model with fidelity. It includes information on program theories, model elements, development of a therapeutic relationship, domains of care, reflective practice, parenting, and use of data to guide practice. It also includes eLearning modules introducing the Strengths and Risks Framework (STAR) and Stages of Behavior Change.

Additional: UNIT 1 for nurse supervisors includes additional eLearning modules focused on Agency Setup and Orienting to the NFP program.

• UNIT 2 for NHV and NS: Unit 2: Nurse-Family Partnership Nursing Practice includes five days of classroom education (two of which are half days) with 27 nursing CE hours available. Content focuses on review and application of Unit 1 content for enhanced knowledge and skill development. Themes of cultural responsiveness, engaging and enrolling clients, and nursing assessment and intervention are woven throughout.

Additional: During Unit 2, nurse supervisors participate in breakout sessions focused on the supervisor role, reflective supervision, and supporting nurse home visitors.

 UNIT 3 for NHV and NS: Unit 3 Deepening NFP Nursing Practice is multi-platform education that includes facilitated conversations, downloadable professional development guides, and eLearning modules of up to 20 hours. It includes eLearning modules about Clinical Intimate Partner Violence Assessment, Early Emotional Development and Motivational Interviewing to deepen skill in NFP model components.

Additional: Nurse supervisor Unit 3 assignments include content on Client and Nurse Recruitment, Client Engagement and Enrollment, and Data Reports, recruiting and hiring nurses, Community Advisory Boards, and documentation. This is also multi-platform education.

ADVANCED REQUIRED EDUCATION

- UNIT 4 for Nurse Supervisors only: Unit 4: Nurse-Family Partnership Team Leadership consists of three days of classroom education completed 4-6 months after completion of Unit 2. It is specifically designed for nurse supervisors and includes content about the supervisor role, agency assessment and planning, use of data, marketing, reflective practice, team leadership, case conferences, compassion fatigue, the NFP model elements, and model fidelity.
- NFP NSO Provided Advanced Required Education: Beyond Unit 3 and Unit 4, other required education occurs within the first couple of years of tenure with NFP including coursework focused on mental health and intimate partner violence.
- Third-Party Provided Advanced Required Education: Arranged separately from the NFP National Service Office (NFP NSO), NFP NHV and NS complete the Keys to Caregiving self-study course (five to six hours, NCAST) and Dyadic Assessment of Naturalistic Caregiver-Child Experiences (DANCE) education (24 hours, PRC @ University of Colorado). Information about various elements of these programs are included on the NFP website. Note that materials and education for both Keys to Caregiving and DANCE are provided directly by these approved third-party vendors and not by the NFP NSO.

BUILDING MASTERY

- Education available in Building Mastery is optional and can be completed at any time. This includes courses on supporting clients with substance use and protecting the child.
- Nursing Practice Modules are also included in Building Mastery. There are over 25 modules available on a variety of topics that support NFP implementation.
- There are several NFP Nursing Practice Videos offering nurse-client interaction exemplifying techniques taught in NFP Education. The videos cover motivational interviewing, reflection in practice, therapeutic relationships, and nursing practice using client centered principles to stimulate NFP team discussion using a reflective practice approach, critical thinking, evidencebased caring, and nursing process.