Nurse-Family Partnership® is an evidence-based, community health program with over 40 years of evidence showing significant improvements in the health and lives of first-time moms and their children living in poverty.

Nurse-Family Partnership works by having specially trained nurses regularly visit young, first-time moms-to-be, starting early in the pregnancy, continuing through the child’s second birthday. Mothers, babies, families and communities all benefit.

**ARIZONA MOMS**

- **Median age**: 20
- **Unmarried**: 83%
- **Clients who used Medicaid while in NFP**: 95%
- **Annual household income (median)**: $10,500

**Race**
- 57% White
- 10% Black or African American
- 18% Declined
- 5% Multi-racial
- 4% Asian or Pacific Islander
- 5% American Indian or Alaska Native

**Ethnicity**
- 36% Non-Hispanic
- 60% Hispanic
- 4% Declined

**POSITIVE OUTCOMES FOR ARIZONA**

*Aggregate data provided by NSO, includes cumulative state data for Arizona up to 11/2018; Medicaid data provided by NSO, includes cumulative data for Arizona up to 09/2018.

- **Babies born at a healthy weight (5.5 LB ≥)**: 91%
- **Babies born full term**: 91%
- **Mothers initiated breastfeeding**: 94%
- **Babies received all immunizations by 24 months**: 94%
- **Of clients 18+ were employed at 24 months**: 52%

**5x $ return**

Every $1 invested in NFP saves $5.70 in future costs for the highest-risk families served.
Nurse-Family Partnership Goals

1. Improve pregnancy outcomes by helping women engage in good preventive health practices.
2. Improve child health and development by helping parents provide responsible and competent care; and
3. Improve the economic self-sufficiency of the family by helping parents develop a vision for their own future.

Proven Results

The Nurse-Family Partnership program has been independently reviewed and evaluated, and is ranked as the Gold Standard of home visiting programs. A report from the Center on the Developing Child at Harvard University shows the extent to which very early childhood experiences influence later learning, behavior and health.

THERE IS A MAGIC WINDOW DURING PREGNANCY... A TIME WHEN THE DESIRE TO BE A GOOD MOTHER AND RAISE A HEALTHY, HAPPY CHILD CREATES MOTIVATION TO OVERCOME INCREDIBLE OBSTACLES INCLUDING POVERTY WITH THE HELP OF A WELL-TRAINED NURSE.

— DAVID OLDS, PH.D., NURSE-FAMILY PARTNERSHIP’S FOUNDER
PROFESSOR OF PEDIATRICS AT UNIVERSITY OF COLORADO