Nurse-Family Partnership® (NFP) is an evidence-based community health program that helps transform the lives of vulnerable mothers pregnant with their first child. Each mother served by Nurse-Family Partnership is partnered with a registered nurse to receive home visits from pregnancy through the baby’s second birthday. Mothers, babies, families and communities all benefit.

**NURSE-FAMILY PARTNERSHIP GOALS**

1. Improve pregnancy outcomes by helping women engage in good preventive health practices, including thorough prenatal care from their healthcare providers, improving their diets and reducing their use of cigarettes, alcohol and illegal substances.

2. Improve child health and development by helping parents provide responsible and competent care.

3. Improve the economic self-sufficiency of the family by helping parents develop a vision for their own future, plan future pregnancies, continue their education and find work.

**MOM’S DEMOGRAPHICS AT ENROLLMENT**

- **MEDIAN AGE:** 19
- **87% UNMARRIED**
- **88% RECEIVE MEDICAID**
  
  cumulative as of 12/31/17

- **RACE**
  - 14% Black/African-American
  - 54% White
  - 5% American Indian/Alaska Native
  - 6% Asian/Pacific Islander
  - 10% Multi-racial
  - 12% Declined to self-identify

- **ETHNICITY**
  - 65% non-Hispanic/Latina
  - 32% Hispanic/Latina
  - 4% Declined to self-identify

  10/1/10 – 12/31/17; all data is self-identified

**POSITIVE OUTCOMES FOR Washington**

- 91% babies born full term
- 96% mothers initiated breastfeeding
- 38% mothers obtained Diploma/GED in duration of program

Cumulative data as of 12/31/17, clients served by Washington’s Nurse-Family Partnership.
NURSE-FAMILY PARTNERSHIP IN WASHINGTON

Nurse-Family Partnership is operated by the local public health agencies in each county, except in Yakima where it is operated collaboratively by Yakima Memorial Hospital and Yakima Valley Farm Workers Clinic and in Snohomish County, where ChildStrive delivers the NFP program.

Nurse-Family Partnership began in four counties in Washington with a total of seven nurses in 1999 and has continued to grow. Today NFP serves families in 14 counties with over 90 nurse home visitors. We value and appreciate collaborating with agencies like WIC, DSHS, schools and medical providers to establish a referral base and to provide comprehensive care coordination to the families that we mutually serve. All NFP agencies participate in the Washington State consortium that meets quarterly to discuss fidelity to the model, solve issues facing individual agencies, review data and support NFP implementation across the state.

FUNDING AND POLITICAL CONTEXT

Nurse-Family Partnership draws from a wide range of funding, including: state general-funds and private dollars through the Home Visiting Services Account, First Steps (a state defined Medicaid service), city and county funds, local levy funds, local agency support, private foundations, federal grants and the federal Maternal, Infant and Early Childhood Home Visiting (MIECHV) program.

NATIONAL RECOGNITION

“Programs such as the Nurse-Family Partnership — in which nurses visit first-time, low-income mothers to provide information on nutrition and parenting — may be a more focused (and cost-effective) way to increase the school readiness of at-risk kids.”


“...the Nurse-Family Partnership, one of my favorite groups fighting poverty in America. It sends nurses on regular visits to at-risk first-time moms. The nurses warn about alcohol or drug abuse and encourage habits of attentive parenting, like reading to the child.”


“Another example is the Department of Health and Human Services’ Home Visiting Program. It funds evidence-based approaches to home visiting, such as the Nurse Family Partnership, to help first-time, low-income mothers ensure their children are healthy and ready to learn. As a result, more disadvantaged mothers are receiving quality help at a critical period in their children’s lives.”

American Enterprise Institute, February 2017

Interested in learning more about NFP in Washington?
Please contact us at: businessdevelopment@nursefamilypartnership.org