



Nurse-Family Partnership

Helping First-Time Parents Succeed[®]

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Nurse-Family Partnership and Substance Abuse

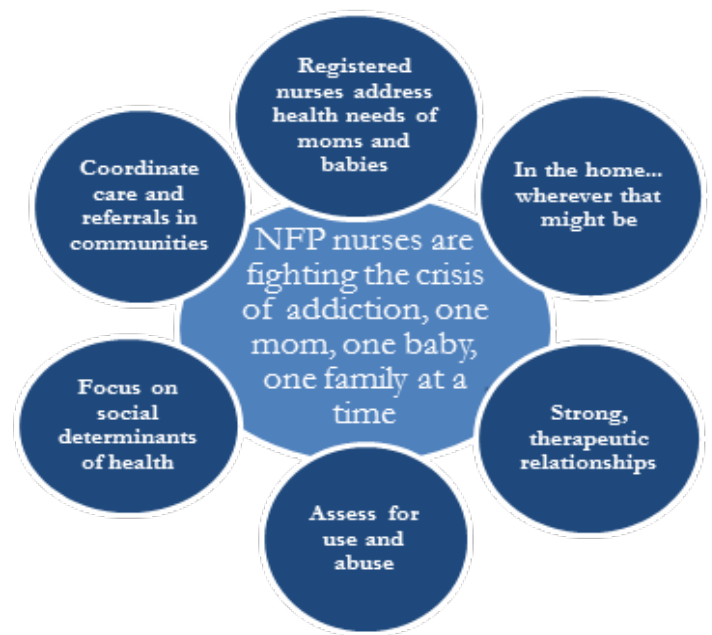
Nurse-Family Partnership[®] (NFP) is an evidence-based community health program that partners registered nurses with first time, low-income mothers beginning early in pregnancy and continuing until the child is age 2.

The Opioid Crisis Impacts Millions of Lives

NFP is making a difference for moms and babies by replacing risk factors with protective factors. Aggregate hospital charges for Neonatal Abstinence Syndrome increased from \$732 million to \$1.5 billion, with 81% attributed to state Medicaid programs in 2012¹. NFP has a proven track record of helping to prevent or address health risks resulting from substance abuse, including opioids and heroin, while also demonstrating significant government cost savings.

Substance abuse can affect the entire family system

“Nurses in NFP are the ‘constant’ when many other service providers are coming in and out when mom is moving towards recovery or through relapse. In my own practice, having a strong connection made a big difference when a mother was struggling with relapse and needed help. Being able to recognize the early signs for her and knowing the resources in the community to get her help when she was ready, as well as focusing on safety for the infant throughout recovery, was essential.”
--NFP Nurse Home Visitor



“Mothers and fathers who aren’t prepared to be parents require support and education. A model that’s been shown to protect children from infancy onward is the Nurse-Family Partnership, a program targeting primarily first-time mothers, mostly single and poor, whose kids are in an extremely high-risk group...The Nurse-Family Partnership is one way that risk factors can be replaced by protective factors that lead to lower incidence of drug use.” -David Sheff, best-selling author of the book “Clean” on overcoming drug addiction.

Key Outcomes for Our Families

Over 40 years of research from randomized, controlled trials prove the NFP model works — delivering **multigenerational outcomes** across the three goals of the model.



Improved pregnancy outcomes



Improved child health and development



Improved economic self-sufficiency of the family

¹Patrick, S. W., Davis, M. M., Lehmann, C. U., & Cooper, W. O. (2015). Increasing incidence and geographic distribution of neonatal abstinence syndrome: United States 2009 to 2012. Journal of Perinatology, 650-655.