Nurse-Family Partnership® (NFP) is an evidence-based community health program that helps transform the lives of vulnerable mothers pregnant with their first child. Each mother served by Nurse-Family Partnership is partnered with a registered nurse to receive home visits from pregnancy through the baby’s second birthday. Mothers, babies, families and communities all benefit.

**NURSE-FAMILY PARTNERSHIP GOALS**

1. Improve pregnancy outcomes by helping women engage in good preventive health practices, including thorough prenatal care from their healthcare providers, improving their diets and reducing their use of cigarettes, alcohol and illegal substances.

2. Improve child health and development by helping parents provide responsible and competent care.

3. Improve the economic self-sufficiency of the family by helping parents develop a vision for their own future, plan future pregnancies, continue their education and find work.

**POSITIVE OUTCOMES FOR Indiana**

- 90% babies born full term
- 90% mothers initiated breastfeeding
- 67% of clients 18+ were employed

Cumulative data as of 12/31/17, clients served by Indiana’s Nurse-Family Partnership.

**MOM’S DEMOGRAPHICS AT ENROLLMENT**

- **MEDIAN AGE:** 21
- **86% UNMARRIED**
- **67% RECEIVE MEDICAID** cumulative as of 12/31/17

**RACE**

- 55% Black/African-American
- 27% White
- 2% American Indian/Alaska Native
- 4% Asian/Pacific Islander
- 2% Multi-racial
- 11% Declined to self-identify

**ETHNICITY**

- 75% non-Hispanic/Latina
- 21% Hispanic/Latina
- 4% Declined to self-identify

10/1/10 – 12/31/17; all data is self-identified
### Nurse-Family Partnership in Indiana

<table>
<thead>
<tr>
<th>Established In 2011</th>
<th>2,588 Families Served</th>
<th>36 Counties Served</th>
<th>3 Agencies</th>
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</table>

Based on a review of 41 NFP evaluation studies, Dr. Ted Miller of the Pacific Institute for Research and Evaluation predicts that nationwide every dollar invested in NFP will yield a return on investment to government of $2.90 and to society of $6.40.

### NURSE-FAMILY PARTNERSHIP IN INDIANA

Goodwill of Central & Southern Indiana began implementing Nurse-Family Partnership in Marion County in 2011 and today serves in 29 additional counties including: Shelby, Johnson, Morgan, Hendricks, Montgomery, Tippecanoe, White, Carroll, Clinton, Howard, Tipton, Grant, Blackford, Madison, Delaware, Randolph, Henry, Wayne, Bartholomew, Jennings, Jackson, Washington, Jefferson, Scott, Clark, Floyd, Harrison, Crawford and Lake. In 2018, 2 additional agencies were awarded money to implement Nurse-Family Partnership in Indiana. Healthier Moms and Babies NFP is funded to serve over 200 families in Allen County and Indiana University Health Community Health NFP serves Monroe, Owen, Greene, Lawrence, and Orange counties.

### FUNDING AND POLITICAL CONTEXT

The funding for all Nurse-Family Partnership programs in Indiana comes from a combination of the federal Maternal, Infant and Early Childhood Home Visiting (MIECHV) program, as well as Title V funding, through the Indiana State Department of Health. Additional funding comes from new state general revenue funding, private funding and support from numerous foundations.

### NATIONAL RECOGNITION

“Programs such as the Nurse-Family Partnership — in which nurses visit first-time, low-income mothers to provide information on nutrition and parenting — may be a more focused (and cost-effective) way to increase the school readiness of at-risk kids.”


“…the Nurse-Family Partnership, one of my favorite groups fighting poverty in America. It sends nurses on regular visits to at-risk first-time moms. The nurses warn about alcohol or drug abuse and encourage habits of attentive parenting, like reading to the child.”


“Another example is the Department of Health and Human Services’ Home Visiting Program. It funds evidence-based approaches to home visiting, such as the Nurse Family Partnership, to help first-time, low-income mothers ensure their children are healthy and ready to learn. As a result, more disadvantaged mothers are receiving quality help at a critical period in their children’s lives.”

- American Enterprise Institute, February 2017

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Interested in learning more about NFP in Indiana? Please contact us at: businessdevelopment@nursefamilypartnership.org

Nurse-Family Partnership
Helping First-Time Parents Succeed

National Service Office:
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