

### A CAREER YOU CAN FEEL PASSIONATE ABOUT

Why do Nurse-Family Partnership Nurse Home Visitors choose this job over so many other options?

They like the autonomy and flexibility of working in the community.

They like using a variety of their skills—and continually learning more.

They like getting to know their clients, visiting them in their homes from pregnancy until the child is two years old.

They like that they're providing a very special kind of support to first-time moms.

They like that their clients trust them.

# But perhaps most importantly,

NFP Nurse Home Visitors know that they are working in an evidence-based program that makes a measurable difference in the lives of their clients.

They know they are helping young women have healthier pregnancies—and healthier babies.



NURSE-FAMILY PARTNERSHIP (NFP) GOALS AND OUTCOMES FROM THE RANDOMIZED, CONTROLLED TRIALS OF NFP.

1. Improve pregnancies

оитсоме: 35% fewer hypertensive disorders

during pregnancy

OUTCOME: 79% reduction in preterm delivery

among women who smoked

2. Improve child health and development

OUTCOME: 48% reduction in child abuse

and neglect

OUTCOME: 67% reduction in behavioral and

intellectual problems

3. Improve family economic self-sufficiency

OUTCOME: 20% decrease in welfare use of

the family

**OUTCOME:** 72% fewer convictions of mothers



"On Friday mornings we meet in the cafeteria, and we go around the circle and share our highs and lows for the week. Sometimes the stories are frustrating or heavy, but mostly it's rewarding, and it helps us emotionally refuel. We've found a job that feels like us."

- Pat Yoder, Supervisor

PLEASE VISIT WWW.NURSEFAMILYPARTNERSHIP.ORG > ABOUT US > EMPLOYMENT OPPORTUNITIES OR CONTACT YOUR LOCAL AGENCY.

#### JOIN A GROUP OF NURSES WHO LOVE THEIR WORK.

## One nurse's story:

When I started as an NFP Nurse Home Visitor and saw the scientific results in the training materials, I thought, Okay, it looks good; but I'll believe it when I see it.

Now that I've been part of the program for seven years, I know it works. I love this job. I wouldn't ever want to do anything else.

Yes, it's a hard job. But we love it because we know it's a valuable one. We don't take lightly the fact that we're working directly with people's lives. We know we have a hand in the future.

One of my moms, Charque, went into preterm labor while her boyfriend was in juvenile detention. But she's doing well now. She graduated high school, she's working and thinking about college.

But other situations are much tougher. I had one client I visited for two years, and I'll tell you, I had to physically and mentally prepare myself every time I went into her home. I just never knew what I was going to see. This young woman had fundamental physical and mental health issues, she didn't have a job, her husband worked at a donut shop, her parents were both dead. She had no health insurance, she was smoking, the fridge was always empty, the house was a mess, toys everywhere, and she was spending all her money on toys for the baby.

But as bad as it was, I truly believe if I weren't visiting her, it would've been worse. I got her to quit smoking, I got her on a food stamp program and hooked up with a living skills specialist.

A lot of the young women I see come from homes that are really rough. Some have no positive male role models, so the first guy who comes along and shows them any attention, they think it's love, and the next thing you know, they're pregnant. They don't have anyone to talk to, and people are telling them "you ruined your life."

Well, I'm someone she can talk to. She knows I'm not judgmental, I just listen to what she has to say and try not to tell her what I would do. Of course it can be frustrating—they need to come to decisions on their own, and we back them up, whatever they decide.

You know, we not only help young girls, we're also helping their children. I run into my moms whose babies are now in kindergarten, and they tell me, "Oh, he's reading the books you brought me!" Then I know that, because they enjoy reading, they'll enjoy school—and that means they'll go further in life.

Christina Baker, NFP Nurse Home Visitor, has a BA In psychology from Rutgers University and a BSN in nursing from Neumann College. Born and raised in Philadelphia, Christina worked as a social worker for 10 years and as a nurse in a pediatric hospital for two years before coming to work for Nurse-Family Partnership in 2001.

#### A DAY IN THE LIVES OF NFP NURSE HOME VISITORS









