



STATE PROFILE 2012

NURSE-FAMILY PARTNERSHIP IN UTAH

Nurse-Family Partnership® (NFP) is an evidence-based, community health program that helps transform the lives of vulnerable mothers pregnant with their first child. Each mother served by NFP is partnered with a registered nurse early in her pregnancy and receives ongoing nurse home visits that continue through her child's second birthday. Independent research proves that communities benefit from this relationship — every dollar invested in Nurse-Family Partnership can yield up to five dollars in return.

NURSE-FAMILY PARTNERSHIP GOALS

1. Improve pregnancy outcomes by helping women engage in good preventive health practices, including thorough prenatal care from their healthcare providers, improving their diets, and reducing their use of cigarettes, alcohol and illegal substances;
2. Improve child health and development by helping parents provide responsible and competent care; and
3. Improve the economic self-sufficiency of the family by helping parents develop a vision for their own future, plan future pregnancies, continue their education and find work.

Positive Outcomes for Clients Served by Utah's Nurse-Family Partnership

92% of babies were born full term

92% of babies were born at a healthy weight - at or above at 2500 g (5.5 lbs)

92% of mothers initiated breastfeeding

94% of children received all recommended immunizations by 24 months

CLIENT DEMOGRAPHICS

At intake

Median age: 19

78% Unmarried

30% Medicaid recipients

Cumulative data as of Sept. 30, 2011

Race

55% White

26% Declined to self-identify/No response

6% Multi-racial

5% American Indian/Alaska Native

2% Black or African American

3% Asian

Ethnicity

43% Hispanic/Latina

49% Non-Hispanic/Latina

8% Declined to self-identify/No response

Data Oct. 1, 2010 - Sept. 30, 2011.

All data is client self-identified.



In Utah, Nurse-Family Partnership is currently serving clients in Salt Lake County.

IMPLEMENTING AGENCY CONTEXT

The first Nurse-Family Partnership site in Utah was established at the Salt Lake Valley Health Department (SLVHD). SLVHD has provided maternal child health and home-based services to low-income families for over 40 years and serves all 16 cities and six townships that lie within Salt Lake County.

FUNDING AND POLITICAL CONTEXT

Funding for Nurse-Family Partnership in Utah comes from county funds, Title V-Maternal and Child Health Block Grant, a grant from the Department of Child and Family Services through the Community-Based Child Abuse Prevention (CBCAP) federal funding stream and the Maternal, Infant and Early Childhood Home Visiting (MIECHV) Program funding created by the Affordable Care Act of 2010.

PUBLIC HEALTH PROGRAM WITH PROVEN AND MEASURABLE RESULTS

Societal Benefits

Nurse-Family Partnership is one of the only community health programs that is based on evidence from randomized, controlled trials – more than 30 years of research proves that it works. This evidence shows our clients – eligible first-time mothers – that if they follow the program and work with their nurse, they can transform their lives and the lives of their children. Moreover, independent policy research makes clear for policymakers and communities they serve that for every public health dollar they

invest in a Nurse-Family Partnership program, they could realize up to five dollars in return.

National Recognition

- The Washington State Institute for Public Policy, The RAND Corporation and The Brookings Institution have all concluded that investments in Nurse-Family Partnership lead to significant returns to society and government, giving taxpayers a \$2.88-\$5.70 return per dollar invested in the program.
- The Partnership for America's Economic Success finds investments in early childhood programs, such as Nurse-Family Partnership, to be stronger investments than state business subsidies when viewed from a long-term, national perspective.



- Office of Juvenile Justice & Delinquency Prevention (OJJDP) recognizes Nurse-Family Partnership as an Exemplary Model Program.
- The non-profit, non-partisan Coalition for Evidence-Based Policy finds “strong evidence of effects on life outcomes of children and mothers” by Nurse-Family Partnership.
- The Center for the Study and Prevention of Violence reviewed over 650 programs with published research in peer-reviewed literature. Nurse-Family Partnership is one of 11, or 6% of the programs, that clearly work or even appear promising. The Center fully supports and endorses NFP as one of its “Blueprints” programs.

ESTABLISHED: 2008
FAMILIES ENROLLED: 316



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