



STATE PROFILE 2012

NURSE-FAMILY PARTNERSHIP IN PENNSYLVANIA



Nurse-Family Partnership® (NFP) is an evidence-based community health program that helps transform the lives of vulnerable mothers pregnant with their first child. Each mother served by NFP is partnered with a registered nurse early in her pregnancy and receives ongoing nurse home visits that continue through her child's second birthday. Independent research proves that communities benefit from this relationship — every dollar invested in Nurse-Family Partnership can yield up to five dollars in return.

NURSE-FAMILY PARTNERSHIP GOALS

1. Improve pregnancy outcomes by helping women engage in good preventive health practices, including thorough prenatal care from their healthcare providers, improving their diets, and reducing their use of cigarettes, alcohol and illegal substances;
2. Improve child health and development by helping parents provide responsible and competent care; and
3. Improve the economic self-sufficiency of the family by helping parents develop a vision for their own future, plan future pregnancies, continue their education and find work.

Positive Outcomes for Clients Served by Pennsylvania's Nurse-Family Partnership

90% of babies were born full term and 90% were born at a healthy weight - at or above 2500g (5.5 lbs)

95% of children received all recommended immunizations by 24 months of age

44% of mothers who entered the program without a diploma/GED have since earned one, and another 22% are working toward obtaining one

64% of mothers initiated breastfeeding

CLIENT DEMOGRAPHICS

At intake

Median age: 19
92% Unmarried
60% Medicaid recipients
Cumulative data as of Sept. 30, 2011

Race

55% White
23% Black or African American
17% Declined to self-identify/No response
2% Multi-racial
1% American Indian/Alaska Native
1% Native Hawaiian/Pacific Islander
1% Asian

Ethnicity

77% Non-Hispanic/Latina
18% Hispanic/Latina
5% Declined to self-identify/No response

Data from Oct. 1, 2010 - Sept. 30, 2011.
All data is client self-identified.

ESTABLISHED: 2000
FAMILIES SERVED: 17,939



Nurse-Family Partnership currently serves 40 of Pennsylvania's 67 counties: Allegheny, Berks, Blair, Bradford, Cambria, Carbon, Centre, Chester, Columbia, Cumberland, Dauphin, Franklin, Delaware, Erie, Fayette, Huntingdon, Lackawanna, Lancaster, Lawrence, Lehigh, Luzerne, Lycoming, Montour, Monroe, Montgomery, Northumberland, Northampton, Perry, Philadelphia, Pike, Schuylkill, Snyder, Sullivan, Susquehanna, Wayne, Wyoming, and York. Each agency implementing NFP provides a significant financial contribution to ensure successful implementation of the NFP program.

IMPLEMENTING AGENCY HISTORY

The first three sites in Pennsylvania were started in 1999 through the Pennsylvania Commission on Crime and Delinquency (PCCD). In 2001, the Governor and the Department of Public Welfare made an unprecedented decision to shift nearly \$20 million in unspent TANF (Temporary Assistance for Needy Families) funds to help expand Nurse-Family Partnership to 20 additional locations throughout the Commonwealth.

FUNDING AND POLITICAL STRATEGY

Today, Pennsylvania's Nurse-Family Partnership state-wide initiative is supported primarily through state funding administered by the Office of Child Development and Early Learning in the Pennsylvania Department of Public Welfare and the Department of Education. In addition to general state funds, the programs receives reimbursement through Medicaid to support eligible services.

The program also is supported by local and private organizations and foundations including: United Way, Carlisle Area Health and Wellness Foundation, Jameson Health System, Phoenixville Community Health Foundation, Brandywine Health Foundation, Health & Wellness Foundation of Southern Chester County, Heinz Foundation, Operation Our Town Blair County, Berwick Health

and Wellness Fund of the Central Susquehanna Community Foundation, PNC Bank and the Federation of Independent School Alumnae.

A PUBLIC HEALTH PROGRAM WITH PROVEN AND MEASURABLE RESULTS

Societal Benefits

Nurse-Family Partnership is a rare community health programs based on evidence from randomized, controlled trials – more than 30 years of research proves that it works.

Independent policy research from organizations such as RAND and The Brookings Institution make clear that investments in Nurse-Family Partnership lead to significant returns.

In 2008, the Prevention Research Center at Pennsylvania State University released the report "The Economic Return on PCCD's (Pennsylvania Commission on Crime and Delinquency) Investment in Research-based Programs: A Cost-Benefit Assessment of Delinquency Prevention in Pennsylvania." The report examines the



Commission's investment in evidenced-based programs and the cost-savings the programs provide to the Commonwealth and taxpayers.

Using cost-effectiveness figures based on well-established and conservative economic analyses, the report concludes that for each dollar invested in the Nurse-Family Partnership program, the statewide economic benefit is \$3.59. The report states that 25 Nurse-Family Partnership programs statewide serving approximately 3,200 families represents a total potential economic benefit above and beyond the initial investment of \$119,574,400.

More information and the full study are on the Penn State University Prevention Research Center's website at http://prevention.psu.edu/pubs/Research_Reports.html.



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