



STATE PROFILE 2012



NURSE-FAMILY PARTNERSHIP IN OREGON

Nurse-Family Partnership (NFP) is an evidence-based, community health program that helps transform the lives of vulnerable mothers pregnant with their first child. Each mother served by NFP is partnered with a registered nurse early in her pregnancy and receives ongoing nurse home visits that continue through her child's second birthday. Independent research proves that communities benefit from this relationship — every dollar invested in Nurse-Family Partnership can yield up to five dollars in return.

NURSE-FAMILY PARTNERSHIP GOALS

1. Improve pregnancy outcomes by helping women engage in good preventive health practices, including thorough prenatal care from their healthcare providers, improving their diets, and reducing their use of cigarettes, alcohol and illegal substances;
2. Improve child health and development by helping parents provide responsible and competent care; and
3. Improve the economic self-sufficiency of the family by helping parents develop a vision for their own future, plan future pregnancies, continue their education and find work

Positive Outcomes for Clients Served by Oregon's Nurse-Family Partnership

93% of babies were born at a healthy weight - at or above 2500 g (5.5 lbs)

91% of babies were born full term

93% of mothers initiated breast-feeding and 49% continue to breastfeed at child age 6 months

42% of mothers who entered the program without a diploma/GED have since earned one, and another 15% are working toward obtaining one

CLIENT DEMOGRAPHICS

At intake

Median age: 19
83% Unmarried
47% Medicaid recipients
Cumulative data as of Sept. 30, 2011

Race

45% White
33% Declined to self-identify/No response
10% Black or African American
6% Multi-racial
3% Asian
2% American Indian/Alaska Native
1% Native Hawaiian/Pacific Islander

Ethnicity

52% Hispanic/Latina
46% Non-Hispanic/Latina
2% Declined to self-identify/No response

Data Oct. 1, 2010 - Sept. 30, 2011.
All data is client self-identified.



In Oregon, Nurse-Family Partnership currently serves clients in Crook, Deschutes, Jefferson and Multnomah Counties.

IMPLEMENTING AGENCY CONTEXT

The Multnomah Nurse-Family Partnership is implemented by the Multnomah County Health Department. It began in 1999 with four nurses and has continued to grow and expand over the years to 18 nurses today. In Deschutes, Jefferson and Cook counties, the program is operated under a tri-county partnership between the three county Health Departments. For all NFP agencies in Oregon, NFP operates side-by-side with the other home visiting programs provided by the Health Department, creating a continuum of care for families in the community.

FUNDING AND POLITICAL CONTEXT

Varied funding sources support Nurse-Family Partnership in Oregon, including: Oregon Healthy Start, Juvenile Justice Prevention funding, Medicaid maternity case management, targeted case management and general county funds and the federal Maternal, Infant and Early Childhood Home Visiting Program funds.

PUBLIC HEALTH PROGRAM WITH PROVEN AND MEASURABLE RESULTS

Societal Benefits

Nurse-Family Partnership is a rare community health programs that is based on evidence from randomized, controlled trials – more than 30 years of research proves that it works.

This evidence shows our clients – eligible first-

time mothers – that if they follow the program and work with their nurse, they can transform their lives and the lives of their children. Moreover, independent policy research makes clear that every public health dollar policymakers and communities invest in Nurse-Family Partnership could realize up to five dollars in return.

National Recognition

- The Washington State Institute for Public Policy, The RAND Corporation and The Brookings Institution have concluded that investments in Nurse-Family Partnership lead to significant returns to society and government, giving taxpayers a \$2.88-5.70 return per dollar invested in the program.
- The Office of Juvenile Justice & Delinquency Prevention (OJJDP) recognizes Nurse-Family Partnership as an Exemplary Model Program.
- The Partnership for America's Economic Success finds investments in early childhood programs, such as Nurse-Family Partnership, to be stronger



investments than state business subsidies when viewed from a long-term, national perspective.

- The non-profit, non-partisan Coalition for Evidence-Based Policy finds “strong evidence of effects on life outcomes of children and mothers” by Nurse-Family Partnership.

ESTABLISHED: 1999
FAMILIES SERVED: 1,874



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