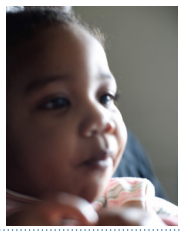
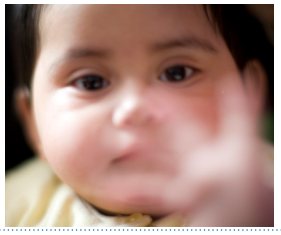
Nurse-Family Partnership

Helping First-Time Parents Succeed®





STATE PROFILE 2013

NURSE-FAMILY PARTNERSHIP IN NEVADA

Nurse-Family Partnership® (NFP) is an evidence-based, community health program that helps transform the lives of vulnerable mothers pregnant with their first child. Each mother served by NFP is partnered with a registered nurse early in her pregnancy and receives ongoing nurse home visits that continue through her child's second birthday. Independent research proves that communities benefit from this relationship — every dollar invested in Nurse-Family Partnership can yield more than five dollars in return.

NURSE-FAMILY PARTNERSHIP GOALS

1. Improve pregnancy outcomes by helping women engage in good preventive health practices, including thorough prenatal care from their healthcare providers, improving their diets, and reducing their use of cigarettes, alcohol and illegal substances;
2. Improve child health and development by helping parents provide responsible and competent care; and
3. Improve the economic self-sufficiency of the family by helping parents develop a vision for their own future, plan future pregnancies, continue their education and find work.

Positive Outcomes for Clients Served by Nevada's Nurse-Family Partnership

92% of babies were born full term

94% of babies were born at a healthy weight - at or above at 2500 g (5.5 lbs)

95% of mothers initiated breastfeeding

96% of children received all recommended immunizations by 24 months

CLIENT DEMOGRAPHICS

At intake

Median age: 19

86% Unmarried

23% Medicaid recipients

Cumulative data as of Sept. 30, 2012

Race

58% White

23% Black or African American

13% Declined to self-identify

4% Multi-racial

1% American Indian/Alaska Native

Ethnicity

66% Hispanic/Latina

33% Non-Hispanic/Latina

1% Declined to self-identify/ No response

Data Oct. 1, 2010 - Sept. 30, 2012.
All data is client self-identified.

ESTABLISHED: 2008
FAMILIES ENROLLED: 378

In Nevada, Nurse-Family Partnership serves clients in Clark County within the city of Las Vegas.

IMPLEMENTING AGENCY CONTEXT

The first Nurse-Family Partnership site in Nevada was established at the Southern Nevada Health District (SNHD), which is one of the largest local public health organizations in the United States. The health district serves over 1.7 million residents, which is 70% of Nevada's total population. SNHD has chosen to target its services to the North Las Vegas area because it has long been an area where young, single, low-income women give birth with little, if any, prenatal care.

FUNDING AND POLITICAL CONTEXT

Funding for Nurse-Family Partnership in Nevada comes from county funds appropriated to the health district and a grant from the Attorney General's Office for evidence-based programs.

PUBLIC HEALTH PROGRAM WITH PROVEN AND MEASURABLE RESULTS

Societal Benefits

Nurse-Family Partnership is a rare community health programs that is based on evidence from randomized, controlled trials – more than 35 years of research proves that it works. This evidence shows our clients – eligible first-time mothers – that if they follow the program and work with their nurse, they can transform their lives and the lives of their children. Moreover, independent policy research makes clear for policymakers and communities they serve that for every public health dollar they invest in a Nurse-Family Partnership program, they could realize more than five dollars in return.

National Recognition

- The Washington State Institute for Public Policy, The RAND Corporation and The Brookings Institution have all concluded that investments in Nurse-Family Partnership lead to significant returns to society and government, giving taxpayers a $2.88-$5.70 return per dollar invested in the program.
- The Partnership for America's Economic Success finds investments in early childhood programs, such as Nurse-Family Partnership, to be stronger investments than state business subsidies when viewed from a long-term, national perspective.
- Office of Juvenile Justice & Delinquency Prevention (OJJDP) recognizes Nurse-Family Partnership as an Exemplary Model Program.

- The non-profit, non-partisan Coalition for Evidence-Based Policy finds "strong evidence of effects on life outcomes of children and mothers" by Nurse-Family Partnership.
- The Center for the Study and Prevention of Violence reviewed over 650 programs with published research in peer-reviewed literature. Nurse-Family Partnership was found to be one of 11, or 6% of the programs, that clearly work or even appear promising. The Center fully supports and endorses NFP as one of its "Blueprints" programs.

Nurse-Family Partnership
Helping First-Time Parents Succeed®

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