



**STATE PROFILE 2012**



**NURSE-FAMILY PARTNERSHIP IN NEW JERSEY**

Nurse-Family Partnership® (NFP) is an evidence-based, community health program that helps transform the lives of vulnerable mothers pregnant with their first child. Each mother served by NFP is partnered with a registered nurse early in her pregnancy and receives ongoing nurse home visits that continue through her child’s second birthday. Independent research proves that communities benefit from this relationship — every dollar invested in Nurse-Family Partnership can yield up to five dollars in return.

**NURSE-FAMILY PARTNERSHIP GOALS**

1. Improve pregnancy outcomes by helping women engage in good preventive health practices, including thorough prenatal care from their healthcare providers, improving their diets, and reducing their use of cigarettes, alcohol and illegal substances;
2. Improve child health and development by helping parents provide responsible and competent care; and
3. Improve the economic self-sufficiency of the family by helping parents develop a vision for their own future, plan future pregnancies, continue their education and find work.

**Positive Outcomes for Clients Served by New Jersey’s Nurse-Family Partnership**

**91%** of babies were born at a healthy weight - at or above 2500 g (5.5 lbs)

**77%** of mothers initiated breastfeeding

**91%** of babies were born full term

**30%** reduction in smoking during pregnancy

**CLIENT DEMOGRAPHICS**

**At intake**

Median age: 19  
93% Unmarried  
52% Medicaid recipients  
Cumulative data as of Sept. 30, 2011

**Race**

43% Declined to self-identify/No response  
35% Black or African American  
20% White  
1% Multi-racial  
1% American Indian/Alaska Native  
1% Native Hawaiian/Pacific Islander  
1% Asian

**Ethnicity**

50% Non-Hispanic/Latina  
40% Hispanic/Latina  
10% Declined to self-identify/No response

Data Oct. 1, 2010 - Sept. 30, 2011.  
All data is client self-identified.

ESTABLISHED: 2002  
FAMILIES SERVED: 2,465



#### IMPLEMENTING AGENCY CONTEXT

In New Jersey, Nurse-Family Partnership is currently serving clients in 12 counties: Camden, Cumberland, Essex, Gloucester, Hudson, Mercer, Middlesex, Monmouth, Passaic, Salem, Somerset and Union.

#### FUNDING AND POLITICAL CONTEXT

NFP is part of the New Jersey Home Visitation Initiative, established in 2007, a collaboration between the Department of Children and Families and the Department of Health & Senior Services. The program is funded by the New Jersey Department of Children and Families; the Governor's Juvenile Justice Commission; The United Way agency of Central Jersey, Greater Union County & Hudson County; the City of Trenton & the Hudson County Department of Health and Human Services; and the U.S. Department of Health and Human Services.

#### PUBLIC HEALTH PROGRAM WITH PROVEN AND MEASURABLE RESULTS

##### Societal Benefits

Nurse-Family Partnership is a rare community health program that has been documented to achieve lasting significant effects through multiple, well-designed randomized, controlled trials. More than 30 years of research proves that it works. This evidence shows our clients – first-time, low-income mothers – that if they follow the program and work with their nurse, they can transform their lives and the lives of their children. Moreover, independent policy research makes clear that every public health dollar policymakers and communities invest in Nurse-Family Partnership could realize up to five dollars in return.

#### National Recognition

- The Washington State Institute for Public Policy, the RAND Corporation and the Brookings Institution have concluded that investments in Nurse-Family Partnership lead to significant returns to society and government, giving taxpayers a \$2.88-5.70 return per dollar invested in the program.
- The Office of Juvenile Justice & Delinquency Prevention (OJJDP) recognizes Nurse-Family Partnership as an Exemplary Model Program.



- The non-profit, non-partisan Coalition for Evidence-Based Policy finds “strong evidence of effects on life outcomes of children and mothers” by Nurse-Family Partnership.
- The Centers for Disease Control and Prevention names Nurse-Family Partnership in the Journal of the American Medical Association as the most rigorously evaluated program that promotes safe, stable, and nurturing relationships and environments – which can improve children's health over a lifetime and reduce the health disparities between advantaged and disadvantaged children.



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