



STATE PROFILE 2012



NURSE-FAMILY PARTNERSHIP IN NORTH DAKOTA

Nurse-Family Partnership® (NFP) is an evidence-based, community health program that helps transform the lives of vulnerable mothers pregnant with their first child. Each mother served by NFP is partnered with a registered nurse early in her pregnancy and receives ongoing nurse home visits that continue through her child’s second birthday. Independent research proves that communities benefit from this relationship — every dollar invested in Nurse-Family Partnership can yield more than five dollars in return.

NURSE-FAMILY PARTNERSHIP GOALS

1. Improve pregnancy outcomes by helping women engage in good preventive health practices, including thorough prenatal care from their healthcare providers, improving their diets, and reducing their use of cigarettes, alcohol and illegal substances;
2. Improve child health and development by helping parents provide responsible and competent care; and
3. Improve the economic self-sufficiency of the family by helping parents develop a vision for their own future, plan future pregnancies, continue their education and find work.

Positive Outcomes for Clients Served by North Dakota’s Nurse-Family Partnership

49% of mothers who entered the program without a diploma/GED have since earned one, and another 19% are working toward obtaining one

91% of babies were born full-term and 94% were born at a healthy weight - at or above at 2500 g (5.5 lbs)

77% of mothers had no subsequent pregnancies at program completion

88% of children received all recommended immunizations by 24 months

CLIENT DEMOGRAPHICS

At intake

- Median age: 21
 - 86% Unmarried
 - 53% Medicaid recipients
- Cumulative data as of Sept. 30, 2011

Race

- 69% White
- 13% Black or African American
- 7% American Indian/Alaska Native
- 6% Multi-racial
- 4% Declined to self-identify/No response
- 1% Asian

Ethnicity

- 92% Non-Hispanic/Latina
- 5% Hispanic/Latina
- 3% Declined to self-identify/No response

Data Oct. 1, 2010 - Sept. 30, 2011.
All data is client self-identified.



In North Dakota, Nurse-Family Partnership is currently serving clients in Cass County and the city of Fargo.

IMPLEMENTING AGENCY CONTEXT

The North Dakota NFP program is operated by Fargo Cass Public Health and has been an independent North Dakota NFP agency since 2004. Prior to 2004 it operated as a combined site with Moorhead, Minnesota.

FUNDING AND POLITICAL CONTEXT

Funding sources for the North Dakota NFP program have consistently been provided by both Cass County and the City of Fargo. Additional funding comes from Medicaid through targeted case management and the Medicaid Public Health program. Start-up funding was provided by the Dakota Medical Foundation.

PUBLIC HEALTH PROGRAM WITH PROVEN AND MEASURABLE RESULTS

Societal Benefits

Nurse-Family Partnership is a rare community health program that has been documented to achieve lasting significant effects through multiple, well-designed randomized, controlled trials. More than 30 years of research proves that it works. This evidence shows our clients – first-time, low-income mothers – that if they follow the program and work with their nurse, they can transform their lives and the lives of their children. Moreover, independent policy research makes clear that every public health dollar policymakers and communities invest in Nurse-Family Partnership could realize up to five dollars in return.

National Recognition

- The Washington State Institute for Public Policy, The RAND Corporation and The Brookings Institution have concluded that investments in Nurse-Family Partnership lead to significant returns to society and government, giving taxpayers a \$2.88-\$5.70 return per dollar invested in the program.
- Office of Juvenile Justice & Delinquency Prevention (OJJDP) recognizes Nurse-Family Partnership as an Exemplary Model Program.
- The Coalition for Evidence-Based Policy identifies Nurse-Family Partnership as one of only two early childhood programs that meet its “Top Tier” evidence of effectiveness.



- The Partnership for America’s Economic Success finds investments in early childhood programs, such as Nurse-Family Partnership, to be stronger investments than state business subsidies when viewed from a long-term, national perspective.
- The Center for the Study and Prevention of Violence reviewed over 650 programs with published research in peer-reviewed literature. Nurse-Family Partnership is one of 11 (or 6%) of the programs that clearly work, or appear promising. The Center fully supports and endorses NFP as one of its “Blueprints” programs.

ESTABLISHED: 2004
FAMILIES SERVED: 834



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