



STATE PROFILE 2010



NURSE-FAMILY PARTNERSHIP IN MICHIGAN

Nurse-Family Partnership (NFP) is an evidence-based, community health program that helps transform the lives of vulnerable mothers pregnant with their first child. Each mother served by NFP is partnered with a registered nurse early in her pregnancy and receives ongoing nurse home visits that continue through her child's second birthday. Independent research proves that communities benefit from this relationship — every dollar invested in Nurse-Family Partnership can yield more than five dollars in return.

NURSE-FAMILY PARTNERSHIP GOALS

1. Improve pregnancy outcomes by helping women engage in good preventive health practices, including thorough prenatal care from their healthcare providers, improving their diets, and reducing their use of cigarettes, alcohol and illegal substances;
2. Improve child health and development by helping parents provide responsible and competent care; and
3. Improve the economic self-sufficiency of the family by helping parents develop a vision for their own future, plan future pregnancies, continue their education and find work

Positive Outcomes for Clients Served by Michigan's Nurse-Family Partnership

94% of children had all recommended immunizations by 24 months

50% of mothers who completed the program were enrolled in the workforce

43% of mothers who completed the program and who did not have a high school diploma/GED at intake, earned their high school diploma/GED, and 23% continue to work toward obtaining one

89% of children were born full term and 89% were born at a healthy weight - at or above 2500 g (5.5 lbs)

CLIENT DEMOGRAPHICS

At intake

Median age: 19

94% Unmarried

73% Medicaid recipients

71% African American

16% Non-Hispanic White

6% Multiracial/other

5% Hispanic

1% Asian

1% Native American

Data as of September 2009



In Michigan, Nurse-Family Partnership currently serves clients in the following four counties: Berrien, Kalamazoo, Kent and Oakland.

IMPLEMENTING AGENCY CONTEXT

All four agencies are implemented by the local public health department for the county. Berrien County established the first Nurse-Family Partnership site in Michigan in 2000. Three additional agencies were added in 2004 when funding became available through the Michigan Department of Community Health (Kent County, Oakland County and the city of Detroit in Wayne County, which closed in August 2009). The fifth agency was established in Kalamazoo County in 2008.

FUNDING AND POLITICAL CONTEXT

The lead agency for the Michigan Nurse-Family Partnership is the Michigan Department of Community Health (MDCH) in collaboration with the Department of Education and Department of Human Services. Local public and/or private funds from a variety of sources support these programs and are matched as appropriate by MDCH with Federal Medicaid funds.

PUBLIC HEALTH PROGRAM WITH PROVEN AND MEASURABLE RESULTS

Societal Benefits

Nurse-Family Partnership is one of the only community health programs that is based on evidence from randomized, controlled trials – 30 years of research proves that it works. This evidence shows our clients – eligible first-time mothers – that if they follow the program and

work with their nurse, they can transform their lives and the lives of their children. Moreover, independent policy research makes clear that every public health dollar policymakers and communities invest in Nurse-Family Partnership could realize more than five dollars in return.

National Recognition

- The Washington State Institute for Public Policy, The RAND Corporation and The Brookings Institution have concluded that investments in Nurse-Family Partnership lead to significant returns to society and government, giving taxpayers a \$2.88-5.70 return per dollar invested in the program.
- The Office of Juvenile Justice & Delinquency Prevention (OJJDP) recognizes Nurse-Family Partnership as an Exemplary Model Program.
- The non-profit, non-partisan Coalition for Evidence-Based Policy finds “strong evidence of effects on life outcomes of children and mothers” by Nurse-Family Partnership – findings that are consistent with the results of an authoritative evidence review recently published in *The Lancet*, one of the top medical journals.



- The Centers for Disease Control and Prevention names Nurse-Family Partnership in the *Journal of the American Medical Association* as the most rigorously evaluated program that promotes safe, stable, and nurturing relationships and environments – which can improve children’s health over a lifetime and reduce the health disparities between advantaged and disadvantaged children.

ESTABLISHED: 2000
FAMILIES SERVED: 1,672



Kimberly J. Friedman, JD
Program Developer
303.865.8402
NFP National Service Office
1900 Grant Street, Suite 400
Denver, CO 80203-4304
www.nursefamilypartnership.org