



STATE PROFILE 2012



NURSE-FAMILY PARTNERSHIP IN MICHIGAN

Nurse-Family Partnership (NFP) is an evidence-based, community health program that helps transform the lives of vulnerable mothers pregnant with their first child. Each mother served by NFP is partnered with a registered nurse early in her pregnancy and receives ongoing nurse home visits that continue through her child’s second birthday. Independent research proves that communities benefit from this relationship — every dollar invested in Nurse-Family Partnership can yield up to five dollars in return.

NURSE-FAMILY PARTNERSHIP GOALS

1. Improve pregnancy outcomes by helping women engage in good preventive health practices, including thorough prenatal care from their healthcare providers, improving their diets, and reducing their use of cigarettes, alcohol and illegal substances;
2. Improve child health and development by helping parents provide responsible and competent care; and
3. Improve the economic self-sufficiency of the family by helping parents develop a vision for their own future, plan future pregnancies, continue their education and find work

Positive Outcomes for Clients Served by Michigan’s Nurse-Family Partnership

93% of children had all recommended immunizations by 24 months

39% of mothers who entered the program without a diploma/GED have since earned one, and another 28% are working toward obtaining one

89% of children were born full term and 89% were born at a healthy weight - at or above 2500 g (5.5 lbs)

CLIENT DEMOGRAPHICS

At intake

- Median age: 19
- 94% Unmarried
- 76% Medicaid recipients
- Cumulative data as of Sept. 30, 2011

Race

- 55% Black or African American
- 31% White
- 7% Declined to self-identify/No response
- 4% Multi-racial
- 2% American Indian/Alaska Native
- 1% Asian

Ethnicity

- 87% Non-Hispanic/Latina
- 11% Hispanic/Latina
- 2% Declined to self-identify/No response

Data Oct. 1, 2010 - Sept. 30, 2011.
All data is client self-identified.



In Michigan, Nurse-Family Partnership currently serves clients in the following five counties: Berrien, Calhoun, Kalamazoo, Kent and Oakland.

IMPLEMENTING AGENCY CONTEXT

All five agencies are implemented by the local public health department for the county. Berrien County established the first Nurse-Family Partnership site in Michigan in 2000. Three additional agencies were added in 2004 when funding became available through the Michigan Department of Community Health (Kent County, Oakland County and the city of Detroit in Wayne County, which closed in August 2009). The Kalamazoo County program was established in 2008 and the Calhoun County program began operations in 2011.

FUNDING AND POLITICAL CONTEXT

The lead agency for the Michigan Nurse-Family Partnership is the Michigan Department of Community Health (MDCH) in collaboration with the Department of Education and Department of Human Services. The Michigan NFP programs are supported with a mix of state general revenue funds, federal funds from the Maternal, Infant and Early Childhood Home Visiting Program and local/private funds from a variety of sources. Funding is matched as appropriate by MDCH with federal Medicaid funds.

PUBLIC HEALTH PROGRAM WITH PROVEN AND MEASURABLE RESULTS

Societal Benefits

Nurse-Family Partnership is one of the only community health programs that is based on

evidence from randomized, controlled trials – more than 30 years of research proves that it works. This evidence shows our clients – eligible first-time mothers – that if they follow the program and work with their nurse, they can transform their lives and the lives of their children. Moreover, independent policy research makes clear that every public health dollar policymakers and communities invest in Nurse-Family Partnership could realize up to five dollars in return.

National Recognition

- The Washington State Institute for Public Policy, The RAND Corporation and The Brookings Institution have concluded that investments in Nurse-Family Partnership lead to significant returns to society and government, giving taxpayers a \$2.88-5.70 return per dollar invested in the program.
- The Office of Juvenile Justice & Delinquency Prevention (OJJDP) recognizes Nurse-Family Partnership as an Exemplary Model Program.
- The non-profit, non-partisan Coalition for



Evidence-Based Policy finds “strong evidence of effects on life outcomes of children and mothers” by Nurse-Family Partnership.

- The Centers for Disease Control and Prevention names Nurse-Family Partnership in the Journal of the American Medical Association as the most rigorously evaluated program that promotes safe, stable, and nurturing relationships and environments – which can improve children’s health over a lifetime and reduce the health disparities between advantaged and disadvantaged children.

ESTABLISHED: 2000
FAMILIES SERVED: 2,173



Kimberly J. Friedman, JD
Program Developer
303.865.8402
NFP National Service Office
1900 Grant Street, Suite 400
Denver, CO 80203-4304
www.nursefamilypartnership.org