



STATE PROFILE 2012

NURSE-FAMILY PARTNERSHIP IN KENTUCKY



Nurse-Family Partnership® (NFP) is an evidence-based, community health program that helps transform the lives of vulnerable mothers pregnant with their first child. Each mother served by NFP is partnered with a registered nurse early in her pregnancy and receives ongoing nurse home visits that continue through her child's second birthday. Independent research proves that communities benefit from this relationship — every dollar invested in Nurse-Family Partnership can yield more than five dollars in return.

NURSE-FAMILY PARTNERSHIP GOALS

1. Improve pregnancy outcomes by helping women engage in good preventive health practices, including thorough prenatal care from their healthcare providers, improving their diets, and reducing their use of cigarettes, alcohol and illegal substances;
2. Improve child health and development by helping parents provide responsible and competent care; and
3. Improve the economic self-sufficiency of the family by helping parents develop a vision for their own future, plan future pregnancies, continue their education and find work.

Positive Outcomes for Clients Served by Kentucky's Nurse-Family Partnership

93% of children received all recommended immunizations by 24 months

91% of babies were born at a healthy weight - at or above 2500 g (5.5 lbs)

90% of babies were born full term

CLIENT DEMOGRAPHICS

At intake

Median age: 19

91% Unmarried

68% Medicaid recipients

Cumulative data as of Sept. 30, 2011

Race

85% White

11% Black or African American

4% Declined to self-identify/No response

Ethnicity

77% Non-Hispanic/Latina

20% Declined to self-identify/No response

3% Hispanic/Latina

Data Oct. 1, 2010 - Sept. 30, 2011.

All data is client self-identified.



In Kentucky, Nurse-Family Partnership currently serves clients in Boone, Campbell and Kenton counties.

IMPLEMENTING AGENCY CONTEXT

Nurse-Family Partnership was established in Kentucky in 1999 and is operated by St. Elizabeth's Medical Center of Covington, Kentucky.

FUNDING AND POLITICAL CONTEXT

St. Elizabeth Medical Center receives funding through Every Child Succeeds, the United Way, the Kentucky Cabinet for Health and Family Services, Department for Public Health, and the HANDS Program.

PUBLIC HEALTH PROGRAM WITH PROVEN AND MEASURABLE RESULTS

Societal Benefits

Nurse-Family Partnership is a rare community health program that has been documented to achieve lasting significant effects through multiple, well-designed randomized, controlled trials. More than 30 years of research proves that it works. This evidence shows our clients – first-time, low-income mothers – that if they follow the program and work with their nurse, they can transform their lives and the lives of their children. Moreover, independent policy research makes clear that every public health dollar policymakers and communities invest in Nurse-Family Partnership could realize up to five dollars in return.

National Recognition

- The Washington State Institute for Public Policy, The RAND Corporation and The Brookings Institution have concluded that investments in Nurse-Family Partnership lead to significant returns to society and government, giving taxpayers a \$2.88-5.70 return per dollar invested in the program.
- Office of Juvenile Justice & Delinquency Prevention (OJJDP) recognizes Nurse-Family Partnership as an Exemplary Model Program.



- The Coalition for Evidence-Based Policy identifies Nurse-Family Partnership as one of only two early childhood programs that meet its "Top Tier" evidence of effectiveness.
- The Partnership for America's Economic Success finds investments in early childhood programs, such as Nurse-Family Partnership, to be stronger investments than state business subsidies when viewed from a long-term, national perspective.
- The Center for the Study and Prevention of Violence reviewed over 650 programs with published research in peer-reviewed literature. Nurse-Family Partnership is one of 11, or 6% of the programs that clearly work or appear promising. The Center fully supports and endorses NFP as one of its "Blueprints" programs.

ESTABLISHED: 1999
FAMILIES SERVED: 1,478



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