



STATE PROFILE 2012

NURSE-FAMILY PARTNERSHIP IN COLORADO

Nurse-Family Partnership® (NFP) is an evidence-based, community health program that helps transform the lives of vulnerable mothers pregnant with their first child. Each mother served by NFP is partnered with a registered nurse early in her pregnancy and receives ongoing nurse home visits that continue through her child's second birthday. Independent research proves that communities benefit from this relationship — every dollar invested in Nurse-Family Partnership can yield up to five dollars in return.

NURSE-FAMILY PARTNERSHIP GOALS

1. Improve pregnancy outcomes by helping women engage in good preventive health practices, including thorough prenatal care from their healthcare providers, improving their diets, and reducing their use of cigarettes, alcohol and illegal substances;
2. Improve child health and development by helping parents provide responsible and competent care; and
3. Improve the economic self-sufficiency of the family by helping parents develop a vision for their own future, plan future pregnancies, continue their education and find work.

Positive Outcomes for Clients Served by Colorado's Nurse-Family Partnership

38% of mothers who entered the program without a diploma/GED have since earned one

47% reduction in domestic violence during pregnancy

91% of babies were born full term and 90% were born at a healthy weight - at or above 2500g (5.5 lbs)

90% of mothers initiated breastfeeding and 35% continue to breastfeed at 6 months

CLIENT DEMOGRAPHICS

At intake

Median age: 19

82% Unmarried

65% Medicaid recipients

Cumulative data as of Sept. 30, 2011

Race

55% White

32% Declined to self-identify/No response

5% Black or African American

3% Multi-racial

3% American Indian/Alaska Native

1% Native Hawaiian/Pacific Islander

1% Asian

Ethnicity

45% Hispanic/Latina

51% Non-Hispanic/Latina

4% Declined to self-identify/
No response

Data Oct. 1, 2010 - Sept. 30, 2011.

All data is client self-identified.



In Colorado, replication of Nurse-Family Partnership (NFP) is led by Invest in Kids, an organization whose mission is to improve the health and well-being of vulnerable young children and families throughout Colorado. Working in partnership with local communities, Invest in Kids identifies, introduces, implements and ensures the success of research-based, proven programs.

See www.iik.org for more information.

ESTABLISHED: 2000
FAMILIES SERVED: 14,370
As of 9/30/11



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In Colorado, Nurse-Family Partnership (NFP) currently serves families in the following 50 counties: Adams, Alamosa, Arapahoe, Archuleta, Baca, Bent, Boulder, Broomfield, Chaffee, Cheyenne, Clear Creek, Conejos, Costilla, Delta, Denver, Dolores, Douglas, Eagle, Elbert, El Paso, Garfield, Gilpin, Gunnison, Huerfano, Jackson, Jefferson, Kiowa, Kit Carson, La Plata, Lake, Larimer, Lincoln, Mesa, Mineral, Moffat, Montezuma, Montrose, Ouray, Park, Pitkin, Prowers, Pueblo, Rio Blanco, Rio Grande, Routt, Saguache, San Juan, Summit, Teller and Weld.

IMPLEMENTING AGENCY CONTEXT

Nurse-Family Partnership is a state-wide initiative, serving families in 50 of Colorado's 64 counties. Nineteen individual agencies operate NFP sites. These agencies consist of public health departments, community health centers, community nursing agencies and hospital systems.

In Colorado, Nurse-Family Partnership is managed by a four-part team including the Colorado Department of Public Health and Environment; National Center for Children, Families & Communities, College of Nursing, University of Colorado Denver; the NFP National Service Office; and Invest in Kids.

FUNDING AND POLITICAL CONTEXT

Invest in Kids is committed to ensuring the success of NFP in Colorado, and has worked to ensure long-term, sustainable funding for the program. Beginning in 1999, Invest in Kids met with numerous Colorado legislators to explain the importance and effectiveness of the program.

As a result, the Colorado General Assembly passed the Nurse Home Visitor Act in the 2000 legislative session. The Act allocates a portion of Colorado's share of the tobacco settlement proceeds to NFP each year. The funding for the program is supplemented with a federal Medicaid match.

PUBLIC HEALTH PROGRAM WITH PROVEN AND MEASURABLE RESULTS

Societal Benefits

Nurse-Family Partnership is a rare community health program that is based on evidence from randomized, controlled trials – 30 years of research proves that it works. This evidence shows our clients – eligible first-time mothers – that if they follow the program and work with their nurse, they can transform their lives and the lives of their children. Moreover, independent policy research makes clear that every public health dollar policymakers and communities invest in Nurse-Family Partnership could realize up to five dollars in return.

National Recognition

- The Washington State Institute for Public Policy, The RAND Corporation and The Brookings Institution have concluded that investments in Nurse-Family Partnership lead to significant returns to society and government, giving taxpayers a \$2.88-5.70 return per dollar invested in the program.
- The non-profit, non-partisan Coalition for Evidence-Based Policy finds "strong evidence of effects on life outcomes of children and mothers" by Nurse-Family Partnership..
- The Center for the Study and Prevention of Violence reviewed over 650 programs with published research in peer-reviewed literature. Nurse-Family Partnership is one of only 6% of the programs that clearly work, or even appear promising. The Center fully supports and endorses NFP as one of its "Blueprints" programs.