



## STATE PROFILE 2012



### NURSE-FAMILY PARTNERSHIP IN ARIZONA

Nurse-Family Partnership® (NFP) is an evidence-based, community health program that helps transform the lives of vulnerable mothers pregnant with their first child. Each mother served by NFP is partnered with a registered nurse early in her pregnancy and receives ongoing nurse home visits that continue through her child's second birthday. Independent research proves that communities benefit from this relationship — every dollar invested in Nurse-Family Partnership can yield up to five dollars in return.

#### NURSE-FAMILY PARTNERSHIP GOALS

1. Improve pregnancy outcomes by helping women engage in good preventive health practices, including thorough prenatal care from their healthcare providers, improving their diets, and reducing their use of cigarettes, alcohol and illegal substances;
2. Improve child health and development by helping parents provide responsible and competent care; and
3. Improve the economic self-sufficiency of the family by helping parents develop a vision for their own future, plan future pregnancies, continue their education and find work.

#### Positive Outcomes for Clients Served by Arizona's Nurse-Family Partnership

**90%** of babies were born full term and 91% were born at a healthy weight - at or above 2500 g (5.5 lbs)

**92%** of mothers initiated breastfeeding and 38% continue to breastfeed at child age 6 months

**39%** decrease in smoking during pregnancy

#### CLIENT DEMOGRAPHICS

##### At intake

Median age: 19

84% Unmarried

46% Medicaid recipients

Cumulative data as of Sept. 30, 2011

##### Race

50% Declined to self-identify/No response

37% White

5% Black or African American

3% Multi-racial

3% American Indian/Alaska Native

1% Native Hawaiian/Pacific Islander

1% Asian

##### Ethnicity

51% Hispanic/Latina

27% Non-Hispanic/Latina

22% Declined to self-identify/No response

Data Oct. 1, 2010 - Sept. 30, 2011.

All data is client self-identified.



In Arizona, Nurse-Family Partnership is currently serving families in the following areas: Maricopa County, Mayville, Pima County, South Phoenix and Tucson.

#### IMPLEMENTING AGENCY CONTEXT

In 2009, the Maricopa County Department of Public Health partnered with the non-profit agency Southwest Human Development to serve families of Maricopa County in South Phoenix and Mayville and two non-profit agencies in Tucson, Casa de los Ninos and the Easter Seals Blake Foundation, came together to begin serving families in Pima County. Each of these agencies has a long history of being responsive to community needs and providing a continuum of necessary services to pregnant women and children in the county.

#### FUNDING CONTEXT

The Arizona NFP program is funded through the counties' general revenue, with an additional 25% of the funding from the Arizona Department of Health Services. Both the Maricopa County and Pima County NFP sites are funded with grants from their local First Things First Regional Council.

#### PUBLIC HEALTH PROGRAM WITH PROVEN AND MEASURABLE RESULTS

##### Societal Benefits

Nurse-Family Partnership is a rare community health program that has been documented to achieve lasting and significant effects through multiple, well-designed randomized, controlled trials. More than 30 years of research proves that it works. This evidence shows our clients — low-income, first-time mothers — that if they follow

the program and work with their nurse, they can transform their lives and the lives of their children. Moreover, independent policy research makes clear that every public health dollar policymakers and communities invest in Nurse-Family Partnership could realize up to five dollars in return.

#### National Recognition

- The Washington State Institute for Public Policy, The RAND Corporation and The Brookings Institution have concluded that investments in Nurse-Family Partnership lead to significant returns to society and government, giving taxpayers a \$2.88-5.70 return per dollar invested in the program.
- The Office of Juvenile Justice & Delinquency Prevention (OJJDP) recognizes Nurse-Family Partnership as an Exemplary Model Program.
- The non-profit, non-partisan Coalition for Evidence-Based Policy finds “strong evidence of effects on life outcomes of children and mothers” by Nurse-Family Partnership.



- The Partnership for America's Economic Success finds investments in early childhood programs, such as Nurse-Family Partnership, to be stronger investments than state business subsidies when viewed from a long-term, national perspective.

ESTABLISHED: 2006  
FAMILIES SERVED: 983



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