



Guilford County, North Carolina

NURSE-FAMILY PARTNERSHIP IN OUR COMMUNITY

Nurse-Family Partnership® (NFP) is an evidence-based, community health program that helps transform the lives of vulnerable mothers pregnant with their first child. Each mother served by NFP is partnered with a registered nurse early in her pregnancy and receives ongoing nurse home visits that continue through her child’s second birthday. Independent research proves that communities benefit from this relationship — every dollar invested in NFP can yield more than five dollars in return.

NURSE-FAMILY PARTNERSHIP GOALS

1. Improve pregnancy outcomes by helping women engage in good preventive health practices, including thorough prenatal care from their health care providers, improving their diets and reducing their use of cigarettes, alcohol and illegal substances.
2. Improve child health and development by helping parents provide responsible and competent care.
3. Improve the economic self-sufficiency of the family by helping parents develop a vision for their own future, plan future pregnancies, continue their education and find work.

Guilford County NFP by the Numbers

- 505** Total number of NFP families served
- 10,545** Total number of NFP home visits
- 90** Percent of babies born full term, and 92 percent were born at a healthy weight — at or above 2,500 g (5.5 lbs)
- 24.4** Percent of mothers who entered the program without a diploma/GED and earned one by program completion
- 76.6** Percent of mothers have no subsequent pregnancies at program completion, which is higher than the NFP goal of 75 percent.

**CLIENT DEMOGRAPHICS
At Intake**

Median Age: 19

- 84% Unmarried**
- 13% Hispanic**
- 66% African-American**
- 14% Non-Hispanic White**
- 4% Multiracial/other**
- 23% Less than grade 12 education**
- 73% Enrolled in WIC**

Data as of November 2010



Guilford County NFP Nurse, Keisha Lucas, spending time with client, Sarah, and her daughter Nevaeh.

IMPLEMENTING AGENCY

First implemented in 2000, Guilford Child Development (GCD) operates the longest running NFP site in North Carolina with local funding support from Cone Health Foundation and Sisters of Mercy.

Other community partners include Guilford County Public Health, United Way of Greater Greensboro, United Way of High Point, Guilford Education Alliance, Moses Cone Hospital, High Point Regional Hospital, Women's Resource Center, YWCA, Family Services of the Piedmont, Room At The Inn of the Carolinas, Guilford County Coalition on Infant Mortality, Guilford County Coalition on Adolescent Pregnancy Prevention, Triad Adult and Pediatric Medicine and Guilford Child Health of Wendover.

Currently, five nurse home visitors (NHV) serve a caseload of approximately 25 clients each. The NHVs are lead by a nurse supervisor and C. Robin Britt, GCD executive director and former North Carolina congressman. Britt has also served on the NFP National Board of Directors for six years.

STATEWIDE FUNDING PARTNERS

The Duke Endowment, Kate B. Reynolds Charitable Trust, Blue Cross and Blue Shield

of North Carolina Foundation, the NC Department of Health and Human Services Division of Public Health, The North Carolina Partnership for Children, Inc., and Prevent Child Abuse North Carolina are the leading funding partners supporting NFP sites in North Carolina.

In addition to Guilford County, there are NFP programs in nine other North Carolina counties, including Buncombe, Cleveland, Mecklenburg, McDowell, Pitt, Polk, Robeson, Rutherford and Wake.

PUBLIC HEALTH PROGRAM WITH PROVEN AND MEASURABLE RESULTS

Societal Benefits

NFP is one of the only community health programs that is based on evidence from randomized, controlled trials — 30 years of research proves that it works. This evidence shows our clients — eligible first-time mothers — can transform their lives and the lives of their children. Moreover, independent policy research makes clear that every public health dollar policymakers and communities invest in NFP could realize more than five dollars in return.

National Recognition

- The Washington State Institute for Public Policy, The RAND Corporation and The Brookings Institution have concluded that investments in NFP lead to significant returns to society and government, giving taxpayers a \$2.88-5.70 return per dollar invested in the program.
- The Partnership for America's Economic Success finds investments in early childhood programs, such as NFP, to be stronger investments than state business subsidies when viewed from a long-term, national perspective.

Established: 2000
Families Served: 505



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