



Wake County, North Carolina

NURSE-FAMILY PARTNERSHIP IN OUR COMMUNITY

Nurse-Family Partnership® (NFP) is an evidence-based, community health program that helps transform the lives of vulnerable mothers pregnant with their first child. Each mother served by NFP is partnered with a registered nurse early in her pregnancy and receives ongoing nurse home visits that continue through her child’s second birthday. Independent research proves that communities benefit from this relationship — every dollar invested in Nurse-Family Partnership can yield more than five dollars in return.

NURSE-FAMILY PARTNERSHIP GOALS

1. Improve pregnancy outcomes by helping women engage in good preventive health practices, including thorough prenatal care from their healthcare providers, improving their diets, and reducing their use of cigarettes, alcohol and illegal substances;
2. Improve child health and development by helping parents provide responsible and competent care; and
3. Improve the economic self-sufficiency of the family by helping parents develop a vision for their own future, plan future pregnancies, continue their education and find work.

Wake County NFP by the Numbers

- 153** Total number of NFP mothers served
- 83** Total number NFP mothers currently enrolled
- 2,086** Total number of NFP home visits
- 101** Total number of babies born

**CLIENT DEMOGRAPHICS
At Intake**

Median Age: 19.5

88% Unmarried

30% Hispanic

60% African-American

8% Non-Hispanic White

2% Multiracial/other

62% Less than grade 12 education

100% Enrolled in WIC

Data as of September 2010



In August 2009, Congressmen Bob Etberidge, Brad Miller and David Price participated in a meeting with Wake County NFP staff to learn more about the program's impact in the community.

IMPLEMENTING AGENCY

Wake County NFP is implemented by Wake County Human Services in collaboration with Wake County SmartStart. In July 2008, Wake County first announced plans to implement NFP. Once staff was hired, the site enrolled its first mother in January 2009. At that time, four nurse home visitors began work to fill their caseload of 25 clients each.

The site also receives support from other community partners, including Wake County SAFEchild, the Family Resource Center of Raleigh, Choices for Children, Community Care of Wake and Johnston Counties (CCWJC), Alice Aycock Poe Health Education Center, Wake Teen, Convivial Consulting, Oakwood Homeowners Association and other local faith-based community partners and volunteers.

FUNDING PARTNERS

The Duke Endowment, The Kate B. Reynolds Charitable Trust, Blue Cross and Blue Shield of North Carolina Foundation, the NC Department of Health and Human Services Division of Public Health, The

North Carolina Partnership for Children, Inc., and Prevent Child Abuse North Carolina are the leading funding partners supporting NFP sites in North Carolina.

In addition to Wake County, there are NFP programs in nine other North Carolina counties, including Buncombe, Cleveland, Guilford, Mecklenburg, McDowell, Pitt, Polk, Robeson and Rutherford.

PUBLIC HEALTH PROGRAM WITH PROVEN AND MEASURABLE RESULTS

Societal Benefits

Nurse-Family Partnership is one of the only community health programs that is based on evidence from randomized, controlled trials – 30 years of research proves that it works. This evidence shows our clients – eligible first-time mothers – that if they follow the program and work with their nurse, they can transform their lives and the lives of their children. Moreover, independent policy research makes clear that every public health dollar policymakers and communities invest in Nurse-Family Partnership could realize more than five dollars in return.

National Recognition

- The Washington State Institute for Public Policy, The RAND Corporation and The Brookings Institution have concluded that investments in Nurse-Family Partnership lead to significant returns to society and government, giving taxpayers a \$2.88-5.70 return per dollar invested in the program.
- The Partnership for America's Economic Success finds investments in early childhood programs, such as Nurse-Family Partnership, to be stronger investments than state business subsidies when viewed from a long-term, national perspective.

Established: 2008
Families Served: 153



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